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Exclusive: Tavira Mayor Macário Correio

One of the Algarve's most outspoken politicians speaks to **The Portugal News** about his plans for the future and protests his innocence regarding charges of sexual harassment brought by a former council employee. (See Page 2)

Cooler summer in 20 years

This summer is the coolest in two decades and also wettest this century, the Met Office said. Average temperatures recorded this past summer are 0.5 degrees below established figures since records began, making it the coolest summer in continental Portugal since 1987. (See Page 5)

Exclusive - In the shadows of unsung heroes

In an unprecedented interview, **The Portugal News** spends a weekend night with an emergency team whose efforts often mean the difference between life and death. (See Page 7)

Banks robbed every 60 hours

Latest statistics on bank robberies show that 139 institutions were held up during the course of last year, translating into one robbery every 60 hours. (See Page 9)

Let the games begin

The Portuguese national rugby team kicks off their World Cup campaign this Sunday in France against Scotland. (See Page 64)

Weekend weather

Lisbon: Saturday: Partly Cloudy, high of 29° Sunday: Partly Cloudy, high of 27°. **Faro:** Saturday: Partly Cloudy, high of 26° Sunday: Partly Cloudy, high of 25°. **Oporto:** Saturday: Partly Cloudy, high of 26° Sunday: Mostly Cloudy, high of 23°.

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Days before their expected return to Britain, Madeleine's parents called to appear before police investigating their daughter's disappearance

POLICE QUIZ MCCANNNS

Kate and Gerry McCann, the parents of missing Madeleine, and in the company of their recently appointed Portuguese legal team, were this week facing renewed interviews by Portuguese police. In a shift away from what had become regular joint weekly meetings, Kate and Gerry were asked to appear separately at the *Pólicia Judiciária* (PJ) offices in Portimão.

McCanns, see p.3



Kate McCann arriving with her sister-in-law to be questioned by the PJ in Portimão on Thursday. Gerry McCann is the the background getting into his car. (Photo: The Portugal News / Paul Luckman)

Macário Correia, Mayor of Tavira



Located in the Eastern Algarve and covering an area of 611 square kilometres, Tavira is one of the region's most historical cities, boasting unrivalled natural beauty and Algarvean authenticity. Mayor José Macário Correia was elected head of Tavira's City Hall over a decade ago, and throughout his mandate has been greatly complimented for his efforts in retaining the city's traditional outline and architecture. Youthful and energetic, his visions for Tavira are clear. His mandate is yet to see numerous projects take shape or shape up existing sites of interest, so **The Portugal News** took time to find out what lies in store for Tavira.

Largely untouched by stream-line tourism so noticeable elsewhere in the Algarve, Tavira has a quaintness and charm that is rare. Divided by the river Gilão, the two sides of the city are connected by an ancient arched roman bridge, being symbolic of the Mayor's mandate, which links Portuguese heritage to modern-day matters.

At the end of July, the Portuguese Minister for Economy announced ten high-category tourism projects that are to take place in the Algarve within the next 12 months. None of these projects are to take shape in Tavira; however, the municipality has plans of its own.

Mayor Correia revealed, "Regarding tourism, we intend to create 'Colinas de Tavira', which will involve golf and first class accommodation, in the area of Conceição. Another project will take place north of the A22 motorway (Via do Infante), in Quinta da Atalaia".

He also revealed, "A number of large-dimension projects are currently being revised and elaborated. One of these is a youth hostel, an interesting project for a very special sector of tourism; we have a project currently being studied for the renovation of an old fish factory, TaviPesca, as well as the 'Bernardas' convent. There is also a project of great quality for real estate that is being conceived by renowned architect Souto Moura".

For those who are not familiar with the name, architect Souto Moura is, at present, possibly one of Portugal's most famous and highly acclaimed architects, having put his name to many landmarks throughout the country.

But back to the youth hostel. Is youth tourism something that is neglected in the Algarve?

"Juvenile tourism is of ever-growing importance given the fact that young people nowadays have the freedom and access to



Tavira Mayor Macário Correia

very affordable travel", the Mayor answers. "They won't be looking for a four or five star hotel, but a different type of accommodation, where they can interact and enjoy better prices. There is a need to be satisfied in this sector, so hopefully the youth hostel, which will be ready next year, will fill this niche".

Tavira's riverside pays homage to what lies beyond. Not one high-rise building or architecturally 'daring' edifice can be seen. This is something Mayor Correia has been held responsible and enthusiastically complimented for. Is it intentional?

"It is an orientation that I have always tried to implement here in the city hall and I think today it is perfectly visible that we have achieved our goal. We want a council that is of quality and a

reference, this is our patrimony and our heritage, and the main reason people come to Tavira".

Admitting Tavira has its fair share of abandoned and derelict buildings, the Mayor explains, "Sometimes people can be tempted to just completely demolish and rebuild a structure. But something that is traditional or historical should be preserved and that is what we want in Tavira. There is no point in just senselessly constructing something; it must be done with pride. Today people look at Tavira and see that it is built on history, tradition, and with care".

His ten-year mandate has seen Tavira blossom, but what would the Mayor still personally like to oversee?

"I would like to see our Centre for Contemporary Art be concluded", he answers, adding, "A

cultural forum, I would like to see the current military headquarters, which is a big building in the middle of town, take a new direction, and I would particularly like to see the renovation of the riverfront complete, where other services of the state have failed to do anything concrete or positive".

Mayor Correia also admits that Tavira has its number of "delicate social issues", such as the lack of housing. "The poorer will never be able to compete with those who come to Portugal to buy a holiday home", he says, "We have to make sure our citizens have access to dignified housing, as well as schools and places of culture".

Currently with a foreign resident population of around 10 to 12 per cent, Tavira has an international community that has long been made up of predominantly English, German and Dutch residents, and now, more recently, a large Eastern European and African population.

"Immigrants come to Tavira for different reasons and have different economic backgrounds. But the fact is we all co-exist and the municipality will support everyone in the same way", he explains.

Proud of his close relationship with Tavira's citizens, Mayor Correia underlines his mandate with an on-going effort to com-

municate his objectives for the city; so everyone understands the goals and directions the municipality is taking.

"I strive to involve all sectors of the community", he explains, "private and public, so no one feels isolated, so we can work as a team and enjoy a common spirit and common goals".

Even though he is largely applauded, the Mayor's political career has not gone unscathed. He was recently the target of allegations of sexual harassment from a city hall legal advisor.

"I explained this situation at the time, but I will confess that that report came from a journalist who was convicted in court for instigating slanderous campaigns against people in my line of political work. So he is a convicted criminal. Then there is a lawyer with the worst public reputation who took refuge in a mentally ill person to carry out this serious act against me".

Explaining that the lawyer in question is responsible for a number of illegal constructions throughout the city, that have been embargoed by the city hall, he continues, "The employee in question has had, in the past two years, 11 psychiatric medical certificates confirming ill mental health. Hence why the story took the dimension and context that it did", he concludes.

Carrie-Marie Bratley

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Watch out for the special issue of **The Portugal News** in November to mark the 30 years anniversary

News in brief

More Portuguese with a 'Second Life'

The number of Portuguese with regular activity on 'Second Life' soared by 21 percent in July, keeping the country in 12th among those with the biggest presence in this virtual 3D world. The United States leads the list of Second Lifers, followed by Brazil and Japan.

Only EU state without DNA database

Despite a law foreseeing its creation, Portugal remains the only European Union member state that still has not compiled a DNA database of all its convicted criminals. The Justice Ministry said the database should be up and running by 2008.

Number of road deaths stable

The number of road deaths in Portugal during the first eight months of 2007 has remained equal to those total recorded in 2006, latest statistics have shown. Between January 1 and September 2 this year, 551 people lost their lives on Portuguese roads, which is exactly the same figure for the same period last year.

Cavaco, Barroso upbeat on new charter

President Aníbal Cavaco Silva of Portugal and European Commission chief José Manuel Durão Barroso have expressed confidence that approval of a new charter for the European Union would be achieved by the year's end under Lisbon's EU presidency. Durão Barroso downplayed the possible impact of likely early elections in Poland on a successful conclusion of work on the Reform Treaty. EU foreign ministers meet in the northern Portuguese city of Viana do Castelo Friday and Saturday for a first, joint political assessment of the draft treaty.

600,000 at Red Bull Air Race

More than 600,000 people crammed the northern and southern margins of the Douro River last weekend to see British pilot Steve Jones win by a margin of 38 seconds over current championship leader, Mike Mangold (US). Due to the success of the Air Race, organisers have already confirmed that people of Oporto and Vila Nova da Gaia will see the event return to their shores for at least the next two years.

Water poisoning

Residents in the town of Cabaços have seen their water supply suspended after authorities found traces of an unnatural substance believed to have been placed in a water reservoir. Until the risks are fully established of this 'milky substance' locals are relying on mobile tanks for their water supply.

Portugal brand 20th most attractive

Among 38 countries, Portugal has been found to be the 20th most attractive brand in the Anholt Nation Brands Index. The top national brands are Britain, Germany, France, Canada and Switzerland. Spain and Greece are also placed higher than Portugal in the rankings.

Fátima to receive low cost Vatican flights

Following the inauguration of the Rome-Lourdes route by the Vatican's new low cost airline, focus has now shifted on including Fátima on the Vatican's religious routes. Authorities in Fátima are keen on the idea, and are looking to promote the city's aerodrome to regional level, which will allow it to receive international flights by as early as next year. Other destinations being looked at by the Vatican are Santiago de Compostela in Spain and Guadalupe in Mexico.

Bomb threat trickster suspect in Portugal

American investigators are said to believe that a Portuguese conman has extorted at least \$13,000 with bomb threats to stores and banks across the US. The caller claims to have a bomb planted in the building and says it will be detonated unless money is wired to a bank account. At one store in Kansas, the caller ordered everyone in the store to undress.

Portugal with biggest jump in jobless

Portugal is the EU country that recorded the biggest increase in unemployment figures for the year-on-year period for July, with the rate climbing 0.7 percent to 8.2 percent, statistics by the European Commission have shown.

Woman dies in sewage tank

A woman (41) has died after falling into a water treatment tank in Peniche. The woman, who was employed by the Peniche ETAR only last month, is believed to have fallen into the tank while retrieving a daily water quality sample between 8.30 and 9.15 on Monday morning. Her body was retrieved at 4.15 pm by rescue workers after the tank was drained.

Still unproductive

Out of a total of 29 countries (27 EU member states along with the United States and Japan) Portugal is rated 21st in terms of productivity. The eight countries who fared worse than Portugal are all former Soviet Republics, while the ranking, compiled by the International Labour Organisation, continues to be led by the United States. The average Portuguese worker, it says, is worth €12.63 per hour.

Portugal sidesteps Zimbabwe issue

Portuguese Foreign Minister Luís Amado has declined to comment on suggestions that diplomatic difficulties over Zimbabwe's representation at the planned Europe-Africa summit in Lisbon could be resolved through Harare sending a high-level ministerial delegation, rather than its travel sanctions-hobbled president, Robert Mugabe. (Also see page 11).



Kate McCann's lawyer, Oporto based Dr Carlos Pinto de Abreu arriving at the PJ headquarters in Portimão. (Photo: the Portugal News / Paul Luckman)

McCanns, from p.1.

Kate arrived yesterday (Thursday) while Gerry was told to visit police this Friday. Excluding their initial statements given in a marathon session the day after Madeleine went missing, the McCanns have to date almost always met with police at the British Consulate located about one kilometre from the Portimão police station.

Police, armed with partial findings sent to Portugal on Wednesday by the UK's Forensic Science Centre in Birmingham, were this week holding formal discussions with Kate and Gerry McCann.

Earlier in the week, Portuguese police sources explained why they had not summoned the McCanns in recent weeks: "Our meetings with the McCanns stopped serving a purpose, as there was nothing new to disclose".

On Thursday evening, police spokesman Olegário Sousa in comments to **The Portugal News** said of these new meetings: "They are about bringing the couple up-to-date and to give them some information on latest developments", stressing their was nothing sinister about the meetings.

A source close to the investigation meanwhile revealed that partial forensic results were received by e-mail from Britain on Wednesday.

In a statement released on Thursday afternoon shortly after Kate had been dropped off at the police station by husband Gerry, Mrs McCann once more appealed to her daughter's abductors, pleading: "It is not too late—please let her go or call the police."

"We came to Portugal an ordinary family of five. We just want to know what happened on May 3 and want to be able to go home one family, reunited."

The statement was read out as Mrs McCann was preparing to answer police questions and re-

ceive an update on latest proceedings.

Speaking to **The Portugal News** on Thursday afternoon, while she travelled to the police station in Portimão, McCann family spokeswoman Justine McGuinness said Kate and Gerry felt more at ease in the company of Portuguese legal counsellors during their meetings with local police.

The last occasion the McCanns were questioned as witnesses, Gerry spent 13 hours giving testimony to police.

In a recent interview awarded to **The Portugal News**, Olegário Sousa was adamant that Kate and Gerry were victims as opposed to being suspects.

"Up until now, they are not suspects. If we have any suspicions we are compelled by law to charge them in order to preserve their rights".

At the time of the interview, Portuguese police were still awaiting the initial results of forensic tests, but he stressed that these results would not be the beginning or the end of the case.

"A criminal investigation is like a puzzle", he said, "One piece alone does not solve it. Similarly, the lab results on their own need to be supported by additional evidence and facts."

He further admitted that "Investigators could already have an idea as to what happened, but they need to prove their theories. That is what counts."

"We need to provide evidence. We can even be certain of what happened, but if we can't supply the evidence to a court of law, then what we believe is meaningless."

He also stressed: "I am confident that the case will be solved. I am confident that sooner or later we will be able to discover what happened."

Separately, Carlos Pinto de Abreu, the McCann's lawyer, has been instructed by Kate and Gerry McCann to bring charges

against a Portuguese weekly newspaper for defamation.

The case will be taken against Emídio Fernando, Tal & Qual's Director, and Catarina Vaz, Tal & Qual's journalist. Papers have been sent to the Court in Oporto.

The legal expenses for the proceedings will not be paid from Madeleine's fund, Mr McCann explained recently.

Speaking to **The Portugal News** shortly after hearing of the legal action, Emídio Fernando explained: "I am keeping to the story", adding his newspaper, which he took charge of at the beginning of the year, "Never accused anyone, it only says that police believe" in a certain

theory.

But in a statement sent to **The Portugal News**, McCann family lawyer Carlos Pinto de Abreu said: "The press has engaged in an horrific exercise in scandal mongering, replete with rumours and lurid commentaries which are all aimed at one thing: to sell more TV time and newspaper space to advertisers. Fortunately so far only a few character assassinating, tabloid-style outlets have gone beyond the limits of decency".

Four-year-old Madeleine, of Rothley, Leicestershire, disappeared from the family's holiday apartment on May 3 while her parents were dining in a nearby restaurant.

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President Silva wants treaty issue resolved to deal with real EU problems



Portuguese President Aníbal Cavaco Silva this week appealed for a "convergence of efforts" by European Union leaders for rapid conclusion of a Reform Treaty, so the 27-nation bloc can devote its attention to the concrete problems "worrying European citizens".

President Cavaco Silva, in a speech to the European Parliament in Strasbourg, described the "value of solidarity" as a "fundamental pillar" of European integration, calling special attention to the EU's social model and the need to safeguard employment and welfare systems through reforms.

Praising the Portuguese government's commitment, as current EU president, in advancing "the construction" of Europe, Cavaco Silva told the lawmakers that the bloc's leaders should "converge in efforts so that a new

treaty can be concluded under the Portuguese presidency", a mandate that expires at year's end.

Success in approving the so-called Reform Treaty, something Lisbon expects to take place in October, would allow the EU to turn its attention fully to "the challenges worrying European citizens", the president said.

An economist by training, Cavaco Silva listed those challenges as economic growth, employment, security, the environment, energy and globalization.

"We must recognize the need for the social model to adapt to

new challenges and the new contexts of a global world and the information and knowledge society", he said.

Unemployment was the main cause of poverty in the EU, he added, calling for more and better economic growth and recalling the Lisbon Agenda's target of 70 percent employment by 2010.

Cavaco Silva said he wondered whether Europe's traditional welfare schemes had not reached the "limit of effectiveness", requiring reforms that benefited the bloc's youth, eased access to jobs, and strengthened safety



President Aníbal Cavaco Silva listens through his headphones during a plenary session of the European Parliament in Strasbourg on Tuesday. The president was in Strasbourg to address the European Parliament formally. (Photo: EPA/Karim Chergui)

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nets against "poverty and exclusion".

The president underlined that poverty was not an exclusively European concern, denouncing what he called Europe's "inertia" towards Africa's pressing needs, a neglect he said could cost the EU a "heavy strategic price".

"It is time to talk to Africa and cease simply talking about Africa and its problems", Cavaco Silva said, noting the importance of Lisbon's plans to host a Europe-Africa summit in December to relaunch relations between the two continents.

After addressing the Euro-

pean Parliament, Cavaco Silva had lunch with Speaker Hans-Gert Poetering.

Later Tuesday, he travelled to Brussels where he met with European Commission president José Manuel Durão Barroso on Wednesday.

TPN/Lusa

Barroso denies knowledge of illegal party funding



European Commission President Durão Barroso has denied any involvement in an indirect donation made to his Social Democratic Party (PSD) by a construction company in the run-in to the 2001 municipal elections. However, he has been forced to clarify the situation with some MEPs concerned over the adverse effects possible illegalities by the EC president could have on European institutions.

At the time of the donation, which amounted to €233,000, Durão Barroso was president of the PSD. However, he has pleaded ignorance of the whole affair saying the then Secretary General of the party, José Luís Arnaut, has already accepted political responsibility.

The payment by construction company Somague was detected by the Constitutional Court. Under Portuguese law, private companies are no longer allowed to fund national parties, and the delay in discovering this payment, is that Somague made payments to the sum of €233,000 to a publicity company for services rendered to the PSD.

Should these allegations be proven, the monies received will have to be returned to the state, while the party and its leaders

will be liable to pay fines.

In a statement sent to the European Parliament, Durão Barroso went to great lengths to illustrate his innocence in the whole affair.

"Obviously, this is strictly a national matter, which has nothing to do with the responsibilities and activities of the EC and which dates from well before the current members of the EC took office. It is being dealt with by the relevant national authorities, and the EC accordingly has no clarification or comment to make on the matter", explained Mr Barroso.

"However, our institutions, attach great importance to being transparent and above reproach in public and political life", adding: "There is no legal accusation against me on this matter. In fact, I had no knowledge of and obvi-

ously no involvement in this affair or in any other issue directly related to the funding of the party. "Moreover, the Party's Secretary-General of the time, Mr José Luís Arnaut, has already publicly assumed political responsibility for this affair", he explained.

Mr Barroso stressed in Portugal it is not the president of the party, but the secretary-general, and the deputy secretary-general who are responsible for financial matters.

Meanwhile the MEPs from the Greens have already requested all documentation from the European Commission related to Somague and EU-funded projects, in a sign that they are not convinced that the construction company received no benefits when Durão Barroso's government received €233,000.

Mass police bust in downtown Lisbon



Five people were arrested and 68 people identified in a mass police sweep that aimed to clear up problematic social irregularities throughout Lisbon, such as prostitution, illegal street-sellers, and hashish dealing.

Having taken place on Wednesday, the sweep was carried out during the afternoon, from 15h00 to 17h00, particularly targeting the main Rua Augusta. It involved around 100 Lisbon PSP officers.

Amongst the 68 identified individuals were eight prostitutes, two of which were detained for being in the country illegally.

Three street-sellers were booked, with their goods, sunglasses, wallets and watches, being confiscated.

Seventeen individuals were identified for selling bay leaves that had been pressed and ground and passed off as hashish. In-

tended to dupe tourists, a number of weapons were also seized from the seventeen, most of which were knives used to cut the fake substance as if it was the real thing.

Four suspects were also booked on suspicion of having carried out violent muggings in the downtown area.

A number of driving offences were registered, with three individuals being detained for driving without a license.

The intervention saw a number of 'undercover' officers strategically patrol the area to tackle incidents of minor crime that are widespread throughout the capital.



The intense police operation in downtown Lisbon on Wednesday. (Photo: Lusa / João Relvas)

Fuel prices up 7.8% in three months

The average cost of unleaded fuel in Portugal rose 7.8 percent during the second quarter of the year and diesel was up by 4.1 percent when compared with the first three months of 2007.

According to the latest report by the Competition Authority, fuel prices in Portugal are among the highest in the EU15.

In the last week of June, the average cost of fuel in Portugal before taxes was the fifth costliest in the EU15.

In the price to the public, Portugal rose to fourth in the table.

On a regional scale, motorists in the Greater Lisbon Area paid the most for their unleaded fuel (€1.393 per litre) but also the lowest (€1.250).

The variation of diesel prices was less notable, with the Alentejo recording the cheapest average prices at the pumps (€1.078) and the Algarve the costliest (€1.084).

Couple arrested on suspicion of abusing teenagers

PJ police have arrested two men on suspicion of sexually abusing a 13-year-old boy as well as filming other boys in pornographic poses, in the Bairro de Fermentões, Guimarães.

Reportedly, the suspects, 22 and 42, molested the minor when his mother left him in the couple's care. Described by neighbours as being 'nice' and 'helpful', they had won the trust of the local community.

Beside this case, Braga PJ police are investigating other possible situations after CDs containing pornographic images of more local boys engaged in sexual activity were found.

The neighbouring community was allegedly oblivious of the goings-on until a CD with images of the boys leaked out amongst locals. When it became public knowledge, one of the two suspects fled.

This led to members of a local association taking matters into their own hands, waiting

for the individual who had remained and turning him in to the police. Two days later authorities had tracked down and detained the second suspect in Lisbon. Both men were forbidden from making contact with any of the boys, and subject to weekly check-ins at their local police station.

Having lived in the Vimaranes social neighbourhood for three years, the two men were avid supporters of the local recreational and sports association, offering their time to take photographs of youth's sporting events and help with computer skills.

With the couple lived the elder suspect's eight-year-old son.

Coollest summer in 20 years, wettest this century

This summer is the coolest in two decades and also the wettest this century, the Met Office said this week.

Average temperatures recorded this past summer are 0.5 degrees below established figures since records began, making it the coolest summer in continental Portugal since 1987.

Taking into consideration only this century, between 2001 and 2007, the difference in temperatures measured in summer is even greater, with this summer 1.9 degrees cooler than other summers.

This was also the first summer since 1997 to have not recorded a heatwave.

The last heatwave in Portugal took place last year and brought higher than usual temperatures for 14 consecutive days.

This year, no heatwaves have been recorded, through the first fortnight in July was the closest the country has come to reporting one this summer.

The Met Office classes a heatwave as being when temperatures are five degrees above the average for a period of six consecutive days.

The summer of 2007, which ends on September 21, has recorded an average temperature of 20.7 degrees, whereas the temperature between 1971 and 2000 was 21.2 degrees.

Four of the five hottest summers since records began (1931) have occurred since the year 2000. The summer of 2005 was the hottest ever, followed by those of 1949, 2004, 2003 and 2006.

Health authorities recently reported that there have not been increased mortality rates this summer that could be attributed to hot weather. In 2003, a total of 2,700 are reported to have died as a result of scorching temperatures.

In the north, sea temperatures have been as low as 14 degrees,

while in the Algarve, the water is two to three degrees cooler than usual at a current average of 19 degrees.

This drop is explained primarily due to wind currents, which

have kept the warmer Mediterranean waters away from the Portuguese coastline.

As far as rainfall is concerned, the Met Office describes this summer as having been "rainy"

with values 50 percent above average.

The month of June was the 11th wettest month since 1931, and the wettest since 1987, the Met Office said.



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Droughts a Europe-wide problem, but new laws on standby

EU environment ministers have agreed that droughts are "a European problem", not simply a threat to some regions, but decided to delay any action on drought-specific legislation.



Portuguese Environment Minister, Francisco Nunes Correia (C) takes a walk with his European Union counterparts at the Pena Castle in Sintra last Saturday at the end of the Summit. (Photo: Lusa / Miguel A. Lopes)

Portuguese Environment Minister Francisco Nunes Correia, who chaired the Lisbon meeting on droughts and water shortages, told a closing news conference that the Portuguese-backed idea of preparing specific legislation for droughts had "not been excluded", but that the ministers had opted in favour of "prudence" while assessing the effects of measures and mechanisms enshrined in a recently approved Water Framework Directive.

"There was no rejection" of his proposal for a new drought-specific directive, Nunes Correia

said, adding that a "prior evaluation" of the effectiveness of the current law would be carried out.

The current directive, or EU law, had "insufficiencies" as far as droughts were concerned and the need might arise for new legislation with a stronger focus on "preventive measures", he told Lusa last Friday, speaking for the Portuguese EU presidency.

The bloc's environment ministers agreed Saturday at their informal council on droughts and water shortages, that it was necessary to implement the current directive to "the limits of its potential" and to carry on with the

preparation of management plans for Europe's river basins, Nunes Correia said.

The management plans, he urged, "should be broadened and deepened in concept" and adapted to "strategies arising from climate changes".

The host minister also underlined the need for drought- and water shortage-related issues to be taken into consideration in the definition of all European policies, calling on Brussels to use structural funds to combat the two problems, which are differing phenomena.

TPN/Lusa

EU expresses solidarity with Greece over forest fires, pledges continued aid

The Portuguese EU presidency expressed its "deepest solidarity" towards Greece in the wake of devastating forest fires that destroyed thousands of hectares of farm and woodland and killed more than 60 people.

Speaking at the close of a meeting of EU environment ministers, Portugal's Francisco Nunes Correia told the Greek delegation that the entire bloc hoped Athens would "quickly overcome" the "difficult situation" and that it could count on all possible "concrete forms of

European solidarity".

Portugal has joined many other EU partners in sending fire-fighting teams, planes and other equipment, under the coordination of the EU's civil defence agency, to help combat infernos that have raged across southern Greece for days.

European Commission president José Manuel Durão Barroso flew over charred areas of Greece Saturday, promising continued aid.

The EU environment ministers were gathered in Lisbon to discuss issues related to drought and water shortage.

Ties to Portugal unchanged, language no problem, says Timor PM



The adoption of Portuguese as an official language is not a "polemical question" and ties to Portugal are in no way affected by the change of government in East Timor, Prime Minister Xanana Gusmão said after talks with Lisbon's visiting state secretary for foreign affairs, João Gomes Cravinho.

"The change of government" in Dili "affects the relationship with Portugal in absolutely no way", Gusmão told journalists after a meeting with Cravinho on the sidelines of a cabinet meeting to draw up the new administration's programme.

On the language issue, he noted that many languages were spoken in the country, especially Bahasa from former occupier Indonesia, underlining that it would "take time" to re-introduce the use of

Portuguese, one of two official languages adopted by recently independent East Timor.

"The Portuguese language can't be a polemical question", Gusmão said. "They are issues of education and development".

Later Friday, Cravinho inaugurated the second phase of Dili's Portuguese School, saying it would be an "elite" institution, "but not for the elite".

The Portuguese diplomat rec-

ognised that the language issue was "delicate".

He underlined, however, that Portuguese played "a unique role in Timorese identity" and that it should serve as a medium "of inclusion, not exclusion".

Education and a programme for the re-introduction of Portuguese after 24 years of Indonesian occupation are major planks of Lisbon's broad cooperation efforts in its former Asian colony.

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In the shadows of unsung heroes

Seldom will a day go by when the word INEM - National Institute for Medical Emergencies - is not included in one news report or another, normally relating to serious accidents, traffic or otherwise, in which urgent medical assistance is required. But rarely is the acronym VMER used, though in essence VMER, 'Vehicle for Medical Emergencies and Resuscitation', can also translate as the difference between life and death.

Incorporating INEM's emergency response services, the VMER is a specially-adapted Volkswagen Passat that is called out to intervene in severe accidents or sudden health crises that are, in principal, life-threatening.

These can include cardiac arrest, respiratory complications, and trauma. The customised car seats three and is equipped with mobile life-saving apparatus like a defibrillator, oxygen, a heart-monitor, and vital medicines.

Now numbering 37 VMERs in continental Portugal, there are only three in the Algarve, in Faro, Albufeira, and Portimão, the first of which arrived in 2000 to serve Faro's District Hospital.

This was followed by Portimão's 'Barlavento Hospital' VMER, in 2001, and, more recently, the Albufeira-based unit, initially requested to temporarily assist during the EURO 2004 football championships, but which proved so necessary, it remained. It can also be revealed that a fourth VMER vehicle will soon be arriving to serve the Eastern Algarve.

However, between the three existing Algarve-based units, dozens of lives are saved on a weekly basis, altogether the 37 vehicles making a crucial difference to worst-case scenarios around the country.

To find out more about this little-reported service, and to witness firsthand the difference VMER and its dedicated professionals makes, **The Portugal News** accompanied one of the Barlavento Hospital's 24-hour teams on a shift last Saturday night.

Located in a specially built headquarter situated beneath the hospital unit, next to the facilities for legal medicine (i.e. morgue), the VMER teams are formed by two specially-trained elements - a doctor and assisting nurse - at any given time. There are currently 10 doctors and 14 nurses comprising the Barlavento VMER team, all of whom are fully-qualified, active professionals who volunteer to undergo training to become part of the specialist crew.

I was to accompany 56-year-old Dr. José Leite, also a cardiologist, and 29-year-old nurse Sara Antunes. Both have been with the VMER team since its arrival at the Barlavento Hospital six years ago, and both have full-time jobs at the Hospital.

Dr. Leite is, in fact, Portimão's head VMER coordinator and was one of the responsible parties for bringing INEM (and subsequently VMER) to the Algarve, along with a handful of doctors from Faro. He was the first VMER medic in Portimão, and one of the first in the Algarve.

Born in Oporto Dr. Leite spent most of his upbringing and adult life in Mozambique. He originally wanted to be a commercial airline pilot, though ended up following the example of a local doctor, someone he explains he "looked up to".

After practicing medicine in Mozambique for a number of years, where he assisted victims of the civil war, he eventually returned to Portugal in 1985.

Nurse Sara Antunes is softly spoken, friendly, and far-removed from the mental image one conjures up when thinking of professionals who intervene in some of the most atrocious accidents to occur. Despite her lively, gentle nature, Sara is the shift's designated driver (as all nurses are, be they male or female) and drives at high speeds with nerves of steel.

On stand-by 24 hours a day, working either eight- or 16-hour shifts, the team must be ready to drop everything, be inside their vehicle, and on be their way within 45 seconds. A global European goal is for such units to be at their destination within eight minutes of 'The Call' (except of course, when the distance is far-fetched, in this case for example, Aljezur, then the goal is of around 20 minutes), though ideally, Dr. Leite would like to see this reduced to five.

"The first five minutes following a serious accident or sudden

health failure are vital", he explains. This is why another of the doctor's long-term goals is to raise general awareness and educate on a widespread social level about Basic Life Support (SBV), which differs from basic first aid as it concentrates solely on maintaining the victim alive.

Each time the VMER car is called out, it costs the National Health Service approximately €150. Sustained by an agreement between INEM and the respective hospital, the vehicle is essential, yet cannot afford to be misused. Emergency 112 calls, before being redirected to VMER, are filtered and analysed by a central board called CODU - Orientation Centre for Emergency Patients - who establish the level of urgency and which department the case should be assigned to.

VMER take the worst ones, always assisted by local *Bombeiros*, all of which have INEM ambulances at their stations. Their arrival on scene is separated only by fractions of seconds, and neither could carry out their full responsibilities without the other, working hand-in-hand to save lives.

When I arrive for my 'shift' at 18h00, the duo, which started their shift at 16h00, have already been on their first call-out, to a notorious drug-related ghetto in Portimão, where they gave urgent medical assistance to a man suffering an overdose. The individual in question refused further hospital treatment, though their intervention could have saved him from a bleak fate and hopefully given him a second chance.

As we wait for our next call-out, Dr Leite tells me of the previous evening's activities, when he was requested to assist what he describes as a "truly brutal and extremely violent" car crash, in Budens, Lagos (see report page 14). Seven people were involved in the crash, four died. Two were killed instantly, and Dr. Leite spent more than an hour working on the other two to stabilise them to get them into an ambulance and on way to the hospital. Unfortunately, these victims also later succumbed to their injuries.

As he tells me how the team spent the night "trying to pick pieces of bodies off the road to put in bags" it makes me wonder if these gruesome incidents ever affect the professionals involved on a more emotional level.

"No, we learn to build barriers", he tells me. "As a cardiologist, one of the first things I had to do for my studies was open a corpse. After so many years in the job, you just get used to it".

Soft-spoken sunny Sara agrees. Even though her career is considerably shorter than the doctor's, she has seen her fair



Dr. Leite, Nurse Sara and the Bombeiros work together to save a woman's life.

share of atrocities.

"You build defences", she explains, though they both agree that when an incident involves children, the sensitivity stakes are much higher.

Contrary to what is widely assumed, most of the call-outs are not road-accident related (though these do make up a large part), but rather sudden illnesses.

"The recent tightening in construction and building safety laws and the completion of the A22 has significantly reduced the number of accidents over the past few years" Dr. Leite explains. "Before the A22 people used the EN125 like a motorway, and that was when the worst accidents happened".

Our first call comes through at around 20h00, and in less than five minutes we are at the victim's home. Unconscious and laid out on the sofa, an 80-year-old woman is thought to have had a stroke. Within seconds Sara and Dr. Leite are observing her heartbeat on a transportable monitor. In a flash she is given a drip and oxygen, and within another few seconds, a calm, calculated diagnosis of her condition is made.

As the doctor completes his intervention, nurse Sara calmly talks to the patient as she begins to regain consciousness. Minutes later the woman is in the ambulance, still under the doctor's watchful eye, before arriving at the hospital and being handed over to the appropriate unit.

Throughout the night two more cases occur, one whilst we are about to enjoy dinner (which was immediately dropped and left untouched, a normal occurrence for VMER teams and merely a hazard of the job that no-one complains about), the last one taking place in a respite home, just before midnight.

This last case made the reality of the natural aging process really hit home, as an 85-year-old woman lay immobile in her bed, barely breathing and barely conscious. She had recently suffered pneumonia and could not have weighed more than 45 kilos. Her heartbeat was weak, as were her other vital signs.

The *bombeiros* arrived minutes after VMER, and together,

against all odds and likelihood, stabilised the elderly woman so she could be transported to hospital.

At the end of my 'shift', just after 01h00, I was physically and emotionally drained, and rather surprised how in the midst of tragedy and illness, these professionals provided remarkable reassurance, focused calmness and capability in defeating death.

As Sara checks and re-stocks the vehicle with her replacement, nurse Cristina Martins, Dr. Leite settles back in his reclining chair and looks to the TV, preparing for another eight hours of saving lives, ready to jump out of his chair the instant he gets 'The Call'.

Carrie-Marie Bratley



Dr. José Leite and Nurse Sara Antunes.



A VMER vehicle.

Barroso, Amado host first Neighbourhood Policy meet



European Commission President José Manuel Barroso (L) chats with Portuguese Foreign Affairs Minister Luís Amado (R) current Chairman of the European council at the start of the European Neighbourhood Policy conference in Brussels on Monday. This Conference provides a first opportunity for governmental and non-governmental leaders, from both partner countries and EU Member States, to exchange views and ideas on how the policy can be further strengthened or how it could better respond to their needs. (Photo: EPA/Olivier Hoslet)

Portuguese Foreign Minister Luís Amado and European Commission president José Manuel Durão Barroso opened the bloc's first Neighbourhood Policy meeting with neighbouring countries on Monday in Brussels.

Of the 16 invited countries and territories from Eastern Europe, the Middle East and North Africa, at least 10 were represented at the ministerial level, a EU official said.

The unprecedented meeting, held under the Portuguese EU presidency, centred on the theme: Working Together to Strengthen the European Neighbourhood Policy.

Both Israel and the Palestinian Authority participated.

Established in 2004, the policy aims to boost EU cooperation with neighbouring states in the framework of shared values, such as democracy, human rights, good governance and market economy. *TPN/Lusa*



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Smooth start to technical analysis of Reform Treaty



The technical and legal analysis of the European Union's draft Reform Treaty got off to a smooth start, a spokesman for the Portuguese EU presidency has said. Manuel Carvalho, in comments to Lusa in Brussels Thursday, said a "juridical transposition of the political mandate" for the charter had begun in a "very tranquil manner".

"It's the beginning of a very technical process", Carvalho said, referring to the analysis of the Portuguese draft text being made by specialists from the 27-member bloc that began Wednesday and runs through next Thursday.

The union's foreign ministers meet in the northern Portuguese city of Viana do Castelo next Friday and Saturday for a first political assessment of the document and evaluation of the technical-juridical studies underway in Brussels.

Lisbon hopes agreement will be reached on the document at the informal summit of EU leaders in Lisbon on October 18-19, allowing it to be signed later in the year in the Portuguese capital.

Describing the charter as its "priority of priorities", the Portuguese EU presidency opened an Intergovernmental Conference on the Reform Treaty in Brussels on July 23, presenting a draft based on the consensual political mandate it received one month before from Europe's leaders.

Once signed, the charter

would require ratification by all the bloc's 27 members, either through parliamentary action or referendum, with the view to take

effect ahead of the European parliamentary elections set for June 2009.

TPN/Lusa

Portugal FM to reaffirm EU commitment to Middle East peace

Foreign Minister Luís Amado, representing the Portuguese EU presidency, travels to the Middle East this Sunday and Monday for talks with Israeli and Palestinian Authority leaders to underline the bloc's "engagement" in efforts to re-launch the peace process.

Announcing his upcoming trip in Brussels Monday, Minister Amado said he would take "a message of engagement" and of the European Union's "determined will" to help break the deadlocked peace dynamic.

Minister Amado is scheduled to meet in Jerusalem with Israeli

President Shimon Peres, Prime Minister Ehud Olmert and Foreign Minister Tzipi Livni and in Ramallah with Palestinian Authority President Mahmoud Abbas.

His trip comes at a time of renewed efforts by the EU and the United States to re-start the peace process. *TPN/Lusa*

Banks robbed every 60 hours



Latest statistics on bank robberies show that 139 institutions were held up during the course of last year, translating into one robbery every 60 hours. These figures were released in the week of yet another spate of daring hold-ups, and in which the assailants still remain at large despite police manhunts.

According to data released by the European Banking Federation for 2005, the majority of bank robberies were perpetrated by citizens from former Eastern Bloc countries or Brazil. In total, assailants made off with €1.3 million.

In 2005, the number of robber-

ies in Portugal (153) made it the seventh most likely country to record a hold-up.

But by comparison, Portugal is far from recording the numbers in countries such as Italy (more than 3,000 bank robberies a year), Germany (728) and Spain (484).

Profile of new anti-terrorism coordinator under study

The European Council is "studying the profile" of a new coordinator for EU combat against terrorism, Portugal's state secretary for European Affairs, João Lobo Antunes, told the European Parliament on Wednesday.

Lobo Antunes did not elaborate further on the search for a replacement for the bloc's "Mr. Terrorism", Gijs de Vries of the Netherlands, who resigned last March for personal reasons.

The EU created the anti-terrorism post in 2004, following the March 11 train bombings in Madrid that killed 191 people.

Also addressing parliament in Strasbourg, the Commissioner for Justice and Internal Affairs, Franco Frattini, warned that the terrorist threat

in Europe remained "high" and that Brussels was readying a package of new preventive measures.

"All sources indicate that the threat of new terrorist attacks remains high", Frattini told the plenary session devoted to terrorism issues.

He said the European Commission was polishing new anti-terrorism proposals on use of the Internet, greater control over explosives, and the analysis of airline passenger data.



The vehicle used by bank robbers in Viseu, which was found abandoned in waste land near Fail, Viseu on Tuesday. (Photo: Lusa / Paulo Novais)

Police suspect Portuguese scrap metal merchant in theft of US president's statue

Guinea-Bissau police have found the missing bronze statue of former US President Ulysses S. Grant buried in a hole and banned travel abroad by a Portuguese scrap metal businessman suspected in the affair.

"Nationals and foreigners are involved, namely Alpoim Calvão", a decorated former officer in Portugal's colonial army during Guinea-Bissau's struggle for independence more than three decades ago, a Judiciary Police official told the Lusa News Agency.

The statue of Grant, which disappeared from the town of Bolama weeks ago, had been found buried in a hole and Calvão had confessed his scrap metal firm had bought a piece, the official said.

Calvão, best known for having led a failed commando raid on the capital of neighbouring Guinea-Conakry in 1970 to eliminate the then Portuguese colony's nationalist guerrilla leaders, was ordered Monday not to leave the country and to report to police.

Calvão, who employs some 1,500 Guineans in his scrap metal and cashew processing businesses, was not immediately available for comment.

Grateful colonial authorities erected the bronze statue of the US president after Grant mediated a 19th century Bijagos islands territorial dispute with Britain in Portugal's favour.

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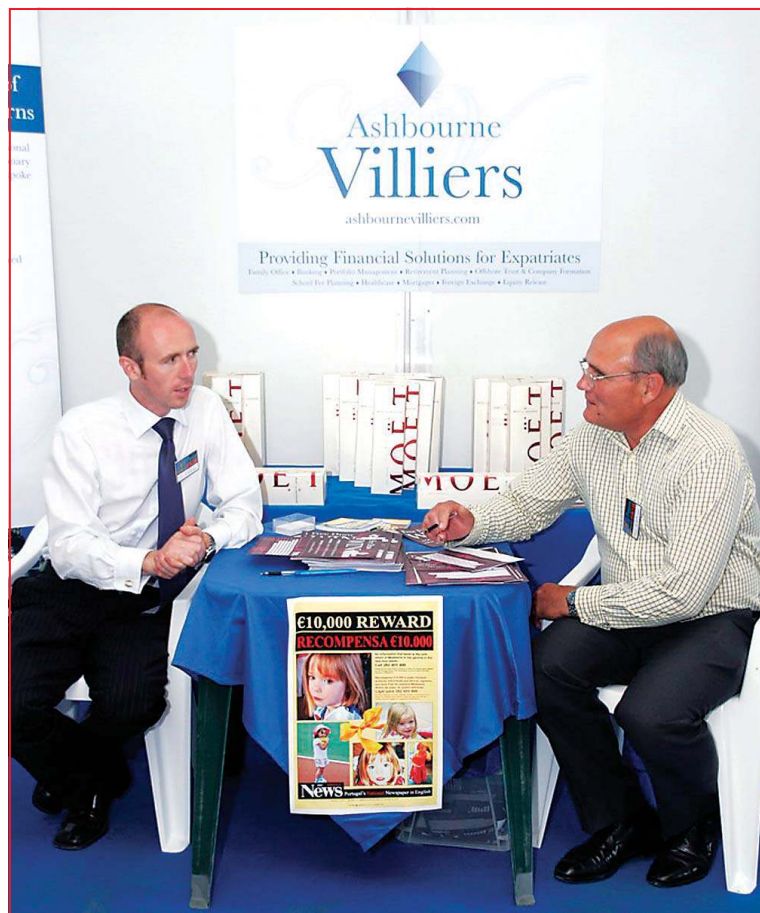
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What awaits at the September International Algarve fair?



The Ashbourne Villiers stand at the May fair. (Photo: João Paulo Carrondo)

If your idea of a traditional fair is strolling around, discovering what is on sale, participating in activities, taking in smells and sights and enjoying time as a family or otherwise, then this fair has it all – and much, much more.

Set to be bigger, better, and much more fun than any predecessor of its genre, the September International Algarve Fair has already set the region buzzing thanks to a number of stimulating new features that will allow you to enjoy your time in Portugal to the maximum.

As well as being wonderfully exciting and entertaining for family members of all ages, the fair will also include a more serious side that aims to demystify some of Portugal's more complex issues.

Informal, interactive hourly seminars led by a handful of leading experts will provide residents with essential information on how to make the most of their property and money. Lasting 15 – 20 minutes each, the seminars will cover topics including residency and real estate, and include question and answer opportunities at the end of each session.

Luzdoc will be giving a talk on what health care is available in Portugal, public and private, exploring the downsides, advantages and standards that can be expected of both.

Would you know how to cope with a medical emergency in Portugal or even anywhere else? It is surprising how many people

don't. Therefore, also included in the seminars is a first-aid briefing by Maria Taylor, explaining what to do and who to call in a crisis, and what information to give to 112 (the national emergency number) should you ever call it.

Regarding investments, Ashbourne Villiers will be providing in-depth information on how to make the most of your retirement funds in Portugal and enjoy your time here, whilst specific talks will be directed at on-shore/off-shore company investors, detailing the advantages of this form of financing as well as the costs of maintaining both.

Barclays Bank, along with representatives from other leading Portuguese banking institutions, will be exploring an issue that is currently causing quite a lot of excitement in Portugal – mortgage swapping. Recent law shifts have now made it possible for you to transfer your mortgage between banks in Portugal, at zero cost. Decide what works best for you and transfer your mortgage, saving money with no hidden fees whatsoever.

Up-to-date laws on renting properties and tax will also be explained, as will local taxation for individuals and small companies, courtesy of acclaimed specialist, Dr^a. Filomena Ramalho.

To be held in the covered Property Exhibition tent, the seminars will be informal and offer the chance for the audience to pose

any unanswered questions. Seating for around 60 people will be available.

If you still haven't booked your stand at the fair then take swift action as only a few smaller stands are left. These are ideal for individual craftsmen and small to medium companies to promote their wares, and will be viewed by thousands. Decoration is entirely up to you, and is an excellent way not only to network and sell your services, but also to spend a weekend in good company and get tips from those in the know.

As of next week, the fair's largest publicity campaign to date will kick off, around the Algarve, though it really must be seen to be believed.

There will be candyfloss and popcorn, a 'Spin-the-Wheel' with prizes every go, on-going entertainment, a range of delicious restaurants, and this year, mobility and health specialists SulCare will be on hand with their range of aids, motorised and standard, should you require assistance for a disabled member of the family.

In fact, everyone will be well and truly spoilt at the Fair. It is an event you cannot afford to miss.

Taking place on September 22nd and 23rd. Gates open at 11h00.

For more information or to reserve a stand, see www.the-news.net, or call Sónia Seixas, on: (+351) 282 380 317. Places are now limited.

WEB

Web (INTERNET) noun [S]

the system of connected documents on the Internet, which often contain colour pictures, video and sound, and which can be searched for information about a particular subject:

(From *Cambridge Advanced Learner's Dictionary*)

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SHORT-TERM LETS TO HOLIDAY MAKERS

by Dennis Swing Greene

This is the first in a 4 part series examining issues concerning short-term lets to holiday makers:

- 1) *Misinterpreted Legislation* • 2) *When Renting becomes a Business*
- 3) *Commercial vs Residential Lets* • 4) *Rental Agent vs Villa Manager*

Part 1: Misinterpreted Legislation

Two sets of legislation co-exist to regulate different types of rental activity. On the one hand, holiday lets in

"*Empreendimentos Turísticos*" (tourist developments) such as hotels, holiday complexes and camping facilities are defined and regulated under Decree Law n° 167/97, altered and republished under Decree Law n° 55/2002, decentralising many responsibilities from the central Tourism Bureau (*Direcção Geral do Turismo*) to local Town Councils (*Câmaras*).

On the other hand, general letting of residential property is governed by the "*Novo Regime de Arrendamento Urbano*" (General Renting Law), recently overhauled in 2006. These statutes fully recognise temporary short-term letting, such as occurs with tourists, students, teachers and certain other professions. This particular form of rental merits special consideration in the statutes to the degree that it is seen as an "exceptional" activity in that the law stipulates no minimum rental period (as normally would be the case in conventional residential lets), nor are

contracts required when occupancy is below 6 months.

If your letting is more commercial in nature rather than residential, a third option may be appropriate: "*Hospedagem*" (Guest House). In this case, you made need this property licence which permits both private use as well as commercial tourist lets. The type of property licence is defined in local Council legislation and will vary from township to township.

None of these three options addresses fully the actual activity practised by most owners: letting of "*Self-Catering*" villas and apartments. Given this basic inadequacy in the legislation, it should not come as a surprise that the "*ASAE*" inspectors have their own narrow reading of legislation that often disregards not only the fundamental aspects of the Law but also confuses central license issues of the economic activity that they allegedly are trying to regulate. Therefore the controversy.

However, if owners are guilty of other flagrant compliance violations (such as no Portuguese income tax declaration), threatened Agents and Owners may have difficulty mounting a proper de-

fence and refuting the possible misinterpretation of the statutes.

In the following series of articles, we will analyse various aspects of the holiday let activity to help distinguish between "residential" offerings and more "commercial" tourist-related business. As is to be expected, there is no *one-size-fits-all* solution; clear advantages and drawbacks exist to each option. It is only by understanding your own particular situation as well as the legislation involved that you will achieve a viable and lawful solution.

Dennis Swing Greene is Senior Partner and an International Tax Consultant at **euroFINESCOs.a.** For analysis, recommendations and implementation of solutions regarding your Holiday Let activity, consultations can be scheduled at our offices in *Guia (Albufeira)* and *Lisbon (Chiado)* or by phone or video conference both in Portugal and abroad.

In the Algarve, call 289 561 333. In Lisbon, call 21 342 4210. Mobile 96 910 2813, by email: info@eurofinesco.com, or www.eurofinesco.com.

Next: "*When does Renting become a Business?*"

Flu vaccine on sale from October 1st



A vaccination against flu will be on sale to the general public from the first of October, whilst health authorities have pledged to increase the amount of vaccinations available to those considered 'at risk', namely over-65s and the chronically ill.

London accepts Zimbabwe rep at Lisbon summit, but not Mugabe

The United Kingdom accepts the presence of a Zimbabwe government representative at the EU/Africa summit, as long as President Robert Mugabe does not participate, a British diplomatic source told Lusa News Agency this week in London.

"We always said we'd like Zimbabwe to be represented, but we don't want it to be Mr. Mugabe, because we believe that could cast a shadow over the summit," the Foreign Ministry spokesperson stated.

The same source specifically declined to comment on the suggestion by the European commissioner for external relations, Benita Ferrero-Waldner, that Zimbabwe be represented at the summit by "a high-level minister such as the foreign minister".

Portuguese President Cavaco Silva suggested the same solution Wednesday during a visit to the European Parliament in Strasbourg.

"We are discussing various solutions with our partners," the British spokesperson told Lusa, without indicating any specific scenarios.

The issue will be discussed again at the end of the week in Portugal, when British Foreign

Secretary David Miliband travels to the northern city of Viana do Castelo for an informal meeting of EU foreign ministers.

The United Kingdom has led efforts to block Mugabe's presence at the December EU/Africa summit in Lisbon, invoking the current EU sanctions against the Zimbabwean leader.

The sanctions were imposed due to human rights violations in Zimbabwe. However, various African leaders have insisted that all countries should be invited and represented at the summit.

British diplomacy hopes that the "Lisbon summit will go ahead and be successful" in discussing issues such as environmental protection or human rights, the British foreign ministry spokesperson stressed.

The holding of the second EU/Africa summit of heads of state and government this December 8-9 in Lisbon is one of the priorities of Portugal's current six-month EU presidency term.

The first EU/Africa summit was held in April 2000 in Cairo, during the previous Portuguese EU presidency, though its follow-up has been delayed due to differences over the situation in Zimbabwe. *TPN/Lusa*

A pamphlet devised by the national health board is intended to divulge their intentions in offering more vaccinations to the 'risk' groups, something that was achieved last year.

According to a spokesperson for the National Health Observatory, during the so-called 'flu-season' 2006/2007, a "significant rise in the number of vaccinations given to the over 65" was registered, having covered more than 50% of that population.

On the other hand, in regard to the general population, there was a fall from 19.1 per cent in 2006, to 14.3 per cent last sea-

son.

To avoid congesting health services, the State Secretary for Health has issued a request to prolong the validity dates on these medicines so they may be prescribed before the disease kicks in.

"Medical prescriptions exclusively for flu vaccines for the season of 2007/2008, prescribed after September 1st, will be valid until the 31st of December this year".

The vaccination should be administered in October or November, but can be given anytime during autumn or winter.



That first sneeze could mean flu is on the way.

Mercadinho de Loulé

Cerca do Convento
Sábados 14:30 às 18:00

Setembro '07

- 08 Flores e Ervas Aromáticas
- 15 Artes
- 22 Artesanato
- 29 Livros e Coleccionismo

Outubro '07

- 06 Flores e Ervas Aromáticas
- 13 Artes
- 20 Artesanato
- 27 Livros e Coleccionismo

Novembro '07

- 03 Flores e Ervas Aromáticas
- 10 Artes
- 17 Artesanato
- 24 Livros e Coleccionismo

www.teaser.pt

Brutal Budens car crash kills four, injures three

A violent car crash involving seven people took place on the EN125 last Friday night, near to the Burgau crossing, Budens, Vila do Bispo, and claimed the lives of four people in what has been one of the most fatal summers to date.

Two of the fatalities were confirmed at the scene of the accident, now identified as 24-year-old Vera Lúcia Lucas Leal, and Ukrainian Vasyi Markiv, who, despite receiving emergency medical resuscitation attempts, did not survive the severity of his injuries.

Of the five remaining injured, all of whom were transported to Portimão's Barlavento Hospital, 53-year-old Manuel Teixeira Marques and 19-year-old Ana Rita Ribeiro also succumbed to their injuries, resulting in a total of four deaths and three injuries.

Ana Rita Ribeiro was on holiday in the Algarve with her boyfriend, Luis Filipe, who was also involved in the accident and escaped with a few injuries. The couple were travelling in one of

the two ill-fated vehicles. Of the remaining victims, who were all travelling in the second vehicle, four of the five were civil construction workers.

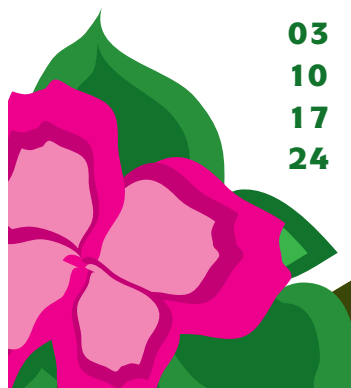
Both vehicles involved were Opel Corsas, and collided head-on, though it is not clear which direction the vehicles were travelling in. The cause of the crash is as yet unknown.

Notorious for its faded road signage, the Burgau intersection has been the scene of numerous accidents. Allegedly the national road institute Instituto de Estrada is aware of the situation, though has yet to make improvements.

There have been 51 deaths registered on the Algarve's roads since January this year, the same number as was registered in the region for the whole of 2006.

Since Friday 26th, seven lives have been lost on the region's roads, one in Messines, two in Odeleite, and four in Burgau.

A new road-awareness campaign is to be launched in the Algarve this month.



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Extreme climate and extreme politics

“How are our children going to survive in a land that is dead?” asked a survivor of the wildfires that seared much of southern Greece during the last week of August.



Volunteers of Hellenic Red Cross package food stuff for the homeless fire victims of Ilia prefecture, Athens, 04 September. More than ten thousand villagers lost their houses due to the wildfires of last week. (PHOTO: LUSA/EPA/Orestis Panagiotou)

Six thousand homes and four million olive trees burned, half the forests of Greece gone, and sixty-four people dead is a huge loss, and in the carbonised landscapes of the Peloponnese it is hard to imagine that people will ever live there again. But what nobody saw coming was the political fall-out: this may be the first time that a government falls because of climate change.

When the centre-right government of Costas Karamanlis called an early election last month after only three years in office, it had a comfortable lead in the opinion polls and was cruising towards a certain victory. The fires changed all that, shaking people's trust in the competence not just of the government but of the established parties in general. In the last published opinion polls (Greek law bans polls in the last two weeks before the September 16 election), neither Karamanlis's New Democracy nor the centre-left opposition party, PASOK, had even forty percent of the vote.

The beneficiaries were the extreme right Laos party, a normally marginal group preaching nationalism, hatred of immigrants and Orthodox Christianity (its posters urge all Greeks to unite as "one fist"), and the equally fringe party of the hard left called Syriza. Neither party is represented in the present parliament, since they could not clear the legal threshold of three percent of the popular vote.

They are both very likely to be in the next parliament — and if the two major parties end up more or less tied, as seems probable, extremists of one sort or another will be able to extort a high political price in return for agreeing to support a coalition government.

Obviously, we can't just extrapolate from this single example and say that climate disasters lead to a polarisation and radicalisation of politics, but this is a phenomenon that warrants attention. After a week like the Greeks had, there was bound to be a political reaction, but does it mean anything for other places?

First of all, were these fires really caused by climate change? After all, there were fires of a similar scale in Greece about a century ago, and of course the land did turn green again after a few years. But uncontrollable "megafires" are ceasing to be once-in-a-century events. Another one burned about a quarter of the island of Tenerife in the Canary Islands this summer.

There have been comparable

megafires in the past few years in France, Portugal, Canada, Russia, Indonesia, South Africa and Brazil. In the United States, where a forest fire that burned more than 5,000 acres (2,000 hectares) was relatively rare twenty years ago, in the past decade there have been more than 200 megafires that burned at least ten times that area. Six of the past ten years have seen the previous US record for the amount of land devastated by forest fires broken.

If this isn't climate change in full costume dress, it is certainly its first cousin. Temperatures in Greece this summer hit 46 degrees C (115 degrees F), unheard of even ten years ago. In a Mediterranean climate where almost all the rain falls in the winter, this virtually guaranteed massive forest fires.

There is a prima facie case for seeing this as a manifestation of climate change — so what about the political reaction in Greece? It has been ugly on every side.

Karamanlis's government, having made few preparations for coping with massive fires despite the speed with which the problem has grown in recent years, was slow to respond to the crisis, and then tried to shift the blame for its failures by claiming that the fires were set by arsonists, saboteurs and terrorists. Its spokesmen rambled on about "asymmetrical terrorist threats" and an "organised plan" to destabilise the country, but those Greeks paranoid enough to believe such claptrap did not forgive the New Democrats for their sins. Instead, they promptly shifted their votes to the extremists who promised to "crack down hard" on something or other.

It hardly matters what they crack down on. Minorities and immigrants are usually favoured by the far right, which will probably be the main beneficiary of these events in Greece, but it's pure symbolism, so the actual target doesn't matter. Any outsider or foreigner will do.

Now envisage a world where climate change is really hitting hard. The Mississippi delta, various Pacific islands and a good deal of Bangladesh are disappearing beneath the waves. The Amazon is burning, the monsoon has failed for the third successive year in the Indian sub-continent, and Spain, Italy, Greece and Turkey are turning into deserts. Will people and governments be sweetly reasonable, seeking collaborative ways to cope with a shared international disaster?

Sure they will. Just as soon as they have shot down all the flying pigs.

Gwynne Dyer is a London-based independent journalist whose articles are published in 45 countries.



Gwynne Dyer.

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THE PORTUGAL
News



Oeiras helps 'Clean Up the World'



From September 14th – 16th, volunteers from all over Oeiras will participate in an international cleaning incentive that aims to free areas of rubbish that are not normally covered by municipal cleaning teams.

On Oeiras' plan of action are the Paço de Arcos e Fontainhas beaches, along with their surrounding areas.

Anyone interested in joining in should call the town hall's Environmental department on: 214 406 297.

Also integrating the activity, on September 15th, a group of divers will carry out underwater clean-ups, collecting debris from the seabed.

Environmental-conscious citizens are invited to participate in a photography competition that will be held for over-18s.

Developing capacities to protect the environment as well as preserve it and denouncing problems through imagery are a few of the main objectives that Oeiras city hall has with this project.

Photographs should be handed in or sent to the Town hall's Environmental Department address, 'Departamento de Ambiente e Equipamento da Câmara Municipal de Oeiras, Serviços Técnicos – Edifício de Paço de Arcos, Estrada Nacional 249/km 3 entre Paço de Arcos e Porto Salvo – 2780 Paço de Arcos'.

Or for more information, see: www.cm-oeiras.pt.

'Clean Up the World' is an environmental project that aims to inspire worldwide communities to preserve and take care of the planet.

This year taking place for the 15th time, it annually involves more than 35 million people from 120 countries, making it the biggest environmental campaign in the world.

Businesses, community groups, schools and citizens all sign up, effectively contributing to save the planet.



Triathlon Champion of the World Venessa Fernandes is all smiles upon her arrival at Lisbon airport on Monday. (Photo: Lusa / Tiago Petinga) See story back page.

Police diffuse street-race on Vasco da Gama bridge

After gathering at Lisbon's Ajuda University, dozens of street-racing enthusiasts sped along the CRIL circuit towards the Vasco da Gama bridge to take part in a high-speed race involving numerous, specially-adapted cars. Police detected the fast-travelling pack before they reached the bridge and managed to diffuse the challenge.

Eight of twelve drivers were identified, two being fined for speeding after authorities registered speeds of 200 and 216 kilometres per hour. A further six

were issued with charges for participating in an illegal race. As a result, the National Authority for Road Prevention will subject all of the involved drivers to psychological exams.

These tests will determine if the youths are psychologically fit to drive, and, should the tests come back negative, the offenders may face losing their licenses for good.

Equipped with specialised apparatus to register and capture images of vehicles at high velocities, the police car spotted the

group before they reached the bridge, verified their speed, and took action a few kilometres after they were initially detected.

That same night police intervened in a second gathering near the Parque das Nações.

Since 2005, both the PSP police and the GNR include unmarked vehicles in their fleets to patrol traffic inside and out of urban centres.

Equipped with Provida systems, they can detect offenders at a 60-metre distance and remain completely unnoticed by drivers.

Lighthouse-museum in Cascais

More than 5,600 visitors have made their way to see the country's first ever 'Lighthouse-museum', which was inaugurated on July 27th, in Cascais.

Mainly foreigners, the visitors are believed to have been captivated by an 'enchanted' publicity campaign, heralded as a "huge success".

Still active in its navigational role, Cascais' Santa Marta lighthouse has, since last year, been undergoing remodelling by local authorities in cooperation with the navy. The aim is to offer visitors a detailed view of what lighthouse captains' residences looked like, as well as showing their tools and way of life.

From the 1.5 million euro investment ample sea-view platforms were erected around the structure, along with a documentation centre, a café, and an area in which to display historical items recuperated by the navy.

In total, since July 27th, 5,645 people have visited the real-life museum.

Said Carla Fernandes, head of Cascais City Hall's Museum Department, "It has achieved enormous success, which is due not only to a strong promotional

campaign, but also to the fact that it is summer, it is by the sea, and it is something very appealing, as well as being magical".

Considering the lighthouse-museum to be a "benefit" to the city hall, Carla Fernandes also said, "Even if visitors know nothing

about the lighthouse, the area where it is located makes it stand out. All it takes is to keep the doors open, and people will always come in".

Of the five thousand plus visitors, more than three thousand were foreigners.

Ninth Cascais International Band Festival

On September 8th and 9th, Cascais will be hosting its ninth annual International Band Festival, the highpoint taking place in the town centre, on Sunday at around 11h00.

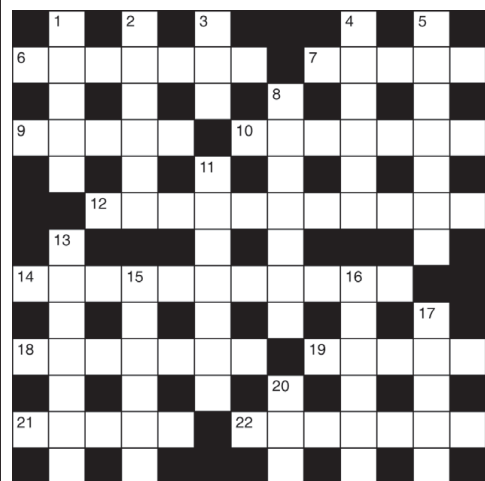
Cascais' International Band Festival takes place every year in September and unites musical groups from all over Portugal and other countries. This year it is associated with the Banda de Música de Arzúa, from Coruña, Spain.

On September 8th, participating bands will perform in the headquarters of the Parades and Sportiva Alvidense musical societies. Its highpoint, the closing festival, will see all bands

parading through the town centre before uniting in front of the Baía Hotel to play a piece together.

This does, however, imply various traffic cuts around Cascais, on September 9th, which will affect the train station square, Francisco Sá Carneiro square, Rua Frederico Arouca, the Combatentes da Grande Guerra avenue, Visconde da Luz and Baía de Cascais, and Cascais' 'Cidade'.

The Portugal News Crossword No. 158



QUICK CLUES

ACROSS

6. Spear (7)
7. Plank (5)
9. Mantle (5)
10. Aid and abet (7)
12. Unconcerned (11)
14. Mawkish (11)
18. Rapture (7)
19. Endure (5)
21. Cut (5)
22. Terse (7)

DOWN

1. Wire (5)
2. Keep waiting (6)
3. Slash (3)
4. Bend (6)
5. Thwart (7)
8. Limit (7)
11. Sack (7)
13. Instructor (7)
15. Giggles (6)
16. Deed (6)
17. Caper (5)
20. Tank (3)

QUICK CROSSWORD SOLUTIONS No. 157

Across: 1 Reorganise; 7 Uncle; 8 Fervent; 10 Lopsided; 11 Sham; 13 Botany; 15 Bonnet; 17 Lard; 18 Disquiet; 21 Origami; 22 Igloo; 23 Gratuitous.

Down: 1 Recap; 2 Obedient; 3 Gifted; 4 Norm; 5 Stephen; 6 Hullabaloo; 9 Temptation; 12 Mosquito; 14 Terrier; 16 Bikini; 19 Idles; 20 Cant.

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Two bouncers shot at nightclub

Following a wave of crime that appears to be targeting prominent nightclubs around the country, a latest incident saw two bouncers of a highly-frequented venue being shot in the early hours of the morning.

Police have confirmed the shooting took place at Nell's Discotheque, in Campo Grand, at around 03h00 which left a 32-year-old and a 34-year-old injured.

Both of the men were bouncers and are presently under observation in Lisbon's Santa Maria Hospital, where they were treated by Cardio-Vascular surgery services.

Three other women related to the incident were also given medical assistance, though were subsequently released.

A television channel has since reported that the men were shot at close range, by two individuals who kept their faces covered throughout the attack, and that the entire incident was taped by CCTV cameras.

This latest attack comes in the wake of a shooting that took place one week ago, in an Oporto nightclub, where the owner was fatally wounded.



META 2007 – Tavira Business Showcase

The summer is almost over and we can all now get back to "business".

In Tavira starting on Friday 7th September 2007, the annual showcase of business in the region, including business from Andalucía in Spain, will be held in Tavira.

Taking place on 7-9 September, in the Bandstand Garden, set right along the banks of the River Gilão, 18.00 till 23.00, this year looks to be a real event, with not only the best busi-

nesses being showcased, but with music each night, ranging from popular Portuguese on Friday 7th, Italian on Saturday 8th and finishing with traditional Mediterranean group on Sunday.

Together with daily events for the children, there will be something for everyone in the family.

Many businesses will be doing something special during the event, including Reflections Salon & Day SPA, one of the

favourites to win the 1st Downtown of Tavira competition, which will be providing free-relaxing massages as well as free facial cleanings.

The event promises to be the biggest ever, and with its new location right in the centre of town, promises to attract many locals and tourists over the whole weekend.

For more information: Câmara Municipal de Tavira – 281 320 500; Reflections Salon & Day SPA – 281 323 323.

Equitação do Trabalho

For those interested in learning something fun and new with their horse, or developing skills if already familiar with this discipline, come along to Pinetrees Riding Centre during the weekend of September 29th and 30th for a course in Portuguese working equitation.

Well known Portuguese rider and competitor Pedro Neves, from Santarem, will bring along a couple of his horses to demonstrate how it is done and give a clinic on the Saturday and Sunday.

It is not necessary to have the traditional Portuguese tack or

outfit – just your normal riding gear.

Spectators may also attend the course and if you do not have a horse one could be hired from Pinetrees.

The course will consist of Introduction and theory, demonstration, dressage practical work-

ing individually, social light lunch and on Sunday the "maneabilidade" –manageability over a handy horse course.

Organised by Algarve Riding Club and Pinetrees, contact for more information: (+351) 919 363 190 or e-mail: pinetrees.riding@world.net.pt

Gifts for the boys

A pool table and large television set has been kindly donated to the boys home in Faro by the Franks family of Quinta da Lago, for which the boys are very grateful.

F.J.North kindly gave their services for the whole day in or-

der to dismantle, transport, and reassemble the table, which included a new cloth and a new set of pool balls. Mel Farrell of Amigos de São Brás, who was also involved, said he was sure the gift will give the boys many hours of enjoyment.

Computer Courses by a Microsoft Master Instructor

The Centre of Languages, Culture and Communication (CLCC), in Portimão is holding new computer courses taught in English, created especially for foreigners living in the Algarve.

In September, for the first time, the CLCC will offer Computer Courses in English, taught by Kehren Dalton, a Microsoft Master Instructor. The courses will commence on the 17th September with the opportunity to receive training at all levels, from beginner to advanced, on Word, Excel, PowerPoint and Access.

There will also be the opportunity to take the 4 by 4 hour "Bite Size" Computer Basics Course, to ensure you can surf the net with ease, e-mail your friends and business colleagues and manage your files and folders effectively. CLCC is holding an assessment evening on the 7th of September at CLCC to help you decide and check the level of expertise and discuss training needs.

For further information, enquirers should contact on 282430250, or 917588886 or visit us on www.clcc.pt.

su do ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it.

There's no maths involved. The grid has numbers, but nothing has to add up to anything else.

You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive!

Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

8	1			4				9
		7	1					
4								7
	6			7	4	3	2	
		4				9		
	8	1	2	5				6
	3							6
				5	2			
	9			2			1	8

Last weeks solution:

3	6	4	5	9	8	1	7	2
8	2	5	7	3	1	4	6	9
7	9	1	4	6	2	3	8	5
4	3	7	1	2	6	9	5	8
5	8	9	3	7	4	6	2	1
6	1	2	8	5	9	7	3	4
9	7	8	2	1	3	5	4	6
1	4	3	6	8	5	2	9	7
2	5	6	9	4	7	8	1	3

For tips on how to solve Sudoku puzzles, browse the forums, go to www.sudoku.com

Death and the Maiden

In November theatre audiences in the Algarve will be treated to a unique event. The Lagoa Auditorium is presenting the Ariel DORFMAN play "Death and the Maiden" which will be acted in both English and Portuguese, using two sets of cast members. The Portuguese title of the play is "A Morte e a Donzela".

John and Barbara Mountford who were responsible for the acclaimed performance of Nicky Moran's play "Lights Out" at the Quinta do Paço in 2006 will produce this combined event. John

Mountford will direct both the English and Portuguese casts.

Noteworthy too is that all proceeds from this combined production will be donated to the local charity "Castelo de Sonhos" and for support of Portuguese cultural development.

The combined production will join the efforts of the Portuguese theatre group "100 Palavras" and a newly formed group "Benef*Actors"; the latter headed by John and Barbara. The intention is that all proceeds from future Benef*Actors productions will be made available for

other selected local charities. Those who enjoy movies might remember the Roman Polanski film version of the play starring Sigourney Weaver, Ben Kingsley and Stuart Wilson. In summary, it is a psychological thriller in which a woman, who was imprisoned, raped and tortured under the auspices of a military dictatorship, thinks she recognizes her chief interrogator as he visits her home. She ties him up and begins a psychological interrogation, trying to get him to admit his guilt. Her lawyer husband, recently named to head up a Commission to investigate crimes committed by the fascists, is trapped in a three-way polemic. If you love drama this is a must-see production, which will run from 16 till 18 November.

English production: 16th November, 2007 at 14.00 and 20.30 hrs and 18th November, 2007 at 14.00 and 20.30 hrs. Portuguese Production: 17th November, 2007 at 21.30 hrs. To book tickets and/or for more information, please call Hetty Baart on 916 350 182 or email to benef.actors.pt@gmail.com.

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Beetle Drive

On Saturday 22nd September, the St. Andrew's Society will be holding a Beetle Drive in the Vale do Milho Golf, Carvoeiro at 7pm

Please phone Cathy on 919 635 246 as soon as possible.

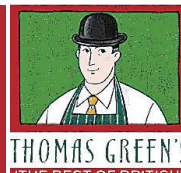
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Spanish guards carry out car checks on bridge

The Spanish civil guards carried out two vehicle checks on vehicles crossing the Guadiana bridge, despite the Portuguese authorities confirming they were never informed.

All vehicles leaving the Algarve for Andalusia were randomly stopped and checked, along with their drivers and occupants.

This intervention comes three days after authorities in Spain were put on 'Red Alert' following recent ETA attacks.

A source from the Guadiana's dual post did confirm knowing about the operations, though reportedly did not know of their purpose.

Over the past few days, Spanish authorities have reinforced the possibility that ETA terrorists may have an infrastructure in Portugal, after the Basque terrorist organisation prepared two attacks in Spain, one of which it carried through, on August 24th, both involving cars rented in Portugal.



Algarve MP celebrates construction of flyover

Social Democrat MP Mendes Bota this week satisfactorily revealed the Government's decision to concede the construction of a pedestrian bridge over the Quatro Estradas junction, near Quarteira/Almancil.

Mendes Bota originally requested the flyover in July, and has actively campaigned for it ever since. Reportedly "satisfied" with the outcome, a minor victory, it was also said that the Ministry of public works had admitted that a problem had been created with the new Loulé/Quarteira road.

In July, the PSD/Algarve sent a letter to the Republican Assembly, asking the national road institute, Estradas de Portugal, to erect a pedestrian bridge over the stretch with "maximum urgency".

Some 500 people live in the vicinity of Quatro Estradas, on the edge of the EN125, and for years risked their lives by dashing across the hectic EN125. The situation has been worsened with the recently completed new stretch having a central divider, impeding pedestrians from crossing.

CENTRAL ALGARVE Look before you Leap

There are news headlines daily about climate change, and the importance of saving the planet. But how can we do our bit? Jeanette Elliott, from Devon Renewable Energies will explain the practicalities of "living off the land." Even though "the good life" will remain a dream for most of us, there are still steps we can all take to help reduce carbon emissions. From her own experience, Jeanette will talk about the importance of doing research before you embark on a new lifestyle, marketing and the value of networking. Surely, so relevant to us all!

Directions to Hotel A Colina, formerly Hotel Berry. From the West, on the A22 motorway take exit 13, the faro airport turn off. Follow signs for Almancil. Join the N125, after 2 kms take the left turn, signed Ludo, and first left again. The hotel will be found at the top of the track.

If travelling through Almancil towards Faro, take the right turn to Ludo turn just passed St Lorenzo church.

Wednesday September 12th 2007
Network Lunch at Hotel A Colina, Almancil
12:30 pm for 1:00 pm – Time to Network
Cost: Members €15 Guests €20
Please book no later than noon on Monday, 10th September



Contact Network Co-ordinator,
Paulette Fouché at pfouché@clix.pt or
282 415 843
www.networkalgarve.org

Tavira requests takeover of Quatro Águas



Quatro Águas restaurant

Tavira City Hall has made an official requisition to the State Secretary of Transports to be put in charge of managing the municipality's Quatro Águas area, a role that is currently assigned to the Port and Maritime Transport Institute (IPTM).

This has occurred as the City Hall has guaranteed the area's upgrading and management. A

derelict ship yard used for iron and sand dumping, anarchy in parking, degraded fixtures, poor quality dock conditions and tourist transportation to and from Tavira Island have been

named as a few of the problems that City Hall intends to fix, to give the area a more dignified image that will appeal to and attract even more visitors.

Child's body found in Guadiana

The body of a nine-year-old child who was reported missing last Wednesday was found this weekend around 1 kilometre from the spot where he vanished and which was about to be searched by divers.

According to police sources, the body had been washed up onto the banks and was found near the Mértola docks in the early hours of Sunday morning.

Ironically, Saturday's dive

searches that had been suspended during the night were due to pick up where they left off the following morning in the same spot as the body was found.

This concludes three days of search and rescue operations for the nine-year-old, who disappeared along with the 43-year-old father.

The father's body has been detected a day after going missing, on the Guadiana's riverbed, in a

spot near where the two had last been seen. Around 80 people were involved in the rescue operation,

30 of which were divers, and other official entities including the Navy and the GNR.

Large drug-bust on the Guadiana

Portuguese Fiscal officials seized 2,200 kilos of pollen hashish during a late night vigil on the Guadiana River, near the bridge that connects the Algarve to Andalusia, confirmed sources close to the GNR.

According to the same source, the substance is three time more potent than standard hashish, and was packed in to 70 bags.

The boat was spotted during a maritime patrolling operation

late on Wednesday night.

Aware of the police presence, the two men on board managed to make a getaway towards the Spanish side of the river.

It is reportedly the GNR's maritime division's first big bust this year.

Following the seizure, the case was handed over to the PJ police, and Spanish authorities warned of the suspects that had fled into the country.

Grand Night of variety

A night not to be missed for lovers of good old fashioned entertainment who would like to support O Castelo de Sonhos charity in Silves.

On Sunday 16th September at 8.30pm the Auditorium in Lagoa will be turned into a variety hall for the many volunteers who have offered their multitude of talents to support this very worthy charity. Ballerinas, jugglers, singers and musicians plus local folk dancers and Fado performers are all lined up for this one off evening of entertainment. Don't miss the amazing Sand Dancers from the desert of Carvoeiro or

the dancing camel from the mysterious hills of Messines. There are exotic dancers from far off Lagos and a choir of angelic voices. A most incredible disrobing such as has never been seen before in the Algarve, nor likely to be repeated, will be performed and other delightful surprises are in store.

Enjoy an amazing night of great entertainment whilst supporting a charity that helps people to help themselves. Book your ticket for only 12 euros now and pay at the door. Telephone Sue or David on 282 330 242.

Jenny Grainer

An invitation to a seminar

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Alporchinos, Porches
September 14th

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There will be no charge to attend this seminar, but monetary donation would be appreciated.

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by email: mail@dr-bianca-toebben.de or
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Acceptances must be confirmed two weeks prior to date of seminar

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Guess what I've brought you from the Algarve!

If you are looking for a souvenir with a difference, why not seek out the tin man of Moncarapacho. Sixty eight year old João Maria Oliveira makes a range of typical tin products in his garage which is situated in a small village just outside Moncarapacho.

His best selling item is a shower made from a bucket with a shower head beneath, and a handle to hang it from the roof. Fill the bucket with water at your chosen temperature, stand beneath it, pull the release mechanism and you'll be doused with just enough water to ensure a good shower.

Does the bucket sell in such a sophisticated market? Says João, "I sold 50 yesterday at a local market, for €20 each. The foreigners love them and take them back to their country". He says, "this is my hobby, and it keeps me busy. It's better than spending the day in the local bar drinking." He certainly has the smile of a very happy man.



João Maria Oliveira hard at work in his garage. (Photo: The Portugal News)



João Maria Oliveira's workshop near Moncarapacho (Photo: The Portugal News)

Powerboat Grand Prix comes to Portimão

In October, Portimão will host the Portuguese P1 Powerboat Grand Prix of the Sea as part of a three-year deal for Portimão to be a host city for the UIM Powerboat P1 World Championships.

Portimão is already established as a host for other first-class international motor-sport championships, having proven its expertise in organising events. The city is now expected to provide an exciting spectacle for the

finale of the 2007 season.

Home to a number of acclaimed hotels and restaurants, boasting an idyllic year-round climate and stunning beaches, Portimão has established a reputation as one of Europe's most prestigious and fashionable resorts.

Contributing to this image is the €40million renovation to Portimão's Marina, which will play host to the P1 event. Facilities on the 25-hectare site include 620 moorings, a 4-star apartment hotel, shopping mall, water-sports centre and yacht club.

The marina development was intended as part of a major initiative to revitalise and enhance the coastline, creating a fresh energy

and impetus to attract all year round visitors to the area.

With 35,000 inhabitants, Portimão was once one of the most important canning and fishing centres in Portugal. Located at the mouth of the River Arade, the city provides a natural harbour and has been associated with many famous smugglers and pirates in the past. Its origins date back to a Phoenician, Greek and Carthaginian trading port, with some historians believing it was originally the notorious Portus Hannibalis named after the Roman general, Hannibal Barca.

The Portuguese P1 Powerboat Grand Prix is set to commence on the weekend of September 29th and 30th.



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João Maria Oliveira at work on one of his special bucket showers. (Photo: The Portugal News)

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Re: Algarve housing crisis

SIR, As reported in Portugal News and elsewhere, the Association of Building and Public Works Industries (AICCOPN) is anxious to attract expatriate buyers to boost the flagging Portuguese housing market. Leaving aside the obvious thought that the threat of rising interest rates, the housing market crisis in Spain and the collapse of 'sub-prime' lending in the US is rapidly becoming a universal problem for most potential second home seekers, perhaps the AICCOPN should look closer to home for a solution to their current dilemma.

The quite obvious fact is that the housing booms in Britain and Ireland finally appear to be on the wane with a consequent drying up of equity release purchasing power for second homes in the sun. Add to this, the recent availability of cheap housing in the old Warsaw Pact countries - Poland, Hungary Czech Republic etc - and in even hotter Eastern Mediterranean regions, and it can readily be seen that the eyes of a dwindling band of purchasers are increasingly drawn to much cheaper areas than Portugal. The problem though is vastly exacerbated by a much bigger local threat than (maybe only a temporary) loss of liquidity of European buyers and one that is unlikely to easily disappear without urgent, courageous action on the part of the Portuguese Government.

I refer of course to the sudden rigorous enforcement of tourist let licensing regulations which had lain dormant since the late 1990s; seemingly engendered through an unholy alliance of the hotel indus-

try-jealous of the revenue gained through the hitherto unregulated self catering industry, and central Government always looking at new ways of raising taxes and fees. It is not my aim here to explain the potential damage to the traditional tourist power base of the Algarve in particular, which in any event has already been identified by all of the local câmaras, but to see how this issue directly impacts on the housing market.

Anyone familiar with second home promotional TV (Place In The Sun, etc.) will readily appreciate that much is always made of the potential rental income from homes in major tourist destinations to ease the financial pain of the purchase. Many expatriates in the Algarve I am sure would admit to this 'buy to let' rationale with its valuable source of income during the years leading up to a more permanent occupation of their 'home in the sun' as a key factor in their purchase decision. At a stroke almost, this benefit to owners will be severely curtailed by the new licensing costs, and in any event the mere threat of snooping authoritarianism may cause buyers to look elsewhere for their purchase.

Consequently, we may be leading up to a similar crisis to that engendered by the offshore company taxation fiasco; only recently addressed by government reforms which may well be too late. Unlike the case of the latter, it may be not too late for the Government to rethink the whole system of regulation of the self-catering industry, and it should be to them that AICCOPN should appeal in the first instant as an at-

tempt to avert the housing crisis.

As a final note, and notwithstanding the above, I am bound to say that as a resident of the Western Algarve there seems to be little evidence of any reduction in the unbridled apartment block development in cities such as Lagos or the teeming golf course constructions each with their 300 to 600 plus villas and town houses. On the assumption that all this housing under construction or already built has a ready market, one could argue that there is no housing crisis at all - or am I being a little naive?

J. BALLINGER, By e-mail
Barlavento Hospital - Portimão

Reply to Mr. Lavery

SIR, Your letter's page 'Anchorman' Mr. Lavery is being less than understanding over my recent letter. I have said that my sexuality is known to those around me and that I am not in denial. My reasoning was that by mentioning the fact, my points may carry more weight than those of a homophobe with similar opinions. Would not many 'private' readers, resident in the Algarve, who have never felt the need to write to *The Portugal News* probably do so if, due to problems in the UK, there was a sudden influx of uncouth 'Brits' whose behaviour reflected badly upon them and, becoming 'tarred with the same brush', their own acceptance became questioned by the host community? I think that would be a reasonable comparison.

Without doubting Mr. Lavery's intellect and his obvious wide experience of life, methinks that he is the opposite of a 'private' person and, like the inveterate, extrovert joke-teller, craves the limelight just a little too much.

PETER NEWHALL, By e-mail

P.S. I hope I have not been so

eager to get into print that I have mis-spelled Mr. Lavery's name as he has my own!

Praise for Portuguese healthcare in the Algarve

SIR, Within the ex-pat community there are often conversations relating to healthcare and the local hospitals, and indeed, I have shared in some of those conversations. Some have had good experiences of the National Health Service and others have not been very impressed at all. My recent experience has been extremely positive and I wanted to write in order to encourage folk not to be too anxious should they end up in hospital here in the Algarve.

I have been visiting a patient for the past month in the intensive care unit and taking her holy communion and praying with her. As a Hospital Chaplain for nearly ten years in the UK I feel I can speak with some experience, and say that I was extremely impressed with the care this patient has received. Not just on the medical side, but the staff recognised her spiritual and religious needs and could not have been more helpful every time I have visited. I know this patient and her husband have nothing but praise for all the staff who have helped in the steady recovery that is being made.

ERIC S. BRITT, Priest in Charge, All Saints Anglican Church, Almancil

Stop illegal hunting near your home by using the law

SIR, Ref: Campo De Treino De Caça - The Department of Florestal at Patacão, who issue licenses for hunting have confirmed that the above activity carries no restrictions as do the other hunting regulations such as limitation to Thursdays, Sundays and Public holidays mainly between October and the end of February. This new activity is

permitted to operate in the designated zones any day of the year and will involve shooting "introduced" animals and birds for the purpose of dog training. If you would like advice regarding these signs or any other hunting - related problem in the areas around Apra, Gorgoes, Goldra de Cima or Sao Romao please contact us. Ourselves and our group of neighbours (Portuguese, British, German, and Dutch) have already had restrictions made in these areas because of illegal hunting and possibly you and your neighbours could extend the no-hunting zones around your own homes by using the law that states that no hunting is permitted within 250 metres of any property without the owner's consent.

Please phone (not late in the evening please) if you would like any help or advice.

NAME & ADDRESS SUPPLIED, TM 967648270

New speed limits?

SIR, I notice that many of the 50kph warning signs on the EN125 have been removed so that when approaching a built up area, the only warning is 70kph. This gives the impression that the allowable limit is now 70kph through these areas. Surely this cannot be a repeat of the cynical happening of about four years ago when they were also removed and suddenly the GNR was able to increase its collection rate as a result?

Most of the expatriate community will know that the limit through built up areas is 50kph unless otherwise signed. So who is this cynical ploy aimed at? It can only be visitors who may not be aware of the limits. These are the people upon which the Algarve depends - especially the 'quality tourists', which we are constantly being told is what the Algarve needs. I wonder if they will ever return if they are fined for 'breaking the speed limit' which is clearly signposted 70kph?

Surely visitors should be welcomed? Not harassed as soon as they arrive. The classic was when visitors were being stopped as they drove from the airport in their hire cars to ask for their paperwork. I'm afraid that much of the effort and resources of the Tourist Board are being wasted by another branch of the govern-

ment, which clearly has different objectives and is not concerned about the continuing prosperity of The Algarve.

NORMAN THOMPSON, Guia

A downward spiral?

SIR, Are there others like ourselves and our friends, who are becoming increasingly concerned about what is being promoted and advertised as entertainment in Portimão?

Earlier in the year huge hoardings invited us to a Festival of the Occult, and this past week we have heard of and read about a three-day 'steamy' Sexy 2007 exhibition. The title and introduction described it as an 'unprecedented taboo-breaking exhibition.' Further on in the article the reporter talks of young crowds watching 'in awe'. May we respectfully ask the writer to look up the word 'awe' in the dictionary before using it in this context?

How is it possible for the activities described, to be done in a 'tasteful and non-offensive fashion?' Especially as in the next paragraph he describes those participating in an 'adult movie' as having 'few scruples'.

We know that we cannot force our ideals on adults who want to take part or view this type of exhibition, but we can voice our concerns about what seems to us to be further evidence of the moral downward spiral in which the things we hold dear are constantly being undermined. Although the exhibition was said to be targeted at those over 18, adverts were given out during the day-time on Kiss FM which some people with youngsters listening in found offensive.

Do either the Portuguese nationals or foreigners living here really want their young people exposed to invitations to delve into the occult or get involved in dubious sexual practices? We would strongly urge all those who answered no to the above question to seriously consider lobbying the relevant authorities in Portimão, as we intend doing, to refuse permission for these types of activities to be held in the future.

TONY & LOIS HERRINGTON (and friends), By e-mail

More letters pg. 58

Portuguese for Beginners

Emília Rosendo

101

THIS LESSON:

Arrow words with the letter 'r'

ARROW WORDS

① In this puzzle, all you have to do is use the clues to find the nine words. Each word contains the letter "r".

1	R				
2		R			
3			R		
4				R	
5					R
6				R	
7			R		
8		R			
9	R				

- É um objecto frequentemente usado pelos alunos nas escolas e serve para medir.
- É um alimento muito apreciado. Pode ser prato principal, acompanhamento ou até doce.
- É um dos meios de transporte aquáticos.
- É o oposto de 'rico'.
- É um verbo que significa deslocar-se de um lado para outro, especialmente a pé.
- É um dos meios de transporte terrestres.
- É o oposto de 'longe'.
- Caverna natural ou artificial.
- Criança ou adolescente do sexo masculino.

② Complete with the arrow words.

- É um país muito ... onde existem muitos mendigos.
- Eles têm três filhos: duas raparigas e um ...
- A Espeleologia é um desporto que consiste na exploração de ... e de cavernas.
- ... diariamente durante alguns minutos é bom para a saúde.
- ... de marisco é o meu prato preferido.
- Ele estacionou o ... e apanhou o ... até à outra margem.
- Esta ... mede 30 centímetros.
- A minha casa não é longe da igreja, é ...

1977

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This was the year **The Algarve News** and **Two Weeks in the Algarve** were first published. They later merged and **The Portugal News** was born. Our celebration anniversary issue will be published in November and we are inviting our readers to submit any stories, memories and photographs relating to the past 30 years.

We can hardly wait to hear from you!





FATACIL, Lagoa
 Sab/Sat 22
 Dom/Sun 23
 Setembro
 11:00h - 20:00h

Bring the whole family to enjoy a very special day out. Old favourites include the **Food Arena** where you can enjoy refreshments while you watch the entertainment on the stage; Over 150 **Stands** and exhibits with everything for home, garden and lifestyle; **All Day Entertainment** with a truly international lineup performing from 11.30 to 20.30.

New features for the September fair include the **Motor Show** where you can see the latest models; **Show Gardens** where landscape gardeners demonstrate their skills and participate in **The Portugal News LANDSCAPE GARDENER 2007 Award**; **Puff Park** an adventure area with several giant inflatables, clowns, face painting and a real fire engine to explore; **Arts & Crafts Market** where artisans will show off their wares. **The Algarve Property Show** for visitors who are thinking of buying or selling plus helpful seminars each day.

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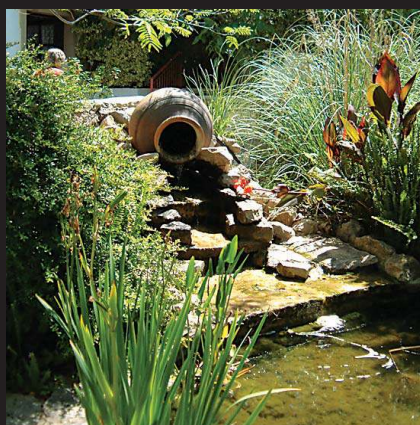


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Entertainment

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 From Lagos and Portimão on the E125 Keep straight to Lagoa, continue ahead through

Lagoa until you see the Blue Elephant Car Wash, FATACIL is on the opposite side of the road.

From Faro and Albufeira direction on the E125 As you approach Lagoa, pass Barclays Bank (on your right) and the entrance to FATACIL is on the left hand side of the road by the traffic lights.

Not tonight darling - I'm

Looking forward to lots of sex on holiday or dreading the thought of being trapped with your partner and having no headache excuses left? We ask the experts how you can put the sparkle back in your sex life on that break away.

Sun, sea, sand and sex are many people's expectation of a holiday. But while we may be lucky with the first three, the fourth - that sparkling sex life - may not be as predictable. Changing locations doesn't guarantee our partner turns into a love god or dumps that habit of endless headaches to avoid intimacy.

Relationship psychologist Dr Pam Spurr explains: "Often people expect too much from holidays. They assume that their relationship and sex life will be 'perfect' when they can spend time together, or that a break will act as a sticking plaster and patch up any problems."

"The truth is usually somewhere in the middle. A holiday is

a great time to chill, chat and rekindle affection as long as you don't make too many unrealistic demands on each other emotionally or sexually."

A fundamental mistake is to unpack emotional problems along with the suitcases, she warns. "Try instead to enjoy each other's company and use the time to look afresh at your situation. Recall the feelings you had when you first met and were care-free and dating, and put aside the day-to-day niggles that may be eroding your relationship."

Sharing time together can turn into a 'second honeymoon' if it's used well and sex isn't over-emphasised, she counsels. "With increasingly busy lives it's all too easy for couples to lose contact with each other's feelings and

even interests. It's hard to be suddenly intimate again with someone, if over the months you've not had time to find out little things about their life, like their latest favourite television pro-

gramme, a new friend or a worry-ing problem at work.

"Just talking and regaining that closeness can be a huge tonic for a couple. Bear in mind it's not the holiday that makes sex great, it's

having relaxed time together."

She advises that some pre-vacation preparation with a partner - as important as arranging the jabs and the kennels - could help ensure a holiday's not a damp squib romance wise.

Follow Dr Spurr's advice on dealing with the most common holiday passion killers.

:: PROBLEM: On the first few days of our holiday my partner and I always snap at each other and he often says hurtful things which I find hard to forget. What can I do?

Dr Pam says: "The first few days of a holiday are often stressful and fraught as you're both probably tired and maybe haven't spent so much concentrated time together in a while."

"Squabbling may feel worse while you're away rather than at home because we all have such high expectations of the 'perfect' holiday. So initially allow yourselves time, and maybe some space apart doing different activities, to chill out and unwind."

"Resolve between you to try to consider more what you say to each other in the first tricky few days, but do also try to talk to your partner about how much the hurtful criticism affects you. It can cause great

damage to a relationship, not just a holiday."

"A key ingredient in a good relationship is treating each other with respect, and being kind and courteous on a daily basis."

"If there is an ongoing issue which needs dealing with perhaps that could be discussed before you go."

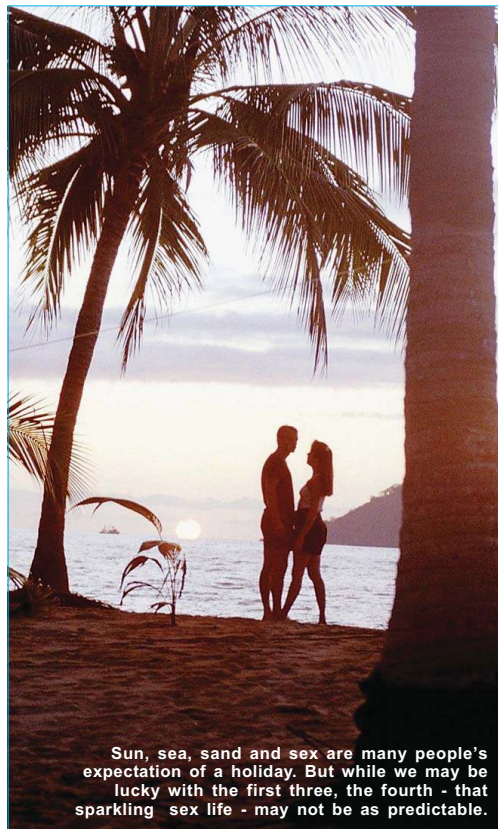
:: PROBLEM: I have a demanding job and work long hours so my wife says our holiday is an ideal time for us to discuss our problems. To me it feels like an annual nagging session and it's putting me off going away.

Dr Pam says: "It's a common cause of resentment when one partner wants to raise 'issues' and the other doesn't."

"Your wife may feel you never have time to listen to her, which makes her feel misunderstood and invisible. Suggest to her that you set aside a certain time in the holiday to talk in a relaxed way about issues. That way it's compartmentalised and it doesn't spill over into the whole trip."

"After that call a truce and promise that if you can't resolve things on that occasion you'll make another opportunity when you get home."

"Use the rest of the holiday as



Sun, sea, sand and sex are many people's expectation of a holiday. But while we may be lucky with the first three, the fourth - that sparkling sex life - may not be as predictable.

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on holiday!



"I have a demanding job and work long hours so my wife says our holiday is an ideal time for us to discuss our problems. To me it feels like an annual nagging session and it's putting me off going away."

a chance to refresh your relationship. Live in the present, not the past or the future, and plan to do some new things together. Choose an activity you've both never done before where you can relax together, have fun, and so have other memories and things to talk about."

PROBLEM: When we're away my boyfriend always wants to meet new people and socialise, especially with attractive women! It makes me really jealous as I'd like us just to be together.

Dr Pam says: "This is such a common cause of arguments.

People have such varying needs for socialising and it's really about balance. Compromise is the key here so if you resent the time and attention he gives to others suggest maybe that one night you socialise and the next you spend time alone so that both your needs are met.

"Alternatively, you may feel insecure in yourself, are underconfident about your looks and this makes you mistrustful when you see him with women you fear are more attractive than you. Or you may believe your partner's socialising is serious flirting.

"Discuss it with him. If he's behaving innocently and he cares about you he will try to act in a more sensitive way. Jealousy is destructive - so try to sort out why your feeling this way and if your suspicions are justified."

PROBLEM: I hope our holiday is going to revitalise our sex life, and would like to try to have some fun and experiment, but am worried my partner might take it as a criticism.

Dr Pam says: "A holiday is a great time to feel freer, away from routine and in a different environment. Giving yourself permission to try a few new things is a

The Sex Doctor's guide to teasing and pleasing your lover

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Author of the No1 Bestseller *Sinful Sex* and *Sensational Sex*

DR PAM SPURR

Fabulous Foreplay, by Dr Pam Spurr, is published by JR Books, priced £7.99/€11.85. (All photos: Press Association)

great idea as familiarity is the enemy of an exciting sex life.

"Do approach it gently, especially if your partner is not feeling so confident. Reassure him that while your sex life is good, variety can add a little exciting sparkle.

"Fantasy is fun, such as pretending to be strangers on the plane journey, to the resort, and sharing cocktails and flirting to get you in the mood.

"Also, don't rush into having full sex, instead indulge in 'before play' - which involves relaxing, talking and appreciating each other more before you get intimate. Shower together, swim together, or build in some anticipation by spending an afternoon apart and meeting later for 'a date'.

"But one warning - don't put too much pressure on yourselves to 'perform' to order, or imply

an improved sex life is key to your surviving as couple. That will ruin any spontaneity and make you both tense. Instead, go with the flow, and experiment if you're both in the mood."

Gabrielle Fagan

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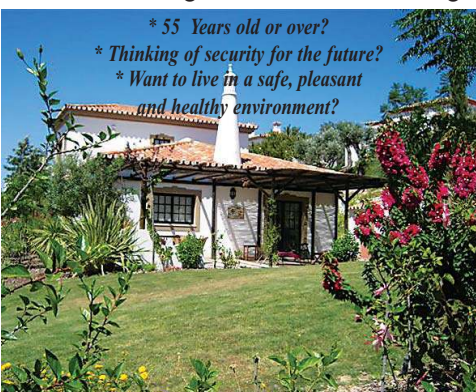
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Cardiff's cutting edge cool



In principle, treating yourself to a short city break is a great idea. But the hassle of a crowded airport, juggling passport, currency and phrasebook - only to repeat the process in reverse a few days later, can make getting away more trouble than it's worth.

Luckily, there is a place you can escape to - where the locals speak a melodic foreign tongue, the shopping will do serious damage to your credit card, and the options for going out on the

town are many and varied - without needing to take your passport. That destination is Cardiff.

The Welsh capital, located on the Glamorgan coast, is just two hours by train from London's Paddington Station and, even though I nearly convinced my New Zealander husband otherwise, you don't need to go

through immigration control. In fact, barely 10 minutes after arriving at Cardiff Central station we were strolling into our hotel, the recently refurbished Park Plaza.

On a misty winter night it was hard to drag ourselves away from the roaring fires in the hotel's grand lobby, but we'd heard so much about Cardiff's nightlife -

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the joys of which are often extolled by singer Charlotte Church - that we were on a mission. The city has undergone something of a cultural revolution in recent years - and while sports fans can make a pilgrimage to the Millennium Stadium or sink a few pints of Brains beer, there's plenty to do if you're not the sporting kind.

We started our night at Capsule, a minimalist cafe-bar with adjoining art gallery run by Welsh fashion and music label Acid Casuals. The candle-lit bar was a snug shelter from the rain outside and, with a good wine list and tempting menu, it was difficult to tempt ourselves away. And to be fair, we were nearly paralysed by choice.

Should we find ourselves another cosy bar, head to the trendy Pontcanna area - Cardiff's Soho - where media types and A-listers prefer to drink, or make our way to the revitalised Mermaid Quay?

Indeed, the next morning, over a hearty breakfast in the hotel, it seemed all our fellow guests were recovering from sampling the city's many bars and restaurants. But there's more to do in Cardiff than just nurse a hang-

over, and we set off on a day of exploring.

A visit to Cardiff Castle - dubbed the UK's grandest council house - is another must. The castle's thick stone walls contain more than 2,000 years of history, dating from the arrival of the Romans in the first century AD. A keep was added after the Norman Conquest, followed by more medieval fortifications and other buildings.

But the castle really came into its own in the late 18th century, when it came into the possession of the Bute family. The second Marquis of Bute - an astute man in the right place at the right time - is credited with transforming Cardiff into the world's greatest coal exporting port.

The castle - and the resulting family fortune - passed to his son John, who by the 1860s was reputed to be the richest man in the world.

The third Marquis used his wealth to turn the castle into a dazzling showpiece, hiring architect William Burges to preside over a 16-year project to transform it into a fairytale palace.

The richly decorated rooms boast lavish murals, stained glass windows, intricate carvings and

marble floors. Such opulence is particularly impressive when you learn the family only spent six weeks in residence there each year.

The Bute family gave the castle to the people of Cardiff in 1947 and the new owners - the council - are currently investing about £8 million on a conservation project to ensure it continues to delight visitors for years to come. No doubt the two Marquis' would be pleased to know that money is still being poured into their pet project.

Of course, no mini-break would be complete without a bit of retail therapy. While Queen Street - the main pedestrian area - features all the usual high street stores, the real gems are hidden in a network of Edwardian and Victorian arcades off nearby St Mary's Street. Here boutique shops and independent cafes nestle into character-filled shops, boasting desirables for the most discerning shoppers.

Foodies will love Wally's Delicatessen, tucked into Morgan Arcade, while fashionista types will find dream dresses and party frocks at Pussy Galore in High Street Arcade.

If you've left the children at



Pictured above: Queen Street, Cardiff, South Wales; and left: Cardiff Bay at night. Opposite page - top left: Cardiff Bay and Millennium Centre; top right: the luxurious St. David's Hotel and Spa; and bottom: Morgans Arcade, Cardiff. (All photos: Press Association)



options as fully as possible, it was physically impossible to visit them all. And, of course, we wanted to leave some for next time...

TRAVEL FACTS

Lucy Corry was a guest of Visit Wales, and she stayed the Park Plaza Hotel in Greyfriars Road, Cardiff. Park Plaza reservations: 00 44 (0)2920 111 111 or go to their website at:

www.parkplaza.com/cardiffuk
Visit Wales enquiries: 00 44 (0)800 915 6567 and online at www.visitwales.co.uk

More information on the delights of Cardiff is available online at www.visitcardiff.com

Other websites include Capsule (www.acidcasuals.com/capsule/index.php) and Wales Millennium Centre, Cardiff Bay (www.wmc.org.uk).

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home there are loads of great stores with treats to take back for them - and for a real Welsh souvenir, stop by Melin Tregwynt to find beautiful woven fabrics, blankets and decorative pieces made using traditional Welsh materials and methods.

The New York Deli in the Duke Street arcade, or Zushi - a sushi conveyor belt restaurant on Newport Road - are good spots for a restorative bite to eat when those shopping bags get too heavy, but if you want a real blast from the past, head for the covered market where you can join the locals in a feast of faggot and peas.

Visitors with more modern tastes will love the Wales Millennium Centre, which opened in November 2004 in Cardiff Bay, a short drive from the city centre. Love or hate the cultural venue's cutting edge design, you can't deny its impact.

If you really want to push the boat out, consider a night at gor-

geous St David's Hotel and Spa in glittering Cardiff Bay, named as one of the world's top 20 destinations by style gurus Conde Nast. Even if £260/£385-a night rooms are beyond your budget, it's worth treating yourself to dinner at the gorgeous Tides Grill, where ex-Savoy Hotel chef Georg Fuchs presides over a kitchen creating haute cuisine from the finest Welsh produce.

Local lamb is an obvious standout, but there are plenty of luscious seafood and game options to drool over too. Servings are generous, but make sure you leave room for the desserts, especially the almost-too-beautiful-to-eat chocolate assiette.

If you prefer a slightly more lively atmosphere, there are plenty of options in the bars and restaurants of Mermaid Quay, a short walk along the waterfront from St David's.

There are more bars here than you can shake a stick at - and even though we wanted to research our

1977

Remember this year?

This was the year **The Algarve News** and **Two Weeks in the Algarve** were first published. They later merged and **The Portugal News** was born. Our celebration anniversary issue will be published in November and we are inviting our readers to submit any stories, memories and photographs relating to the past 30 years.

We can hardly wait to hear from you!



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Who really wears the trousers?

After Roy Keane branded footballers "soft" for being dominated by their WAGs in important decisions, we reveal how to tell who rules the roost in your relationship and if things can change.

The war against WAGs is on. When Roy Keane branded professional footballers "soft", their wives and girlfriends were shaking with anger in their Jimmy Choo shoes.

Last week the Sunderland manager declared that players are overly influenced by their part-

ners wants and needs - even turning down lucrative contracts with the football club to keep their other halves happy.

"I find it surprising that geography seems to play such a big part or that players let their wives decide," the Irishman ranted.

"I think it's weak. You see it

with a couple of big players now. Clearly their wives and girlfriends are running their lives and that's a bad sign."

Chelsea player Frank Lampard obviously has no objections to taking orders. He reportedly obeyed WAG Elen Rives' recent instruction to quit London to concentrate on family life at their country pile in Surrey. The removal vans were ordered pronto.

The age old debate of who wears the trousers in a relationship rages on. It seems there aren't many couples with a limb in each trouser leg...

Control Imbalance

It's not uncommon for one partner in a marriage or relationship to call all the shots. And often it's the other poor partner branded "under the thumb" by their peers.

The signs are pretty easy to spot, according to relationship coach Peta Heskell: "It's always easy to notice who's in charge," she says. "Who walks into the room first? Who hangs on the others arm? Who talks loudest? Who is the most dominant conversationally? Who makes the decisions?"

Whether you feel that you're the stronger or weaker force in your relationship, Heskell believes both parties may have issues to address if they want their partnership to go the distance.

"Problems with control stem from lack of self esteem on both sides surprisingly," she explains. "The controlling partner will always seek a 'victim' type person because that allows them to feel strong - they need to dominate to feel good."

"The weak partner will naturally be attracted to someone who makes all the decisions because they think they can't. Ultimately both partners will feel dissatisfied."

Tug Of Love

Strong women in the media spotlight such as Victoria Beckham, Jennifer Lopez and Angelina Jolie are prime examples of ladies who regularly take charge of their man.

"Women are forcing men to become softer, as we take more control," says Kate Taylor, relationship expert for Match.com. But is this necessarily a good thing? It seems Taylor is on Roy Keane's team.

"Of course it's a positive that we are no longer chained to the sink, saying 'yes sir, no sir' all day, but women can become drunk on liberation and end up calling all the shots in a relationship, from booking restaurants to managing the bank accounts."

"You have to ask yourself: do I want this kind of arrangement? Often the dominant partner can feel overwhelmed by the amount of work they've taken on."

Perhaps giving your partner the opportunity to keep the 'controlling trousers' in their own closet is the answer.

Taylor says: "Be warned. You have to give your partner space to flex their muscles occasionally, or they will give in for a while to keep the peace, then dump you

for someone more trusting and appreciative."

Changing Faces

Whether you're in a fledgling relationship or soon-to-be celebrating a landmark anniversary, you may well have changed your behaviour without realising.

"Typically in long-term relationships a pattern often develops where people soon fit into roles," says psychiatrist and relationship expert, Dr Victoria Lukats.

"One person may tend to look after the finances and their partner may take on a more active role in choosing where to go on holiday or how to decorate the house, for example."

"It's usually true to say people with particularly dominant and assertive personalities are better suited to partners who are slightly less assertive and more supportive."

But changing your other half may not be mission impossible. With a lot of hard work (and tact) you may make the transformation from hen-pecked husband to macho man, or bully boy into meek-and-mild gentleman.

Lukats has this advice: "The first thing you must do is make the other person aware of how they make you feel and it's best to do this in the context of specific examples, otherwise they will feel their personality is being generally criticised and berated."

Instead she advises wannabe WAGS: "You then need to give

constructive feedback in a non-heated manner as to how you would have liked the situation to have been handled."

"It's almost impossible to change deeply ingrained personality traits," Lukats continues. "However, with some effort and big consideration of your partner's feelings it is possible to adapt behaviour."

Ying And Yang

Every couple wants to achieve harmonious balance in their relationship. Heskell has these expert tips on how to put bickering about control in the past:-

· Seek balance within yourself before you get into a relationship. That way you will attract someone who is more balanced.

· For a balanced relationship to work both partners have to be willing to make changes.

· To achieve a shift one partner has to wake up and develop an observer stance as to what is going on both in themselves and the relationship.

· Both partners have to let go of any blame and actively decide to take more/less control in the relationship.

· If problems are consistently arising due to a control imbalance, it might be advisable to work with a coach or counsellor who will mediate between a couple.

For more information on Peta Heskell visit www.findtheloveyouwant.com

For more information on Victoria Lukats visit www.parship.co.uk Lisa Haynes



It's not uncommon for one partner in a marriage or relationship to call all the shots. And often it's the other poor partner branded "under the thumb" by their peers. (Photo: Press Association)



Kate Taylor, relationship expert for match.com. (Photo: Press Association)

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Thumbs-Up for Fusi

Ten kilometres from Semonkong town is our nearest cattle post. It is isolated, with no road access and set high on the mountain tops of the Maluti mountains.

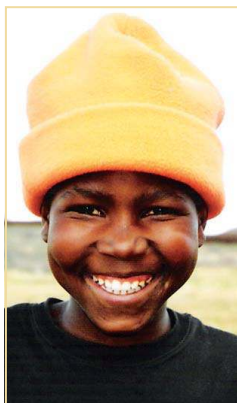
There are many cattle posts throughout the mountains of Lesotho. It is here where the shepherds build temporary flimsy grass huts. They are built for sleeping-in and to protect the shepherd from the elements. There is a cluster of ten or twelve low grass huts at our cattle post. If you have sharp eyes you can see them from the dirt road to Maseru.

Early rains arrive in September/ October. With the rain and the warmer temperatures the Spring grass appears. It is time to move the herds of goats, sheep and cattle to these high pastures. The herds and their shepherds will remain in the cattle post area until the end of autumn, April/May. At the start of winter it is a common sight to see a shepherd with his donkey laden with a metal cooking pot, blankets, plastic water container and sometimes even a home made guitar moving through the mountains. These are all the belongings of a shepherd. The herds are moving to the lower warmer valleys. It is estimated that Lesotho has 60,000 shepherds ranging in age from eight years.

As more and more boys become orphans as a direct result

of the HIV/Aids pandemic, so the age of the shepherd gets lower. Some of the little shepherds do not look old enough to have left their homes, let alone be exposed to the rough and tough lonely life of a shepherd.

Our Fusi was a typical shepherd.



11 year old Fusi, who was a typical shepherd.

herd. He joined the cattle post in February 2006 after the death of his father Mohlooa, who drowned, swept away in a swollen raging river. His mother had her five daughters living at home and there was insufficient food

to support the whole family. Added to which his mother Thetewe was sick with TB.

The family was in crisis. She could not work. The oldest daughter left home and married an older shepherd. Fusi, aged ten years, was taken by his old Great Uncle to the high mountains to become a shepherd.

He received no money for his fulltime labours but he did get food, a blanket and boots. At the end of one year his family received two animals as his annual payment. An experienced shepherd can earn six to ten goats or sheep a year.

Sadly, in February 2007, MeThetewe also died. The Great Uncle brought the four girls to our Children's Centre. Twins called Eglet and Ntsieng, Maria and Nomoso.

A week later old Uncle returned and asked that if he could possibly get Fusi released from his work as a shepherd; would we let him live-in?

We agreed. Fusi arrived in a ragged blanket, underweight but wearing one big grin.

He had missed one year and one term of school. Most shepherds receive no education. They cannot read or write. He started with 2nd term this year. We are delighted with his school report. He is one smart boy and is now the top of his class.

A stranger in our home

A few years after I was born, my Dad met a stranger who was new to our small Texas town. From the beginning, Dad was fascinated with this enchanting newcomer and soon invited him to live with our family. The stranger was quickly accepted and was around from then on.

and my mother blush.

My Dad didn't permit the liberal use of alcohol. But the stranger encouraged us to try it on a regular basis. He made cigarettes look cool, cigars manly and pipes distinguished.

He talked freely (much too freely!) about sex. His comments were sometimes blatant, sometimes suggestive, and generally embarrassing.

I now know that my early concepts about relationships were influenced strongly by the stranger. Time after time, he

opposed the values of my parents, yet he was seldom rebuked.. And NEVER asked to leave.

More than fifty years have passed since the stranger moved in with our family. He has blended right in and is not nearly as fascinating as he was at first. Still, if you could walk into my parents' den today, you would still find him sitting over in his corner, waiting for someone to listen to him talk and watch him draw his pictures. His name?..... we just call him, "TV."



Compassion for the Lesotho Aids orphans

Jill Kinsey is a missionary with a heart for the destitute, especially children.

In February 2006, under the authority of the Lesotho Methodist Church, Jill officially opened a Children's Centre in Semonkong, to alleviate the suffering of the 2,000 AIDS orphans in the area. Initially 21 of the most desperate orphans, between the ages of 6 and 14 years, were given a place to live.

Today that number has grown to 61 children. Semonkong consists of 84 rural villages in Lesotho, Southern Africa.

To find out more, email jill@leo.co.ls or visit her website www.freewebs.com/

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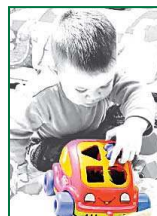
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Jill Kinsey and the some of the orphans from the Children's Centre in Semonkong.

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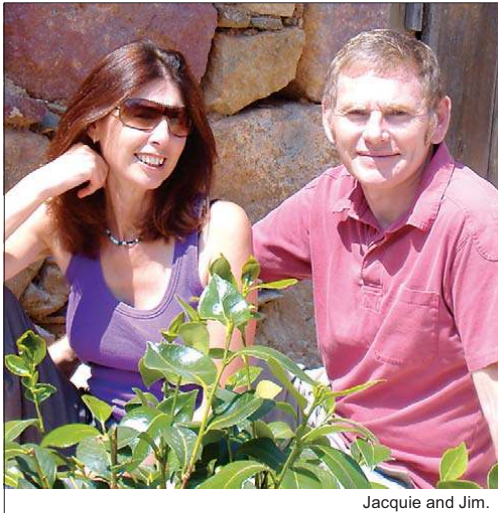


Be More Natural is a new website business in Portugal promoting natural, chemical free products. Jacque and Jim have created this site for those who prefer to use pure, natural products everyday and want to make shopping for them easier.

The couple believe there are good reasons to buy natural products as they can improve, support and maintain your health, help reduce allergic reactions and they are kinder to the environment.

This website brings together a range of organic and natural everyday products which are free from harsh chemicals, ideal for people who have allergies or sensitive skins. Often, by reducing exposure to chemical additives and perfumes, irritating symptoms like itchy skin, eczema and sneezing can be reduced and sometimes eliminated. Their experience of many years in helping people with allergies and identifying suitable alternative products from responsible suppliers has prompted them to develop this site. By making it easier to choose and buy natural products and cutting out some of the time consuming searching and enquiring, they hope it will benefit many people.

Be More Natural customers will be able to choose from a wide range of products, including products from two new companies they are introducing to Portugal. Natracare – producers of organic cotton items for feminine hygiene and Green People's natural skin care products,



Jacque and Jim.



both companies are well known in the UK and other parts of Europe.

So far the website provides daily skincare, hair care and personal hygiene products, as well as water filters, essential oils, organic

cotton clothes and items for children and young babies. Gifts ideas and special offers will be offered from time to time. Be More Natural are distributors for Green People and Natracare here in Portugal.

To find out more you can click onto the site at www.bemorenatural.net or email Jacque and Jim at: admin@bemorenatural.net. Alternatively, telephone: (+351) 235 778 000.

Property Matters and Management - delivering a service where others don't



There is nothing better than first-hand experience to pinpoint exactly what does and does not underline an efficient property management service. After years of living between the Algarve and the UK, Tony Ginn, along with business partner William Moore, decided to start their own company, to deliver where others fall short.

Now four months into their venture business is flourishing and it is clear that there is still a need for a company like Property Matters and Management.

With the sole purpose of "doing what we say", Tony and William endeavour to much more than a simple property management company, where clients do get what they sign up and pay for.

Firstly, the company aspires to deliver only and exactly what the client needs. From general pool and garden maintenance and housecleaning for residential properties and holiday rentals, to electrics, building projects, and plumbing. Experienced advice on renovations, construction and general property investments can also be given.

Convenient options include the rental of large and small electrical appliances, such as heaters, fans, dehumidifiers, cookers, TVs, and rentals of smaller items for domestic use. As Car rentals, minibus and airport transfers can also be arranged at unbeatable prices, with 'Meet & Greet' either at the airport or at your villa, for extra information and that personal touch.

Satisfying enquiries for long-term rentals has also proved an important part of their services.

Both Tony and William have lived in the Algarve for a number of years and have considerable insight as to the regional property and management markets.

William previously enjoyed a

challenging and fulfilling three-year career with leading real estate company Winkworth, whilst Tony is at the helm of Boliqueime's renowned and equally successful Piri Piri restaurant. Therefore, an outstanding catering service for any private function is also available. Furthermore, due to demand, Property Matters and Management have developed a professional 'House Sitting' service, so you need not worry about leaving your home unattended or inhabited whilst away.

Their combined experience and contacts has also allowed the duo to build up a team of qualified professionals, to offer advice on other related subjects, like real estate legalities and mortgages.

Lawyers and financial advisors

comprise their team and can cover a number of property-related issues including sales, purchases and rental advice. As a new business in the central Algarve area, Tony and William are aware of the importance of being consistent with their product and endorsing their slogan "We deliver the service where others fail". Therefore Property Matters and Management offer a seven-days-a-week service, any time of year. For more information, contact Property Matters and Management on: (+351) 913 638 398, 914 776 057, 969 361 603, or email: pmam.co@hotmail.com. Property featured courtesy of Winkworth. For more information on this or any of Winkworth's properties that are currently for sale, contact Property Matters and Management.



Ready to take your call: Tony Ginn (left) and William Moore.

Algarve Pure Water Systems, a fresh approach to water



Algarve Pure Water Systems was established to fill a niche in the market for innovative ways to purify swimming pool and domestic water with safe, reliable results, in their words, to take the 'guess' and 'work' out of purifying water, and to enjoy 'water for life'.

It was after a trip to the Lyon pool exhibition in France, 2006, that Kevin Bain and wife Sue decided to approach one of the exhibition's leading companies with the intent of bringing their products to Portugal.

They obtained exclusive distribution rights for Aqua Mediterranean products in July this year, and haven't looked back since. Algarve Pure Water Systems offers a full range of water treatments for swimming pools, drinking water and water softeners, with perfect results every time.

Comprising this range is equipment to automatically treat pool water, using either salt or an advanced ionisation system, with a self-diagnosing doser that analyses the PH in water to maintain optimum levels. Both systems have many advantages over chlorine that are common knowledge, the most noticeable being smell-free results, with no red eyes or irritated skin.

There are water softeners for both hard and soft water. A 'Water for Life' system comprises a 'third-tap' filter that can be easily installed in any home and effectively treats existing water supplies, either from the mains network or most boreholes (pro-

viding water is of an acceptable standard), and is a fantastic investment that saves time, money and helps preserve the planet. This product will be launched at the upcoming September International Algarve Fair, at the Lagoa FATACIL Showgrounds, on the 22nd and 23rd.

Another revolutionary product the company will be introducing is a ground-braking piece of machinery that will create pure drinking water from the air.

As a fan aspirates the air, which passes through a condenser, the water contained is transformed into droplets that are then recuperated in a reservoir and treated to provide exceptional drinking water. This product is as yet relatively unknown and will be a first for Portugal.



The revolutionary water-condensing dispenser.

All equipment will be delivered and professionally fitted anywhere in the Algarve. For more information, contact Algarve Pure Water Systems on: (+351) 281 370 845, or mobile 965 688 018.

Neil & Emily Richardson Removals



Moving should be an enjoyable part of a new adventure or new home, or so say Neil and Emily Richardson of Neil & Emily Richardson Removals. Their efficient service and approachable, friendly manner has helped ease the stress of moving for many people over the past three years, and they continue to flourish in their mission.

Now established in the Algarve for three and a half years, what started as local removals has now blossomed into a world-wide service that covers professional packaging, local, national and international removals, and storage.

Whatever part of the world you have an item (or a full container) to send to, then this is the company to call.

Enjoying the collaboration of a few trusted companies, with whom they work hand-in-hand, Neil and Emily Richardson can ensure your goods reach their destination in time and intact. The company is also now a member of the British-Portuguese Chamber of Commerce.

Containerised shipping and airfreight with full customs clearance can be organised leaving you free of any paperwork or documentation worries. Professional packing materials can be supplied, or can be packed and wrapped for you.

With their own fully alarmed warehouses in the Algarve and the UK, the company caters for both long and short-term storage. If you need a hand dismantling furniture this will be done with pleasure, and any furniture that they dismantle, Neil and

Emily Richardson will ensure it is again properly assembled at its destination.

Now in the Algarve for four years, Neil and Emily have recently settled in Santo Estevão, in the Eastern Algarve, where they have bought a property.

"Every day we get up and look forward to our day ahead. It's not with every job you get to travel the country and see new places", she says.

"And we love being here. We are definitely here for the long run".

Holding a class 1 driver's license, Neil has more than 21 years' experience in the removals business, whilst Emily has seven. She is also fully trained by BAR

(the British Removals Association) in professional packing.

Quotes pertaining to each individual customer are given free of charge, with door-to-door prices calculated by on-site or listed volume assessments, with no hidden extras.

There are no language barriers, as the couple and their team speak English, Portuguese and French, amongst others, and to finish off the job, a full inventory of any transaction is documented to provide you with a complete, stress-free, door-to-door service with a smile. For more information, call Neil & Emily Richardson Removals any time, seven-days-a-week, on: (+351) 939 486 870 or 281 963 191.



PROPERTY

An 11 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 8 Sep 2007

PROPERTY OF THE WEEK

Bespoke homes in a beautiful location



If ever there were an opportunity for a sure-fire investment in property or location, then this would be it. Timber Homes Algarve, in collaboration with Calico Park, Vila Nova De Cacela, have devised an innovative project to offer outstanding customised properties, on prime plots, in one of the region's most stunning natural areas of unspoilt beauty, at a snip of the price of regular real estate.

Located in the Eastern Algarve, between Monte Gordo and Tavira, Calico Park is a well-established and privately owned residential park, situated within a five to 10-minute's drive of some of the region's most beautiful beaches and historical villages.

Just 40 minutes from Faro airport and an hour's drive to Seville, Calico Park is open all year round and offers a privileged location that is private and secure, whilst being within one of the Algarve's most sought-after post-codes, on the fringes of the Ria Formosa nature reserve.

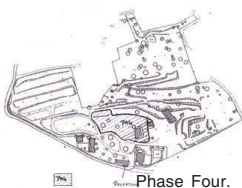
A few kilometres east is the Guadiana River and there are a number of acclaimed golf courses, tennis courts, family and other at-

tributes with 15 minutes of the park.

Those looking to invest in the region now have a rather different and very attractive proposition to consider.

Calico Park is currently marketing a recent development within its grounds, its exclusive 'Phase Four'. These plots will be solely available for construction of Timber Homes Algarve luxury Lodges, built to the clients own design.

After paying a deposit, future owners will have the opportunity



to choose their plot (on a first come – first served basis) as well as the opportunity to design their property to their specific needs and desires, or choose from Timber

Homes Algarve pre designed range starting from 34584-00 to €45668-00 inc IVA. As always with Timber Homes Algarve, these homes will include all fixtures and fittings (excluding white goods), can be built to any size or shape (no restrictions except imagination), and are covered by a 15-year structural guarantee. Please visit www.timberhomesalgarve.com to see these beautiful homes.

These can then be used as either full time homes or as an affordable holiday residence, and present an outstanding cost-effective alternative to standard real estate. All future Calico Park owners will benefit from the many advantages their on-site location entails, such as a restaurant, a large pool with sea-view, 24-hour security, panoramic coastline vistas, a supermarket, laundrette, and private parking etc.

Calculations have shown that by investing in the Calico Park / Timber Homes Algarve development, clients will be able to live for 15–20 years on this luxury devel-



Calico Park
ALGARVE PORTUGAL

opment before equalling the initial cost of investing in a similar conventional constructed property, (including ground rent, fees, etc)

Another advantage, as well as the health and comfort benefits of living in a timber structure, is the fact that no SISA tax or solicitors' fees are required to purchase a home on Calico Park. Furthermore, if you wish to rent your property when not in use, excellent rental returns can be expected, all of which Calico Park will deal with on your behalf. To find out more about the innovative development, contact Timber Homes Algarve on: (+351) 912 122 163, see website: www.timberhomesalgarve.com.

Alternatively, contact Denise at Calico park on: (+351) 281 951 195, or see: www.calicopark.pt.



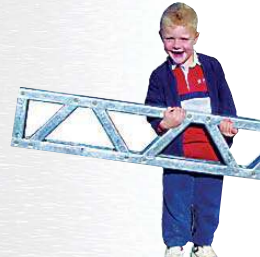
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AMI 7557

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Vilamoura

4 Bedroom / 4 Bathroom "Fully Furnished" villa overlooking the "Old Course" golf course with air-conditioning, central heating, private swimming pool, surrounded by landscaped gardens with panoramic golf views.
Price: € 1,490,000 / £ 1,027,000



Vilamoura

Beautiful Ground Floor 2 Bedroom / 2 Bathroom "Fully Furnished" apartment with front-line golf views. Wood-Burning Fireplace, Radiator Heating and Air-conditioning. This apartment is perfect for holiday rental income or holiday home.
Price: € 295,000 / £ 203,000



Vale Formoso / Almancil

Luxury 2 Bedroom "Fully Furnished" house on small condominium of 12 villas within 5 mins drive of Quinta do Lago & Vale do Lobo beaches & golf courses. This house is also within walking distance of the Michelin star "Henrique Leis" and renowned "A Quinta" restaurant.
Great Value & Opportunity
Price: € 360,000 / £ 248,000



Vilamoura

Beautiful 3 Bedroom / 2 Bathroom detached villa with magnificent golf views. The villa has a private swimming pool in landscaped gardens and is situated in a peaceful location within walking distance of the "Old Village" and its amenities.
Price: € 690,000 / £ 475,000



Vilamoura

3/4 bedroom villas next to the "Old Course". The villas are luxurious and offer highest quality finishing's and fixtures. Large garage & basement suitable for a further 4th bedroom or games room. The property also has a large communal swimming pool.
Price: € 590,000 / £ 406,000

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AMI 6392



Santa Catarina

- Villa in traditional style
- Lovely views to coast
- 3 bedrooms, 3 bathrooms
- Pool 9m x 4m
- Garden & barbecue
- Villa 120m², plot 11.000m²

Ref. V978
Price: € 485.000



São Brás de Alportel

- Villa in a high position
- Lovely country views
- 3 bedrooms, 2 bathrooms
- Heated pool 10m x 5m
- Garage, garden, barbecue
- Villa 220m², plot 6.000m²

Ref. V833
Price: € 525.000



Central / East Algarve

- Over 100 ruins / terrains
- From € 50.000
- To over € 2.000.000

See:

www.property-runner.com



Tavira

- Delightful townhouse
- Excellent views to coast
- 2 bedrooms, 2 bathrooms
- Plus attic study/bedroom
- Excellent as new condition
- Villa 98m² + terraces

Ref. V976
Price: € 190.000



Oliveira do Hospital, north Portugal

- Lovely villa, great views
- In the Serra da Estrela
- 3 bedrooms, 2 bathrooms
- Villa 169m², plot 18.000 m²
- Plus ruin with urban no.

Ref. V977
Price: € 245.000



AMI 7170

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Between Portimão & Lagos

V3 - A plot of land 8.750m² with 2 villas, one with 250m² of covered area, the second one has 150m² of covered area. This plot has a swimming pool, barbecue, and a beautiful garden, and also a space prepared for a tennis court and Squash.
Ref.: 231 Price: € 695.000



Near Lagoa

V4 - Swimming pool and barbecue, 3 of the bedroom are en Suite. All the rooms with balconies. Large area in the basement.
Ref.: 212 Price: € 640.000



Near Portimão

V4 - In the front it has a large terrace with barbecue. The garage is in box, for two cars, automatic gate.
Ref.: 206 Price: € 382.000



Praia da Rocha

T1 - RIVER AND MARINA VIEW. Totally renewed, kitchen equipped. It has a swimming pool.
Ref.: 228 Price: € 105.000



Praia da Rocha

T1 - VERY GOOD totally renewed. Furnished with equipped kitchen. It has a communal Swimming Pool.
Ref.: 229 Price: € 97.500

VILAGENTE



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AMI 489

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www.vendavilla.com



Vilamoura

Apartment composed of 2 bedrooms, 1 bathroom, lounge, equipped kitchen and 2 terraces. Furnished. Communal swimming pool and garden area.
Ref: A1198 Price: € 160,000



Vilamoura

Spacious 1 bedroom apartment plus 1 small bedroom, bathroom, lounge w/ fireplace, kitchen, hallway, storage & terrace w/ sea view. Parking space & storage in the basement. Communal sw. pool & garden area. Furnished & equipped. Const. area - 99 sq.m.
Ref: A1201 Price: € 272,000



Vilamoura

Villa situated near all facilities, in a quiet area, composed of 4 bedrooms, 3 bathrooms, lounge & dining area w/ fireplace, kitchen, storage, terraces and roof terrace. Swimming pool and garden. Plot area - 705 sq.m. Const. area - 169 sq.m.
Ref: V12514 Price: € 525,000



Vilamoura

Beautiful villa composed of 3 bedrooms, 4 bathrooms, lounge w/ fireplace, equipped kitchen and various terraces. Barbecue. Carport. Swimming pool and garden. Plot area - 493 sq.m. Construction area - 130 sq.m.
Ref: V12515 Price: € 690,000



Goldra

Spectacular villa composed of 3 bedrooms, 3 bathrooms, lounge w/ fireplace, dining room, kitchen, storage, laundry & terraces w/ beautiful views. Garage for 3 cars & garden. Lake, barbecue & oven. Plot area - 6.500sqm. Const. area - 250 sqm.
Ref: V12473 Price: € 700,000



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If you want to see more
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about these - and other -
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354 Tavira - Tel: 281 320 281
VILAMOURA: EN125, Boliqueime
Opposite Barclays Bk Tel: 289 301 294



Tavira

Something Special Opportunity to build 1 or 2 houses in the historical centre of Tavira, w/ garden & pool. Covered area 250 to 430 m² depending on the size of garden.
Ref: LHR-747 Price: € 265.000



Tavira

T2 townhouse in mature urbanisation in Tavira w/ large terrace, communal pool, stunning views & good rental potential. Construction approx. 130m², built in 2004.
Ref: LHT-824 Price: € 267.000

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Good quality properties

If you are the owner of a
good quality property and
wish to sell,

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arrange an appointment.



Tavira

Spacious, new 5 bedroom family residence, w/ office, garage, terraces & garden, in a quiet Cul de Sac. Construction approx: 238 m², (excl. basement), plot 674m².
Ref: LHV-935 Price: € 600.000



Moncarapacho

Large 5-bedroom villa. Immaculate condition. Pool, garage & landscaped garden. Central location. Construction approx: 480 m², plot 1337m², built in 2006.
Ref: LHV-927 Price: € 850.000

Winkworth

Christopher Garveigh

Winkworth Real Estate
Christopher Garveigh Lda
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email: portugal@winkworth.pt
www.winkworth.pt



Loulé

Fantastic 2 bedroom house w/splendid views over the country. Almost completely renovated, located in a nice & quiet area. On the roof terrace is a room that can be renovated into a master bedroom, benefiting from fantastic sea views. Considering this exceptional price & fantastic location, early viewing is recommended.
Ref: H2131V Price: € 245.000,00



Lagos

Fantastic fully furnished 2 Bedroom apartment w/ magnificent sea views in exclusive development within short distance from Lagos & fabulous Meia Praia beach & close to Palmes Golf. Offers both adult & children's pools, playground, tennis court & 24-hour open gym w/ sauna & Jacuzzi + communal garage.
Ref: A315LG Price: € 330.000,00



Montinhos da Luz

Great opportunity to acquire a beautiful property w/ excellent living accommodation & a large swimming pool, in the quiet, but popular area. 4 double bedrooms, 2 bathrooms, large lounge, large fitted kitchen, outside BBQ area, separate garage & landscaped garden. Easy access to all local amenities.
Ref: H675LZ Price: € 460.000,00



Albufeira

Superb 3 bedroom apartment located within walking distance of beaches and amenities of Galão. Also includes 2 bathrooms, large lounge/diner, fitted kitchen and balconies to all rooms. Set within gated condominium w/ communal pool and gardens, underground parking/storage and lift to all floors.
Ref: A1317C Price: € 285.000.00

Family business of 3 generations established in 1969 specialising in Lagos & the Western Algarve.



LAGOS - Charming apartment in the historical centre affording fantastic sea and town views. Price: €165,000 (217A)



PRAIA DA LUZ - Renovated apartment situated in the heart of Praia da Luz with lovely views to the sea and a few meters from the beach. Price: €195,000 (218A)

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LAGOS / Porto de Mós - Next phase. Luxury apartments with heated pool & landscaped gardens on the beach. Prices from €450,000 Deposits now being taken. (PDM A)



PRAIA DA LUZ - Family villa, walking distance of the beach and all amenities.

Price: €745,000 (430V)

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Tavira

Great opportunity!! 320 sqm plot in quiet urbanization, for construction of a Villa...near all amenities and close to the beach...Excellent Price!!
Price: € 80.000,00
Ref.: MG-TER-0025
Call: 917 787 582



Tavira

Great opportunity!! Aprox. 1400 sqm plot near Tavira for construction of a Villa... Great sea views!! Price includes borehole & fencing!!! (w/ fencing & borehole price drops to € 80.000,00).
Price: € 100.000,00
Ref.: CB-TER-0004
Call: 962 335 514



Fuzeta

FIRST LINE!! 2 bedroom apartment with breathtaking sea view. Balcony !! Rare opportunity!! Excellent price !! Great rental potential!!
Price: € 150.000,00
Ref.: CB-APT-0047
Call: 962 335 514



Fuzeta

Unique opportunity!! Apartment building including one 1 bedroom apartment, one 2 bedroom apartment and a store on a commercial area!! Great rental potential!! Income source !!!
Price: € 450.000,00
Ref.: AO-EMP-0001
Call: 962 335 514



Tavira

7 bedroom Villa in a 4850 sqm plot, with swimming pool, garden, patio and garage. Great opportunity!!
Price: € 655.000,00
Ref.: MG-VIV-0063
Call: 917 787 582

East Algarve - Selected Properties in Tavira and Olhão



AMI 6105



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Sale due to medical reasons - owners returning to Germany

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€460,000

Large fully equipped kitchen



3 Bedrooms



'Far-East' dining room



Living area & Safari corner



3 Terraces, one partially covered



Living room with closed fireplace



Stunning villa in one of the Algarve's most sought after locations

Three en suite bedrooms, plus stunning master bedroom with sea views, private terrace, Jacuzzi, high tech shower. New kitchen dining room, lounge with panoramic views, massive lower ground floor with wine cellar, bar, kitchen and private terrace. Suitable for TV/Cinema room, billiards etc. The party and entertaining floor without equal anywhere. Three floors, all served by lift, complete wheelchair accessibility throughout. The property has under-floor heating and air conditioning, comprising 500 square metres of living space, very private landscaped gardens of half an acre, swimming pool, totally fenced with electric gates and impressive entry drive. Situated just outside Almancil, near to the golf courses of Vale do Lobo, Quinta do Lago and Vilamoura. ----- € 975,000 Euros

For further details and an appointment to view Call Nevin 919 555 916



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Quinta dos Salicos

Outstanding villa of 240m2 set on a plot of 2823m2. 3 bedrooms, 3 bathrooms, lounge, dining room, equipped kitchen. Sat-Tv, swimming pool, storage room, established mature garden, central heating, 3km from beach and centre of Carvoeiro.

Ref. V-316 Price: € 695,000



Pestana Golf & Resort

Luxurious townhouse in peaceful location. 2 bedrooms, 2 bathrooms (1 en suite), lounge/dining room, equipped kitchen. Communal sw.pool. 24-hour security. Central heating. Sat-TV. Close to beaches & Carvoeiro centre. Golfing rights. Furnished.

Ref. V-327 Price: € 299,000



Sesmarias

Large 5 bedroom villa, good location with sea view. 2 bathrooms + 1 shower, spacious kitchen, lounge / dining room with fireplace. Garage and storage room. Very private swimming pool area with generous sundeck, fully fenced and partly furnished.

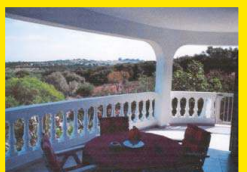
Ref. V-348 Price: € 695,000



Carvoeiro central

Top floor apartment close to Carvoeiro beach w/ large communal swimming pool, elevator, ample parking, 2 bedrooms w/ wardrobes, lounge/dining area w/ wood burner, fully equipped kitchen, modern bathroom, large roof terrace w/ seaview. Very good investment!

Ref. A-235 Price: € 175,000



Salicos

Spacious 3 bedroom villa. Excellent location w/ view of Monchi-que mountains. On a cul-de-sac, close to Marinha beach, on 3000 sqm plot. Open space kitchen, lounge, dining room w/wood burner, large terraces, easy to maintain garden, space for swimming pool.

Ref. V-349 Price: € 495,000



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VILAMOURA - "FALESIA BEACH" Ref. A71916

Brand new three bedroom apartment. 140 sq.m. 15 mins walk to Marina & beach. Top finishes. Fitted kitchen. Pre installed for a/c, central vacuum and surround sound system. Private parking and storage. Balcony w/ BBQ. Excellent letting potential.

Price: € 287,500



VILAMOURA Ref. MB71927

Brand new 3 bedroom villa. 150sqm. Near all amenities. Complex w/ large green areas & pool. Fitted kitchen. Pre installed for a/c, central heating & central vacuum cleaning sys. Large basement w/ garage, bathroom & direct access to garden & pool area. Balcony w/ fabulous BBQ area.

Price: € 400,000



BOLIQUEIME Ref. EM71841

Luxurious off plan 283 bed villas. Outstanding attention to detail, beautiful interior finish, landscaped gardens & pool. Near all amenities. Few mins from Vilamoura & beach. Fitted kitchen. Electric shutters. Pre installed for a/c. Covered areas from 210 sq.m. Communal garden with two pools.

Prices from: € 289,000



VILAMOURA Ref. A71903

One bedroom apartment. 70 sq.m. Between the Pinhal & the Old Course. Near all amenities. Furnished and equipped. Large balcony facing the pool area. South/West facing with panoramic sea views. Storage. Great investment. Easy letting.

Price: € 95,000



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Parque da Floresta

- 3 Bedroom, 3 Bathroom
- Mature Gardens & Terraces
- Fully Furnished
- Stunning Views
- Golf Rights
- Infinity Swimming Pool

€925,000



Parque da Floresta

- 3 Bedroom, 2 Bathroom
- Roof Terrace
- Luxuriously Furnished
- Fitted Kitchen
- Golf Rights
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Something old, something new...

Trawling junk shops, antique shops and markets can reveal treasures from the past that give character and style to our rooms. Follow these top tips on mixing an 'old and new' home cocktail.

Being old, wrinkled, lined and somewhat cracked is not a personal selling point.

To admit even to possessing any of those characteristics in this youth-obsessed age, where perfection is the holy grail, would be akin to social suicide.

So it's strange, but true, that the opposite is the case in our homes. Frankly, no chic room nowadays is complete without something that shows the passing of the years, or reflects the design glories of a bygone age.

Take care though - a nostalgic room stuffed exclusively with heirlooms inherited from granny is not the vision. Instead, this style is conjured by a clever blend of 'old and new'.

That means a modern setting with sleek, contemporary decor and furnishings, that avoids the

of tackling these challenges, of celebrating the eclectic mix that surrounds us, and of creating a beautiful, comfortable, characterful response."

If you've got all the essential ingredients you may simply need to re-organise your rooms so that the colours, shapes and styles of your furnishings combine and contrast beautifully.

Or perhaps you need something 'new' or something 'old' to give a shot of trend-savvy glamour to your home.

Follow our guide to giving your rooms a fashionable facelift (it will cost you far less than giving yourself one!).

Old and new rules

Sorrell says: "For most of us, decorating isn't simply a question of taking an empty room and filling it with brand new,

white or off-white fabric, or a bright modern print. Alternatively, have loose covers made, for a more informal look.

Track the style

If you've fallen in love with a particular period of design and want to search for your own original pieces Elizabeth Wilhide, author of the brilliantly illustrated *New Decor*, has sound advice.

She says: "In the same way that a great outfit might combine a high-street buy with couture and a vintage accessory, interiors with soul show the same confident blend.

"One of the keys to successful collecting is to make it personal and buy the things that you really like."

She believes: "For lovers of vintage, the fun is in the search.



Keep it simple - don't try to cram too much furniture into a living room. When mixing pieces from different periods, you need only a few examples of each. (PHOTO: Press Association)

bland and gains instant character and personality with the addition of perhaps an antique, gilded mirror, or an ornate French chest.

Similarly a period room benefits from a quirky injection of mid-century modern - designs from the 1960s and 1970s are currently the most desirable. So show off an iconic Fifties chair, a Lava lamp or even a retro phone.

What's particularly appealing about this trend, says Katherine Sorrell, is that it's in tune with the way ordinary people live and create their homes.

She's written *Old & New*, her inspiring guide to creating the look and says: "Our homes are constantly evolving - things wear out or go out of fashion, we get bored with them or they're no longer useful."

"An old-and-new approach to decorating is a realistic way

co-ordinating furnishings, nor is it a case of inheriting a matching set of priceless antiques.

"Usually, we're somewhere in the middle. A couple of hand me downs here, some chain-store pieces there, perhaps a few things picked up in a junk shop and maybe a special item we've saved up for. It's all in the way we use and display them."

Her tips

For old pieces to work with new ones, they should have a similar feel. Choose clean-lined, pared-down items, and look for shapes that echo each other, such as gently curving lines or boxy silhouettes.

Look for good quality furniture with a timeless style. Robust natural materials and excellence in craftsmanship and design provide common factors that unify different pieces, whatever their age.

Old chairs, from any era, look marvellous re-upholstered in

The internet - eBay in particular - has really exploded the market for contemporary classics."

She suggests also checking out auction houses, dealers specialising in 20th-century furniture, junk shops, markets and car boot sales.

Exploring online companies can also be fruitful. Try www.fearsandkahn.co.uk, which specialises in retro design or www.afternoah.co.uk, which sells contemporary pieces from old and new designers as well as vintage pieces sourced in Europe and America.

Get the look

This style has taken the high street stores by storm and they're brimming with desirable pieces so that you can express your design preferences in your home - ancient or modern - without breaking the bank.

Gabrielle Fagan



Choose accessories by mixing bold graphics inspired by the Modernist Architectural movement. Funky coloured printed cushions, and vibrant accessories like glass and ceramic vases. (PHOTO: Press Association)



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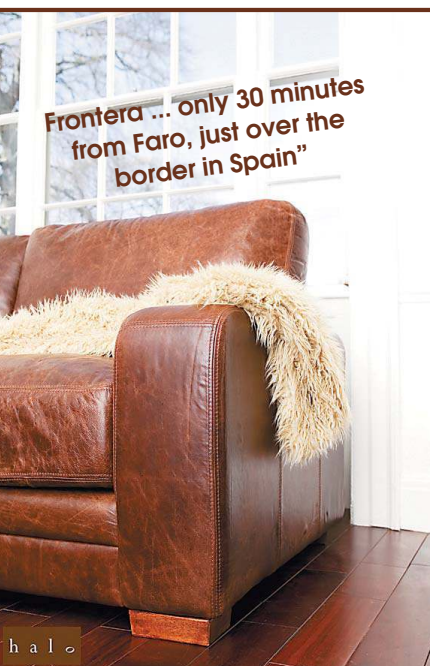
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Best of the bunch



Hydrangea

These flowering shrubs have long been garden favourites, their great flowerheads in shades of blues, pinks and whites brightening the border in late summer and autumn. Most are derived from *H. macrophylla*, the most popu-

lar being the mopheads, which have large balls of blooms, while lacecaps have flat flowerheads which are more subtle but for me, less rewarding.

Mature bushes can reach more than 1.5m high and wide, so choose carefully. If you want blue flowers they need acid conditions. Hydrangeas like moist,

well-drained, fertile soil in sun or partial shade. When pruning, cut out misplaced or crossing shoots in spring. Remove dead

flowerheads in March, not autumn. Good varieties include 'Blue Bonnet' and 'Lanarth White'.

What's in store

Madge and John Measures

This summer many plants have continued to be very popular due to either their long term floriferous properties, ease of growing or just personal preference.

Pot *Chrysanthemum*s have been and remain especially popular. These are comparatively easy to grow if they are given the right conditions. They can be grown in the home although they can also be grown out of doors as long as the temperature does not drop below 10°C. They need a moist, fertile soil mixture and should therefore be given water on a regular basis. When buying the plants they will have been grown in a

mixture that has plenty of fertiliser incorporated, but after about two months of continuous flowering do feed them on a regular basis. They should be grown in a sunny spot or in partial shade.

Hibiscus rosa-sinensis has several common names, Hawaiian Hibiscus, Chinese Hibiscus or Rose of China, shrubs that have been excellent during this last summer. They come in a large variety of colours ranging from white and pink through to red and with either double or single flowers. Grow them in a rich soil mixture in full sun. They will not tolerate frost, therefore give a thick mulch if there is the risk of frost and pro-

tect the branches with sacking or bubble wrap. Even if they are cut to the ground by freezing one or two may throw out shoots in the spring, but we have found this to be the exception to the rule.

Vinca commonly known as Periwinkle is an attractive low growing shrub that will spread over the ground with either green or variegated leaves and blue or whitish flowers. Periwinkle is seen growing wild under bushes here in Portugal but it does need a fairly fertile, moist soil mixture in either sun or partial shade. It does need keeping in check if it scrambles too far, but it can be easily pruned during the spring.

www.the-news.net

Three ways to...

make mulches attractive

1. In a contemporary container such as galvanised metal, use large white and slate-coloured smooth pebbles in a symmetrical pattern to create a modern look.
2. Give potted woodland plants or shrubs a theme by adding a mulch of pine cones gathered from a walk.
3. If you have a seaside garden, use small shells as a mulch over your plants.

From field to fork

Lemongrass

The stalks of this tropical grass are a staple in Thai curries and other Far Eastern dishes as the roots and stems contain an aromatic oil producing a distinctive citrus flavour. A tender perennial, it will not tolerate frost. Therefore in frost-prone regions just grow it from seed each year and use it as an annual.

Seeds should be sown in pots under cover or indoors. Plants need a minimum temperature of 13°C and a humid atmosphere to grow well. Full-grown plants can reach 1.5m if left, but to harvest you just need to cut the stalks above soil level and trim off the leaves.



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Out of Africa

Walking on the wild side with animal prints, leathers and natural materials is one of the hottest looks in interiors.



Go safari shopping, but put your passport away. Many of the wildest furniture and accessories are available to make you the envy of your friends, like this luxurious Leopard velvet cushion, Zebra velvet cushion and red-and-brown palm leaf cushion.

But if you're brave and let zebras, tigers, and leopards stalk your rooms, you'll be echoing the hottest trend for the autumn.

Now's the time to capture this minimal ethnic style by echoing the influences, and flora and fauna, of Africa - as long as you don't think hippy, dippy travel finds.

This new look is much more sophisticated and design-conscious and emulates the upmarket settings in the famous film, Out Of Africa.

So hunt for 'rare breeds' and exotic touches, like a glam two-tone animal print rug, some simple zebra print ceramics, faux leopard lighting and perhaps complement them with rich grained colonial-style furniture.

Avoid cramming a room with African artefacts and heavy furniture. Instead try to give pieces space - think of the open landscape of the African plains with an animal dramatically silhouetted on the horizon - so that your safari stars are shown off

to full effect.

Karen Broderick, trend watch expert at Harveys, the furniture specialists, explains that it's not about trying to create Tarzan's hideaway, instead it's giving a cool, understated multicultural vibe.

She says: "Live Earth and the eco revolution have got us all thinking about the world around us and this has translated into a hot back-to-nature trend."

"Woods, natural fabrics,

natural prints and natural colours of stone, white, cream and green all help you bring the great outdoors inside."

Animal print rugs are one of the easiest ways of adding the look to your home, and they look brilliant on fashionable wood floors.

Even if you haven't ventured into the bush you can still display safari shots on your walls to create that Out Of Africa atmosphere.

Gabrielle Fagan

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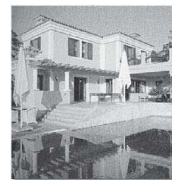
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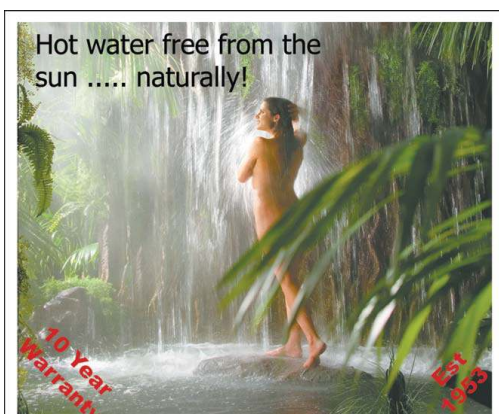
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An oriental treasure hidden in Almancil

There is Chinese food and then there is real Chinese food. And the latter is what you will find at the 'Shanghai' restaurant, in Almancil.

After settling in the Algarve four years ago, Chef Weng, son Ming, and wife Ma opened the restaurant with their homeland culinary skills to offer the most fantastic Chinese food available.

As a family-run establishment the restaurant is welcoming and comfortable, decorated to a traditionally oriental style. Meals are like real home-cooked meals, using only wholesome, fresh ingredients and no artificial colourings, preservative or flavour enhancers whatsoever.

Throw away any mental images of greasy, gelatinous, sauce-soaked concoctions that tend to taste the same and prepare to experience Chinese cooking at its finest, enhanced with fresh herbs and authentic ingredients.

An impressively extensive menu comprises more than 120 dishes of pork, chicken, beef, fish and seafood, as well as a number

of Shanghai specialties that you won't find elsewhere.

The amount of work put into preparing each dish is incredible, presentation is exceptional with beautifully creative, hand-made garnishings, and the flavours are second to none.

Attentive members of staff are more than happy to take the time to provide you with any information you may need regarding the menu, and children and vegetarians are excellently accommodated, as are special needs or requests.

Pictured here are just a few of the delights that the 'Shanghai' restaurant has to offer, indigenous alternatives and unusual takes on standard Chinese dishes.

For your starter, savour a selection of Chinese, deep-fried (yet completely grease-free) rolls and wraps, to be dipped in a tangy sweet and sour sauce.

'Spicy & Salty House Prawns' are another fantastic, light starter: fried in a crispy yet light ginger batter, surprisingly dry and crunchy and not at all oily. Scattered with freshly chopped chillies, pepper and coriander, the dish is so tasty and bursting with flavours it will even appeal



Stir-fried prawns.

to those who don't appreciate seafood.

Duck in orange is a succulent and fruity main course, made with a real orange-juice sauce, and the house-speciality roast beef is rich and meaty, deeply aromatic and highly flavoursome.

Be amazed as sizzling prawns are burst from their foil bag at your table, or, if you are a seafood

lover, opt for stir-fried prawns; you won't be disappointed. All prawn dishes are made with prawns of generous sizes and are ready-peeled, all you have to do is eat them!

Alternatively, try the 'Chicken with fresh pineapple'. This dish looks and smells as good as it tastes. Slowly cooked to a melt-in-your-mouth stage, the chicken is coated with a rich, fruity sauce made from fresh

pineapple and large fresh pineapple chunks; a welcome relief to the tinned fruit versions that are generally produced. Served in a real half pineapple-fruit, its presentation is the perfect way to round off an outstanding dish.

Whilst dining at Restaurant Shanghai, be sure to try two other specialties: Vietnamese rice and Thai rice.



Chef Weng.

Both laboriously prepared, the Vietnamese rice will certainly satisfy savoury lovers, whilst the sweet Thai rice, comprising fresh coconut and raisins, is definitely our favourite and highly recommended for those with a sweet tooth.

Chef and owner Weng has worked in Chinese cuisine for more than 15 years. Besides working in his homeland, Shang-

hai, he worked in Holland before moving to Portugal and taking over the restaurant with his family nearly four years ago.

Open every day, all year round, for lunch and evening meals, Chef Weng insists on using only the freshest, best quality ingredients, mostly bought locally, and is adamant that no canned products, colorants or preservatives should enter his recipes; just

Restaurant guide

ALMANCIL

Bistro des Z'Artes

International Menu
Open: 12.00- 15.00 & from 7pm.
Closed Mondays
Rua Calvario, 69, Almancil
Tel: 289 395 114 / 967 785 601

Shanghai Restaurant

Delicious dishes from Shanghai, China
Open: Daily 12.00-15.30 & 18.00-23.30
Rua do Comércio, 94 R/c, Almancil
Tel: 289 397 642

Don Toro Angus

Steaks, gourmet burgers, fish grills & vegetarian
Open: Daily 18.00-23.00
Sítio das Escanxinas 504A, Almancil
Tel: 289 355 005

LAGOA/SILVES

Mister Grilo National, International & Vegetarian dishes
Open: 17.00-midnight
Rua António Joaquim Cabrita, N°7, Porches, Lagoa
Tel: 282 381 176 / 918 365 426

O Cantinho dos Italianos

Pasta dishes
Open: 12.00 - 15.00 and 18.00 - 23.00
Largo 25 de Abril, N° 1, Péra
Tel: 914 844 269

LAGOS/LUZ

Don Toro Angus

Steakhouse

Steaks, gourmet burgers, fish grills & vegetarian
Open: Daily 12.00-15.00 & 18.00-23.00

Rua Lançarote de Freitas, 12, Lagos. (Opposite the Cultural Centre)
Tel: 282 767 234

A Taberna

À la carte menu with daily specialties
Open: 10.00 - 23.00
Quinta da Encosta Velha, next to Budens off the EN125
Tel: 282 690 505

A Florestal Restaurante

Cosmopolitan menu
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Barão de S. João, Nr. Luz
Tel: 282 687 204

Dolce Vita

Pizzeria and International Menu
Open: 12.00 - 15.00 & 18.00 - 22.30
Rua Soeiro da Costa & Rua Lançarote de Freitas, Lagos
Tel: 282 768 466

O Beiral

International & Vegetarian menu - Italian specialties
Open: Tue - Sun 11.00 - 15.00 & 18.00 - 24.00
Closed: Mondays
Rua Dr. Guerreiro Tello, Barão de São João, Luz
Tel: 282 688 004 / 912 299 672

Maharaja Tandoori

Authentic Indian Food
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18.00-23.00
Rua Afonso D'Almeida, N°27, Lagos
Tel: 282 768 083/960 453 376

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Rua Silva Lopes, 40/42 (In front of the Golden Chapel), Lagos.
Tel: 282 767 946

No Patio

International Restaurant
Open: Thurs-Sat. 18.30 - 21.30. Sun. 13.00-15.30
Rua Lançarote de Freitas, 46, Lagos
Tel: 282 763 777

Blue Wave

Beach bar
Open: 10.00 - 23.00
Cabanas Velhas between Burgau and Boca do Rio
Tel: 282 697 834

GALÉ

Karahi Indian Restaurant Indian Specialities - Tandoori, Karahi & Balti
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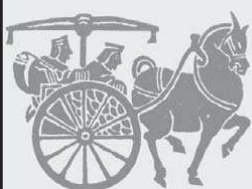
Duck in orange.

Chinese Restaurant

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Rua do Comercio 94, Almancil
289 397 642
Open from 12pm to 11pm



Chinese, deep-fried rolls and wraps, can be dipped in a tangy sweet and sour sauce.

wholesome, filling, authentic, homemade food.

The prices are remarkably affordable, and a take-away order

service is available as well as set menus for two to eight people.

For more information, call (+351) 289 397 642.

The 'Shanghai' restaurant is located on the Almancil - Quarteira road, open 12h00 - 15h30, and 18h00 - 23h30.

Exquisitely-decorated with modern works of art, **Bistro des Z'Artes** restaurant in Almancil is co-owned by renowned chef Stanley Van Buren and Simon Visser Domus. Presentation is always of the highest level of professionalism, a must for Stanley, who believes that first impressions are most important as "food must look as good as it tastes". Together they produce unique dishes such as: Peanut Butter Soup with Baked Banana and Yellow Curry Soup with Lemon Grass and Coconut Milk. Whether you are a meat or a fish person the menu offers something to satisfy even the most discerning connoisseur.

Shanghai Chinese Restaurant offers excellent quality, and only fresh produce in all its delicious dishes from Shanghai. These regional dishes are not found in other Chinese restaurants. Your hosts Weng and Ming, along with their friendly staff give a fast and efficient service, which includes take-away. They will even prepare your favourite special Chinese dish! Just give them time to make it. However, you might like to try their Sizzling Prawns with ginger and onion or maybe Canton Spicy Duck, or how about their sweet Thailand Fried Rice. They are easy to find, on the Almancil

road going to Vale do Lobo - look out for the fishpond in the front.

The **Blue Wave Beach Bar** can be found at Cabanas Velhas Beach (between Burgau and Boca do Rio). Serving tasty sandwiches, various salads, fresh fish, house specialities, fish cataplana, chicken piri-iri and more! Combine your visit to the beach with a leisurely lunch and refreshing drink.

Mister Grilo Restaurant is a tricky place to find in Porches, but well worth the discovery. Not only well known to local residents, but also travellers from afar. The bar/waiting area is comfortable, often with an exhibition of local artists on display, and the Bistro dining room is painted with warm paint - washed walls with miniature palm trees and mosaic-tiled table-tops creating a lazy, sunny feeling as you sample the quite extensive menu. There are lovely sea and country views from the terrace, where you can try their delicious chicken 'cabidela' or octopus rice with coriander. A children's menu is available and there is live music on Thursdays.

The **Don Toro Steakhouse** in the centre of Lagos, opposite the Cultural Centre, has the finest prime Argentinian, Irish and Brazilian angus steaks cooked to your taste, as well as homemade,

gourmet burgers. Served with a choice of sauces, the food is very affordable and José and his international staff also offer delicious fish grills, and a selection of vegetarian dishes. Whilst the exterior is colourful, contemporary and welcoming the interior has a more subdued romantic atmosphere. You can choose to eat inside or under the stars on their terrace, and to accompany your meal they have a selection of wines stored in wood barrels and produced from a variety of Portuguese grapes.

O Beiral is situated in a quiet corner of Barão São João, near Luz. Not much to look at as you approach, but inside it's comfortable and rustic, with an 'at home' feel. It has a large terrace set in a lovely garden, full of flowers and there is a children's play area. New owners Olympia and Alessandro welcome you with a free Bruschetta! The freshest meat and fish are available to cook on your own stone. Prices are very reasonable and they have a selection of organic wines to choose from. And if you suddenly feel in the mood for a little music they have a variety of musical instruments you can play (but please only if you have a good ear for music!) If you want a relaxing evening, book your table to avoid disappointment.

ALMANCIL
Sítio das Escanxinas 504a
8135-016 Almancil
Tel: 289 355 005
On the road between Almancil and Quarteira

LAGOS
Rua Lançarote das Freitas 12
8600-605 Lagos
Tel: 282 767 234
In front of Lagos Cultural Centre

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Bookings, Domi: 282 381 176 or 918 365 426
Rua António Joaquim Cabrita N° 7
Porches 8400-471

1977

Remember this year?

This was the year **The Algarve News** and **Two Weeks in the Algarve** were first published. They later merged and **The Portugal News** was born. Our celebration anniversary issue will be published in November and we are inviting our readers to submit any stories, memories and photographs relating to the past 30 years.

We can hardly wait to hear from you!

Restaurant - Churrasqueira

O Beiral

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Paws4pets Scruffts Competition

Paws4Pets will be running a competition at the Scruffts Dog of the Year Show as we did last year.

The competition is to find the colour of my adorable 4 year old Old English Sheepdog's beautiful eyes.

Some of you may have seen Chloe at last years show and she will be at the show again this year.

Here is a photo of her so that you can recognise her, but she has her Doggles on.

At the show, on Sunday 16th September, she will be wearing her yellow reflective coat with her name on it most

of the day and, of course, no Doggles to hide her eyes! She will be with her friends Cleo and Merlin, both in their reflective coats.

You can collect or complete an entry form at the Paws 4 Pets stand.

The winner will be drawn on the Paws4Pets stand at the close of Scruffts, at approx 16.30pm.

Either the prize can be picked up at Scruffts or we will make alternative arrangements.



What colour are my eyes ?

Protect your pet with knowledge

Copyright © Jan Copley Paws 4 Pets 916 273 376

Doggy Comments from the UK

I have been catching up on reading material over the last few weeks. Interesting. At least it will confirm that I do not want to return to the UK to live.



It seems it is becoming a dog hate zone. The indication however is that this may be spreading over the rest of the world. It seems that we are moving towards a dog less society. Actually just counting my own family in the UK of relatives, in fact only two of many have dogs. There are so many no go areas for a dog and it continues to grow. New legislation is constant, most of it not thought through and causing senseless suffering to both dog and caring owner. I suppose each to their own, to me a dog is the most loyal and forgiving creature, offering unconditional love. They give so much and in some cases have to suffer so much.

Another article points out that Pedigree Masterfoods is now pulling out of supporting all group and championship shows. This is obviously worrying so many people who rely on the sponsorship to make their show the biggest and best. At the end of the day it promotes the food that is sponsoring the event and one would have thought a company of that

size would have seen it as a positive marketing tool. Looking at the other side of the story, however, Pedigree is 'swallowing' so many of otherwise individual companies that it could be seen to have an unfair dominance in the dog food world.

The worst articles have been the senseless cruelty. Lots of people in Europe will maintain that cruelty to animals is worse on the mainland than it is in the UK. The few 'doggy' papers I have here prove that mega cruelty is found in the UK. I have headlines in these papers and on starting to read the subject upset me so much I stopped reading. Couple of headlines, 'Dead dogs found in bags', 'puppy farmer cruelty', 'Bull Terrier beaten to death'. Muzzle ALL dogs.

Dog theft seems to be increasing at an alarming speed and owners are trying to come up with all sorts of amazing ways to prevent their dogs being stolen.

Many people come to see us

at our shop and then go on to report how tough the animals have been in the country we have chosen as home. I often point out that cruelty exists in the UK but there are more organisations to 'pick up the pieces', which is true. But reading all this has pointed out to me that serious problems do exist and need to be addressed.

Generally, in Portugal, we find that the attitude to our own dogs is liberal, we are allowed to take them to most places, they are generally welcomed as they would not be in the UK. However, I suppose it is only a matter of time before the various legal issues arrive here. I note that as of last week, I can no longer take my dogs with me to the Post Office, this will cause me considerable inconvenience as, obviously, I cannot leave them in the car as it will be too hot for them.

Protect your pet with knowledge

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Attention Please:

Disappeared on 30th July, Km 91 direction South-North, on the highway **A2**, before Alcácer do Sal a medium size (+ - 10 Kg) **black dog** that goes by the name **Ulisses**. Ulisses has a black collar with a silver disk with a name and telephone number and a red leash, that has perhaps in the meantime been lost. He disappeared during an accident with a white jeep that turned over and burst into flames.

Ulisses survived the accident. **Ulisses** belongs to two baby twins that were also travelling in the jeep and miss him deeply. We request whoever found the dog, or has any information to please **URGENTLY** call:

Tel: 964579327 or 96 6554128

NOTE: A reward will be given in the amount of 1000 Euros.

Ulisses had at the time his hair cut like a schnauzer/terrier (it was a bit shorter than in the photo, although in a month it may not be so short)



SCRUFFTS 2007

Don't forget the Scruffts Dog of the Year Show ! Sunday, 16th September at Fatacil, Lagoa. There will be 17 classes, Best Pup (mixed breed), Best Veteran (mixed and pedigree), Best 6 Legs (mixed breed), Waggiest Tail (mixed breed), Best



Male (pedigree), Most Handsome Dog (mixed breed), Happiest Rescue Dog (mixed breed), Best Female (pedigree), Prettiest Bitch (mixed breed), Most Appealing Eyes (mixed breed), Most Appealing Eyes (pedigree), Best Condition (mixed breed), Judges Favourite Dog (mixed breed), Best Condition (pedigree), Best In Show (pedigree), Scruffts Best In Show (mixed breed). For more information, please email: scruffts2007@yahoo.co.uk

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PORTO

DAILY

Casa da Música: guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 • Tickets can be bought until 10 minutes before the visit • Price: €2; Free for children under 12 • 220120214 • Av. da Boavista, 604-610 • www.casadamusica.com



DAILY



Serralves Foundation: Visits to the exhibitions • Sat: 17h-20h; Sun: 12h-13h • to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h • to the park Sun: 11h-12h • Visits are free on the purchase of an entrance ticket to the museum • Rua D. João de Castro, 210 • Tel: 226 156 584 • www.serralves.pt

UNTIL 30 SEPTEMBER



Sculpture Exhibition by Harald Klingelhöller 'O Mar na Maré Baixa Sonhado' • The exhibition not only shows recent works of this artist

from Düsseldorf, but also some pieces created around twenty years ago. Klingelhöller is known by crossing in his sculptures materials rarely used in sculptures, like paper and card combined with stone and steel • Serralves Museum • Rua D. João de Castro, 210 • Tel: 226156500 / 543 / 584 • serralves@serralves.pt • www.serralves.pt

23 SEPTEMBER



Promenade Concert 'Tchaikovsky's Overture 1812' • 11h30 • Prices from €5 to €10 •

Coliseu do Porto • Rua Passos Manuel, 137 • Tel: 223 394 940 • Fax 223 394 949 • coliseu@coliseudoporto.pt

MAIA (PORTO)

8-30 SEPTEMBER

Photo Exhibition 'CHIPRE: 10 000 Years of European Civilization under threat' • Fórum da Maia (next to the City Hall Maia) •



Open daily from 15h00 to 19h00 • Also on exhibition 'sé verla al revés' by the painter Oscar Ranz • Rua Herois de Mucaba, 32, 4470-056 Maia (Porto) • T. 00 351 229 023 868 F. 00 351 229 023 852 • ajf@masterguardian.com • mailto:ajf@masterguardian.com • www.chiprenews.net

Centre



CASCAIS

DAILY

Cascais Cultural Centre • Features shops, a coffee shop and a terrace • Open from 10h00 to 18h00 (Closed on Mondays) • Av. Rei Humberto II de Itália • Tel: 214848900

ESTORIL

UNTIL 27 SEP

Great Concerts '07 of the Casino • Du Arte Lounge Thursdays at 23h30 • Info.estoril@estoril-sol.com • 214667700 • 214825400

LISBOA

DAILY

National Coach Museum • Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family • 10h00-17h30 (Closed Mondays & holidays) • Praça Afonso de Albuquerque • 213610850

National Museum of Ancient Art (popularly known as Museu das Janelas Verdes) • Founded in 1884, the National Museum of Ancient Art is located near Tagus river & occupies the Counts of Alvor's palace, dating from the 18th century and the old convent of St^o Alberto which chapel is a fine example of Portuguese Baroque art and architecture • Tue:14h-18h;Wed-Sun:10h-13h/14h-18h (Closed Mon & holidays) • Rua das Janelas Verdes • 213912800 • Entr. €3 • www.mnarteantigaipmuseus.pt



UNTIL 30 SEPTEMBER



Bodies Exhibition 'The Human Body as you have never seen before' • For information: 707234234 or 213466255 (Monday to Friday from 10h00 to 19h00) • or email ocorophumano@energysplash.com • Palácio dos Condes do Restelo on Rua da Escola Politécnica, 42 - Príncipe Real • www.ocorophumano.net

21,22 SEPTEMBER

'D'un Soir un Jour' - performed by the Dance Company Rosas with choreography by Teresa de Keersmaeker • 21h00 • Grand Auditorium of Belém Cultural Centre • Tickets: From €5 to €17,50 • Praça do Império • Tel: 213612400 • www.ccb.pt

DAILY

Belém Cultural Centre • One of the great cultural centres in Europe in one of Lisbon's areas of outstanding architectural beauty it hosts exhibitions, performing arts, restaurants, gardens, shops and conference centre • 213612400

UNTIL 30 SEPTEMBER



Sea Monsters exhibition - Oceanário de Lisboa reveals the mysteries of the seas • Do not miss this opportunity to learn more about the oceans in the time of the Dinosaurs • In the atrium of the Oceanário is a "true" marine monster, with more than 20 meters and 800kg, inviting visitors to the exhibition appealing to recycling and preserving the environment, one of the purposes of the exhibition in the ambience of one of Europe's biggest oceanariums • The Oceanário de Lisboa is situated in the Park of Nations • Open from 10h00 to 18h00 • 218917002 / 06

SINTRA

DAILY



Pena Palace • The Palace dates back to 1839 • Visits info: Sintra City Hall on Largo Dr. Vergílio Horta • 219238500 • geral@cm-sintra.pt

DAILY

Leal da Câmara Museum • Calçada da Rua, 67, Rincão • Also has access through Algueirão Velho, Fátimas and Meleças • Tel: 219164303 • Fax: 219236150

ALBUFEIRA

DAILY



Municipal Archaeological Museum • The museum is situated on Praça da República, nº 1 • Open in the Summer from 14h00 to 20h00 (closed Mondays); the remainder of the year is open from 1030 to 16h30 (closed Mondays) • 289512258 • www.cm-albufeira.pt

ARMAÇÃO DE PERA

MONTHLY



Monthly Writing Circle by Jenny Grainer • Hotel Garbe • The Monthly Writing Circle is on the first **Thursday** of the month from 10h30 to 12h30 • All welcome! • For more information ring Jenny on 963518184

LAGOA

16 SEPTEMBER

9th Scruffs Dog of the Year Show • FATACIL Showground • Organized by A.P.A.A., Apartado 101, Mexilhoira Grande • Anyone or any company interested in sponsoring or taking a trade stand at the show please email for information • scruffs2007@yahoo.co.uk

PORTIMÃO

9 SEPTEMBER



Opera Show from Mozart 'O Empresário' (The Impresario) • Sopranos Carla Caramujo and Lara Martins, tenor Fernando Guimarães and actors from ACTA Luís Vicente, Afonso Dias, João Jonas, Luís de A. Miranda, Elisabete Martins, Glória Fernandes and Tânia Silva • Municipal Auditorium of Portimão • 22h00 • Ticket price: €7.50 •

SANTANA DA SERRA

DAILY

Horse Riding and Walking at Equi-Serra • For more details or to book: 1 hour, 1, 2, 3 days, or 1 week rides, 938147718 • www.equiserra.com

South



SÃO B. MESSINES

SATURDAYS & WEDNESDAYS

Quinta da Bica Saturday Mornings & Wednesday afternoons • Livery, Lessons, Hacks & Horse Share for all ages and abilities • Tels: 282332746 or 914795301 • quintadabica@hotmail.com

TAVIRA

DAILY

Cachopo Museum • Centro Paroquial de Cachopo • Tel: 289844191 • www.cm-tavira.pt



SUMMER JAZZ

THE ERMITAGE TERRACE ALMANCIL
SUNDAY SEPTEMBER 9th
4.30pm - 7.30pm

AFRO-LATIN BAND
special guest:
Enzo d'Aversa (ITA) - Keyboard

with:
Zé Manuel (ANG) - Guitar & Vocals
Kim Brandão (ANG) - Bass
Carlos Morais (BR) - Drums
Cordeiro (ANG) - Congas & Percussion
Sávio Aroujo (BR) - Tenor & Baritone Sax

free entrance & parking

contact
email: info@ermitage-algarve.com
tel: 289 355 271 / 965 252 817

visit www.ermitage-algarve.com for area map

"Urban Zooms"

Art Exhibition by H. Fejgl and A. Van Nooij from Sept. 8th until Sept. 31st.

Once more, Adrian and Helena will be displaying an exciting collection of photos and photo-collages inspired by colorful graffiti, a real treat for lovers of colors and abstract art. Only this time, their works will be shown in a salon in one of Portugal's best hidden secrets — the Palácio Gorjão. Standing in the heart of Bombarral, a small town near Torres Vedras, this architectural jewel was built in the 16th century by the Cunha e Coimbra family. In the 20th century it became the Municipal Museum which now houses archeological remains, an ethnography room, as well as an outstanding collection of modern sculptures.

Open seven days a week, this museum/palace can be visited from 10:00 to 12:30 and from 14:00 to 18:00. Entrance is free and there is a good pastry shop right across the street!

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Câmara de Comércio Luso-Britânica

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INVITATION
BPCC SUMMER BBQ IN THE ALGARVE
14 September 2007

Barbecue at Browns Sports and Leisure Club in Vilamoura From 19h00:

Valuable prizes to be won in the Tombola, Succulent food, 10 Year Old Tawny Port Wine, etc.

Reservations before 12 September.
For more information:
Browns Sports and Leisure Club
Caminho dos Golfes, Vilamoura,
8125-426 QUARTEIRA

FATACIL grounds in Lagoa

22nd and 23rd September



LIVE CONCERTS

Café Inglês weekend concerts

Café Inglês, located on the Silves castle steps, is renowned for its incredible settings, tasty homemade food, and good live music. This week's offerings are Tuka Brazilian trio on September 7th from 8.30pm. João Frade and Tuniko Goulart on September 8th from 8.30pm. Tribum dum Brazilian percussion project on September 9th from 3pm.

ber 7th from 8.30pm. João Frade and Tuniko Goulart on September 8th from 8.30pm. Tribum dum Brazilian percussion project on September 9th from 3pm.

Albufeira Jazz festival

For the fifth consecutive year, Albufeira is holding the Jazz festival. This year's line up features Bernardo Sassetti

Trio on September 13th, Marta Hugon Quarteto on September 14th and Jacinta on September 15th.

September 13th – 15th at the Albufeira Municipal Auditorium from 10pm. Call 282 599 500 for more information.

José Cid

José Cid is a Portuguese singer and composer. Outside of his home country, Cid is most famous for performing Um Grande, Grande Amor at the Eurovision Song Contest 1980 and for the

progressive album 10,000 Anos Depois Entre Venus E Marte.

On his long career, Cid has been awarded with 25 Silver, 8 Gold (2 double) and 3 Platinum records.

September 13th, Du Arte Lounge from 11.30pm at the Estoril Casino.



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EXHIBITIONS

Corte Real opening

The Corte Real Gallery has recently opened in Boliqueime and is a truly unique experience exhibiting an ever-changing international collection of paintings and decorative art. They are open Wednesdays through Sunday from 10am

– 5pm. You will find them just off the EN125 – follow the signs to the Estação. They are actually situated in the railway station! Call 912 737 762 or 918 980 199 or visit www.corterealarte.com for more information.



Three women show their masterpieces

Three women artists: Sue Rubira, Kristine Byrne and Jill Parkinson presenting their work at the Lagos Slave market. Paintings in oil, watercolour,

acrylic and mixed media work on paper and canvas - framed and unframed - plus limited edition prints and greetings cards.



September 11th until the 21st, Lagos Slave Market. Open daily from 10am until 8pm.

September 22nd until 30th at the Regimental Armazém in Lagos, open daily from 10am to 8pm.

Paintings by local English artists

An exhibition of work by three local English artists is taking place at the Armazém 1 in Lagos between September 11th and 20th. The artists, who all live in the Western Algarve, are Caroline Wood, Lynne Keighley and Kate Kinnair who have all exhibited in Lagos and other venues for a number of years.

Caroline Wood has had a home in Portugal for over 12 years and moved here permanently in 2002. In the early 90s, she completed a City and Guilds course in Interior Design and Decorative Paint Techniques. When she came to Portugal she took up watercolor painting but recently has concentrated more

on oil painting. Caroline tries to keep her paintings free and loose, thereby maintaining a freshness and vibrancy no matter what the subject.

Kate Kinnair has been a resident in the Algarve since 1999 and is based in the Lagos area. She paints in watercolours and oils to produce images which are typical of the region, which are generally painted on location.

Lynne Keighley lives in Figueira and paints in watercolor, a medium she feels truly captures the light here in the Algarve. She mostly paints on location and also specialises in painting flowers, typical of the Algarve.



September 11th to 20th. Exhibition is open from 10am to 10pm.

In the company of Picasso

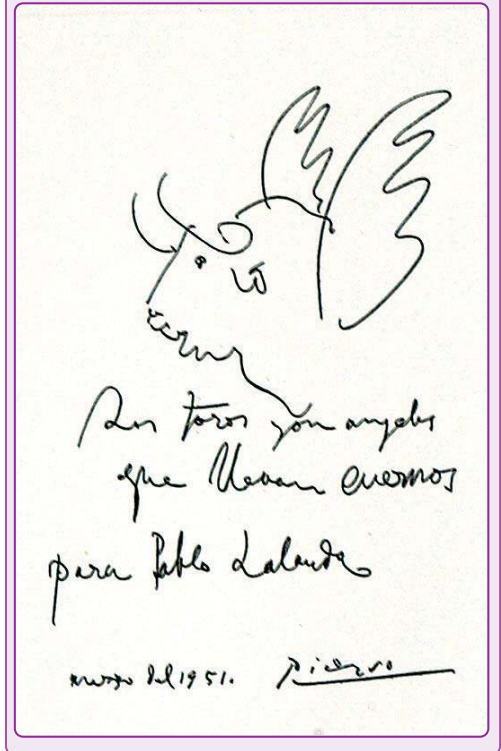
Picasso's etching of 'the winged bull', which he dedicated to his friend, the bull-fighter, Pablo Lalande, is just one of a number of exciting articles that have been entered for the antiques auction being organised by Friends of the Museum, on 20 October at the Museu do Trajo, São Brás. Carmen Hoke, the event manager, is hoping that the first major auction of fine art, genuine antiques, porcelain, silverware and quality ornaments, will bring in buyers and sellers, not only from Portugal, but from the rest of Europe. Carmen has stated that it is not about selling bric-a-brac, "what I want here is an auction of pieces of excellent quality". Carmen already has a number of interesting pieces that will be for auction: an Arturo Bual lithograph; a lithograph from the Palácio Real, Aranjuez, entitled 'Paradise Birds'; a mixed composition entitled 'Lina and the Swan' by the most famous living Dutch

painter, Klaus van der Loch; a watercolour attributed to David Cox Sr (cottage with standing figure); and a J J Audubon lithograph (ruby crowned kinglet) which is part of a collection of 28 which can be purchased separately.

Whether you want to buy or sell (or just observe!) the auction promises to be of great interest.

Items can be brought to the New Gallery of the Cultural Centre within the grounds of the Museu do Trajo on Monday and Tuesday 15th and 16th October from 10am to 2pm. Viewing will take place on Friday 19th October 10am to 6pm and the auction proper will take place between 10am and 5pm on Saturday 20th October. Bar and light refreshments will be available on auction day.

Information: administrator @amigos-museu-sbras.org 966 329 073/luazul 289 845 452/museum 289 840 100/carmen 281 971 632.



1977

Remember this year?

This was the year **The Algarve News** and **Two Weeks in the Algarve** were first published. They later merged and **The Portugal News** was born. Our celebration anniversary issue will be published in November and we are inviting our readers to submit any stories, memories and photographs relating to the past 30 years.

We can hardly wait to hear from you!



Events on these pages are published in good faith and in accordance with information given to us. We regret that we cannot accept responsibility for events which are cancelled, delayed or fail to live up to their billing. Send your events to copy@the-news.net

SHOWS

Forbidden love rhythm

Through the eternal love of 'Romeo & Juliet' from Shakespeare, to the musical 'West Side Story', one of the greatest romances of the folk culture of XX century, has been brought to life by fascinating themes in an exciting brand new show, that will make you fall in love! 'On The West Side' is a unique musical, that tells the journey of a forbidden love, remembering songs of West Side Story, including R&B, Jazz, Classical

music and comedy. Avantgarde choreographies allied with an impressive and classic wardrobe will delight your eyes in this a simply amazing show!

Daily show from 10.30pm until 11.30pm. Tickets €10 per person (one drink included);

Dinner and show from 8.30pm. Tickets €22 per person (complete menu), with musical entertainment played by "Slot Machines Band".

Show opens on September 13th, at Monte Gordo Casino.



Pure Magic. Pure Seduction

Magic, extravagance and seduction are the landmarks of "It's Magic", the new show presented by Casino Monte Gordo. In a mysterious cavern, wizards from all around the world compete for the title of "Magician of the Century", to the rhythm of sounds and sensual dances, wrapping you from the first moment in an exotic environment of pure fantasy.

Allow yourself to be fasci-

nated by unbelievable tricks, fantastic enchantments and mysterious charms that pop up from the tophat and culminate in a surprising end... truly magical.

Daily show from 10.30pm until 11.30pm. Tickets €10 per person (one drink included);

Dinner and show from 8.30pm. Tickets: €27 per person (complete menu), with musical entertainment played by "Royal Flush Band"

Show opens on September 13th, at Hotel Algarve Casino in Portimão.



SPORT

8th International show jumping competition

This international equestrian competition will be bringing some of the major figures of international horse riding to

Portimão for yet another year. September 13th until 16th at Belmonte horse-riding centre from 10am.



Portugal Moto GP

Motorbike competition where professionals such as Valentino

Rossi and Dani Pedrosa fight for the MotoGP title.



September 14th – 16th at Estoril Autódromo. Tickets: €20 to €100. Children under 10 go free.

BOOK REVIEW

Bad Behaviour

By Sheila O'Flanagan.

Darcey McGonigle is a thirty-something high-flying businesswoman, but is unsure how she got to be so powerful and respected. She's sure she will be found out by her colleagues and sacked in shame, but is pleasantly surprised when a cross-section of colleagues at the firm compliment her work and attitude on a regular basis.

Away from the office, Darcey is just as self-conscious. She is so afraid of getting romantically hurt and losing friends that she is stand-offish to her closest pals, and has a string of casual flings to satisfy her sexual desires - but no

more as that would make her vulnerable to heartache.

She is so romantically cautious because 10 years previously, at the age of 24, she was in love for the first time. She had found Aidan, an IT specialist, and was certain that he was the one. But he was cruelly snatched away from Darcey by her best friend - ruthless, self-centred businesswoman Nieve Stapleton.

The pair had been close since the age of seven, but when Nieve entered the cut-throat world of business she began to change - not only in looks, but also in attitude. She wanted money, money and more money, and anything in her

way on the path to fame and fortune would be squashed. Nieve, with her sassy new look, walked into Darcey's house at the age of 24 and met Aidan for the first time. She wanted him and, unfortunately for her friend, nothing would stand in her path.

Needless to say Darcey instantly cut all ties with the pair, who promptly moved to America to start a new life together. But 10 years on - the present time in the story - Darcey is still an emotional wreck. Her rebound marriage failed, and she will now not even confide her thoughts to her sisters or mother. But her life is turned upside down once more by the betray-

ing couple when she receives an invitation to their wedding. Will the past come back to haunt her, or can she move on without attending?

This heart-wrenching story of love, loss, betrayal and friendship is captivating. Sheila O'Flanagan's awkward, confused, vulnerable heroine Darcey reels in the reader to feel so deeply sorry for the injustice of her situation that I was close to throwing the book at the wall on more than one occasion. The depth of characters, snappy dialogue, and emotive storyline could, and should, make this O'Flanagan's first UK number one best-seller.

Caroline Davison

COMING SOON

BOX OFFICE

COMING SOON

LIVE CONCERTS

SEPTEMBER

Massive Attack – September 17th at Lisbon Coliseu from 9pm. Tickets: €33. September 18th at Oporto Coliseu from 9pm. Tickets: €25 - €35.

Police – September 25th at Oeiras Nacional stadium. Tickets: €55 to €95.

Pedro Abrunhoso & Bandedónio – September 27th at Estoril Casino from 22.30pm. Free entrance.

OCTOBER

Rod Stewart – October 7th at Estoril Casino. Further info TBA.

Dimmu Borgir – October 9th at Lisbon Coliseu from 9pm. Tickets: €20.

Rão Kyao – October 19th at Lisbon Cultural Centre in Belém from 9pm. Tickets: €15

Mafalda Veiga & João Pedro Pais – October 26th & 27th – Lisbon Coliseu from 10pm. Tickets: €17.5 - €40.

Comeback Kid, Devil in Me, All Against The World, These Hands Are Fists – October 28th at Seixal Ginásio Club de Corrois from 6pm. Tickets: €20 - €22.

Enrique Iglesias – October 28th at Lisbon Pavilhão Atlântico from 9.30pm. Tickets: €23 - €50.

Patti Smith – October 28th at Lisbon Coliseu. Tickets: €25 - €30.

NOVEMBER

Interpol – November 7th at Lisbon Coliseu from 9pm. Tickets: €25 - €28.

Da Weasel – November 10th at Lisbon Pavilhão Atlântico. Tickets: €15 - €25.

NOFX, The Loved Ones, Easyway, Humble – November 18th at Carcavolos Pavilhão Desportivo da Quinta dos Lombos from 6pm. Tickets: €25.

Marilyn Manson & Turbonegro – November 19th at Lisbon Pavilhão Atlântico from 8.30pm. Tickets: €25 - €30.

Powerboat F1 Championship – This is the final - and deciding - race in the Powerboat P1 World championship. Excitement and an intense sense of Competition are assured with the fastest boats in the world, powered by motors that reach as much as 2,000 horsepower and can achieve speeds of 160kph, which on open sea represents the equivalent of 320kph on land! September 28th until 30th.

OCTOBER

The Great Beijing Acrobat Circus – Founded in October 1950, this acrobatic performance has traveled the world.

October 26th – 27th at Lisbon Coliseu. October 31st – November 1st Oporto Coliseum. Tickets: €10 - €30.

NOVEMBER

Sleeping Beauty Ballet – This show has been described as representing a

LIVE SHOWS

'Ballet Symphony'. November 22nd – 24th at Lisbon Coliseu dos Recreios.

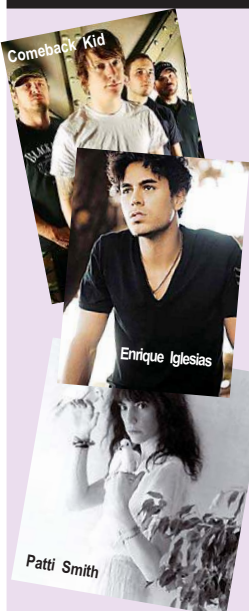
November 27th Oporto Coliseu. Tickets: €12.50 - €37.50.

Bugs Bunny on Ice – 'Around the World in 80 Minutes Show' is a show based on the bestseller by Jules Verne.

See all of your favourite Looney Tunes characters such as Bugs, Daffy Duck, Tweety, Sylvester, Speedy Gonzales, Granny and the Tasmanian Devil on ice. November 1st – 11th at Lisbon's Campo Pequeno. Tickets: €15 - €40.

DECEMBER

Noddy Live – Noddy is returning to Portugal for a Christmas special on December 8th and 9th with daily sessions at 11am, 3.30pm and 7.30pm on December 8th. Minimum age of 3.



TICKETS: Most tickets are available at FNAC outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline); 213 240 580 (Lisbon Coliseu)

GRAND NIGHT OF VARIETY

ONE STUPENDOUS NIGHT ONLY

SEE EXOTIC BELLY DANCING

WATCH GRACEFUL BALLET

WITNESS A DISROBING!
(IN THE BEST POSSIBLE TASTE)

HEAR TYPICAL FADO

AND FROM CAIRO
FAMOUS SAND DANCERS

AND
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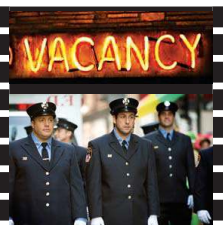


AUDITÓRIO DE LAGOA
SUNDAY SEPTEMBER 16TH
BAR OPEN 7.30PM COMMENCES 8.30PM

TICKETS ON SALE NOW €12.00
TEL 282 330 240 OR 968 413 688

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BENEFIT NIGHT FOR CASTELO SONHOZ.



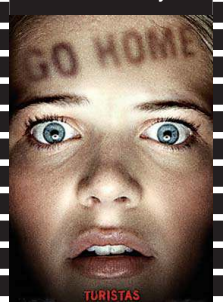
I Now Pronounce You Chuck and Larry



Everyone's Hero



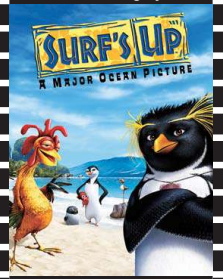
The Last Mimzy



TURISTAS



Evan Almighty



The Simpsons Movie

ALGARVE

SBC
FORUMALGARVE
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6 SEP-12 SEP



1
Wedding Daze
Jason Biggs, Isla Fisher
14.25-16.35-18.45-21.00 (23.10 Thu-Sat)

Surf's Up
Animation PV
(10.15-12.20 Sat & Sun)

2
Mr. Brooks
Kevin Costner, Demi Moore
16.25-21.10 (23.50 Thu-Sat)

Everyone's Hero
Animation PV
(10.30 Sat & Sun) 14.10-19.00

3
Next
Nicolas Cage, Julianne Moore
13.05-15.15-17.25-19.45-22.00 (00.25 Thu-Sat)

The Simpsons Movie
Animation PV
(10.55 Sat & Sun)

4
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
14.45-16.30-19.05-21.40 (00.15 Thu-Sat)

The Simpsons Movie
Animation OV
(11.15 Sat & Sun)

5
Hairspray
John Travolta, Queen Latifah
13.40-16.15-18.55-21.30 (00.05 Thu-Sat)

6
Ratatouille
Animation
PV: (11.20 Sat & Sun) 13.50-18.50
OV: 16.20-21.20

Evan Almighty
Steve Carell, Morgan Freeman
(23.55 Thu-Sat)

7
License to Wed
Robin Williams, Mandy Moore
13.10-17.30-19.40-21.50 (00.00 Thu-Sat)

Evan Almighty
Steve Carell, Morgan Freeman
15.20

8
The Contract
John Cusack, Morgan Freeman
13.30-15.35-17.45-19.55-22.10 (00.30 Thu-Sat)

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
(10.20 Sat & Sun)

9
Vacancy
Kate Beckinsale, Luke Wilson
15.40-22.15 (00.20 Thu-Sat)

The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
(11.10 Sat & Sun) 13.25-17.50-20.00

10
Next
Nicolas Cage, Julianne Moore
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(10.20 Sat & Sun)

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16
Next
Nicolas Cage, Julianne Moore
13.30-15.35-17.45-19.55-22.10 (00.30 Thu-Sat)

Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
(10.20 Sat & Sun)

17
Vacancy
Kate Beckinsale, Luke Wilson
15.40-22.15 (00.20 Thu-Sat)

The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
(11.10 Sat & Sun) 13.25-17.50-20.00

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6 SEP-12 SEP



1
Captivity
Elisha Cuthbert, Daniel Gillies
13.15-16.05-18.55-21.35-00.20

2
Ratatouille - Animation PV
13.30-16.00-18.30-21.00-23.30

3
Everyone's Hero
Animation PV
13.00-15.40-19.15

Ratatouille - Animation OV
21.20-23.45

4
Mr. Brooks
Kevin Costner, Demi Moore
13.10-15.50-18.40-21.15-23.50

5
License to Wed
Robin Williams, Mandy Moore
14.00-16.40-19.00-21.10-23.40

6
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
13.50-16.30-19.20-21.50-00.15

7
Hairspray
John Travolta, Queen Latifah
13.40-16.20-18.50-21.30-00.10

8
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

9
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

10
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

11
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

12
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

13
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

14
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

15
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

16
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

17
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

18
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

19
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

20
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

21
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

22
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

23
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

24
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

25
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

26
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

27
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

28
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

29
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

30
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

31
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

32
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

33
Vacancy
Kate Beckinsale, Luke Wilson
13.45-16.10-18.20-22.00-00.25

34
Next
Nicolas Cage, Julianne Moore
13.20-16.35-19.10-21.40-00.00

4
Hairspray
John Travolta, Queen Latifah

5
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn

6
Ratatouille - Animation OV
Disturbia
Shia LaBeouf, David Morse

7
Vacancy
Kate Beckinsale, Luke Wilson

8
Wedding Daze
Jason Biggs, Isla Fisher

9
Ratatouille - Animation PV
The Simpsons Movie
Animation OV

10
Mr. Brooks
Kevin Costner, Demi Moore

The Last Legion
Colin Firth, Ben Kingsley

11
Everyone's Hero
Animation PV
Turistas
Josh Duhamel, Melissa George

12
Surf's Up - Animation PV
License to Wed
Robin Williams, Mandy Moore

13
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson

14
Death Proof
Kurt Russell, Rosario Dawson

15
Georgia Rule
Jane Fonda, Lindsay Lohan

16
Hostel: Part II
Lauren German, Roger Bart

17
Hostel: Part II
Lauren German, Roger Bart

18
Hostel: Part II
Lauren German, Roger Bart

19
Hostel: Part II
Lauren German, Roger Bart

20
Hostel: Part II
Lauren German, Roger Bart

21
Hostel: Part II
Lauren German, Roger Bart

22
Hostel: Part II
Lauren German, Roger Bart

23
Hostel: Part II
Lauren German, Roger Bart

24
Hostel: Part II
Lauren German, Roger Bart

25
Hostel: Part II
Lauren German, Roger Bart

26
Hostel: Part II
Lauren German, Roger Bart

27
Hostel: Part II
Lauren German, Roger Bart

28
Hostel: Part II
Lauren German, Roger Bart

29
Hostel: Part II
Lauren German, Roger Bart

30
Hostel: Part II
Lauren German, Roger Bart

31
Hostel: Part II
Lauren German, Roger Bart

32
Hostel: Part II
Lauren German, Roger Bart

33
Hostel: Part II
Lauren German, Roger Bart

34
Hostel: Part II
Lauren German, Roger Bart

35
Hostel: Part II
Lauren German, Roger Bart

36
Hostel: Part II
Lauren German, Roger Bart

37
Hostel: Part II
Lauren German, Roger Bart

38
Hostel: Part II
Lauren German, Roger Bart

39
Hostel: Part II
Lauren German, Roger Bart

Next
Nicolas Cage, Julianne Moore
Evan Almighty
Steve Carell, Morgan Freeman
Mr. Brooks
Kevin Costner, Demi Moore
Captivity
Elisha Cuthbert, Daniel Gillies
Vacancy
Kate Beckinsale, Luke Wilson
Hairspray
John Travolta, Queen Latifah

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Ratatouille - Animation PV
Ram Gopal Varma Ki Aag
Amitabh Bachchan, Mohanlal
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Turistas
Josh Duhamel, Melissa George

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6 SEP-12 SEP



1
License to Wed
Robin Williams, Mandy Moore

2
Vacancy
Kate Beckinsale, Luke Wilson

3
The Last Legion
Colin Firth, Ben Kingsley

4
Surf's Up - Animation OV & PV
I Could Never be your Woman
Michelle Pfeiffer, Paul Rudd

5
Ratatouille - Animation PV
The Hoax
Richard Gere, Alfred Molina

6
The Contract
John Cusack, Morgan Freeman

7
Mr. Brooks
Kevin Costner, Demi Moore

8
Everyone's Hero - Animation PV
Georgia Rule
Jane Fonda, Lindsay Lohan

9
The Simpsons Movie
Animation OV

10
Hairspray
John Travolta, Queen Latifah

11
Vacancy
Kate Beckinsale, Luke Wilson

12
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James

13
Next
Nicolas Cage, Julianne Moore

14
Ratatouille - Animation OV

15
Goya's Ghosts
Natalie Portman, Javier Bardem

16
Next
Nicolas Cage, Julianne Moore

17
Ratatouille - Animation OV

18
Goya's Ghosts
Natalie Portman, Javier Bardem

19
Next
Nicolas Cage, Julianne Moore

20
Ratatouille - Animation OV

21
Goya's Ghosts
Natalie Portman, Javier Bardem

22
Next
Nicolas Cage, Julianne Moore

23
Ratatouille - Animation OV

24
Goya's Ghosts
Natalie Portman, Javier Bardem

25
Next
Nicolas Cage, Julianne Moore

26
Ratatouille - Animation OV

27
Goya's Ghosts
Natalie Portman, Javier Bardem

Mr. Brooks
Kevin Costner, Demi Moore
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Ratatouille
Animation OV & PV
Everyone's Hero
Animation PV
The Last Legion
Colin Firth, Ben Kingsley
The Kovak Box
Tomothy Hutton, Lucia Jiménez
Next
Nicolas Cage, Julianne Moore



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Wedding Daze
Jason Biggs, Isla Fisher
Hairspray
John Travolta, Queen Latifah
Evan Almighty
Steve Carell, Morgan Freeman
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Everyone's Hero
Animation PV
The Last Legion
Colin Firth, Ben Kingsley
Ratatouille
Animation PV
License to Wed
Robin Williams, Mandy Moore
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
Mr. Brooks
Kevin Costner, Demi Moore
Goya's Ghosts
Natalie Portman, Javier Bardem

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Surf's Up
Animation PV
Death Proof
Kurt Russell, Rosario Dawson
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
Shrek the Third
Animation PV
Bordertown
Jennifer Lopez, Antonio Banderas
The Simpsons Movie
Animation PV
Bug
Ashley Judd, Michael Shannon

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6 SEP-12 SEP

Mr. Brooks
Kevin Costner, Demi Moore
Evan Almighty
Steve Carell, Morgan Freeman
Turistas
Josh Duhamel, Melissa George
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
License to Wed
Robin Williams, Mandy Moore
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Hairspray
John Travolta, Queen Latifah
The Kovak Box
Tomothy Hutton, Lucia Jiménez
Goya's Ghosts
Natalie Portman, Javier Bardem
Ratatouille
Animation PV
Disturbia
Shia LaBeouf, David Morse
Captivity
Elisha Cuthbert, Daniel Gillies
Everyone's Hero
Animation PV
The Last Legion
Colin Firth, Ben Kingsley



OV =
Original
Version
PV =
Portuguese
Version

HAIRSPRAY



Tracy Turnblad, a big girl with big hair and an even bigger heart, has only one passion - dancing. Her dream is to appear on 'The Corny Collins Show', Baltimore's hippest dance party on TV. Tracy (Nikki Blonsky) seems a natural fit for the show except for one not-so-little problem - she does not fit in. Her plus-sized figure has always set her apart from the



cool crowd, which she is reminded of by her loving but overly protective plus-sized mother, Edna (John Travolta). That doesn't stop Tracy because if there is one thing that this girl knows, it is that she was born to dance. As her father Wilbur (Christopher Walken) tells her, "Go for it! You've got to think big to be big."

David Norton is used to being in control. As a best-selling author, he decides the fate of his characters, their lives and their deaths. But what happens when his fictional world becomes all too real? David arrives in Majorca for a conference. Everything seems to be going well until his fiancée suddenly jumps to her death from their hotel balcony.



As David desperately searches for a reason for her sudden demise, people start inexplicably committing suicide all around him. David becomes the reluctant hero of one of his own stories, but this time, he has no idea how it ends. He meets

Silvia who has survived her own suicide attempt, and together they are plunged into a nightmarish game that could spell disaster for the whole of mankind.

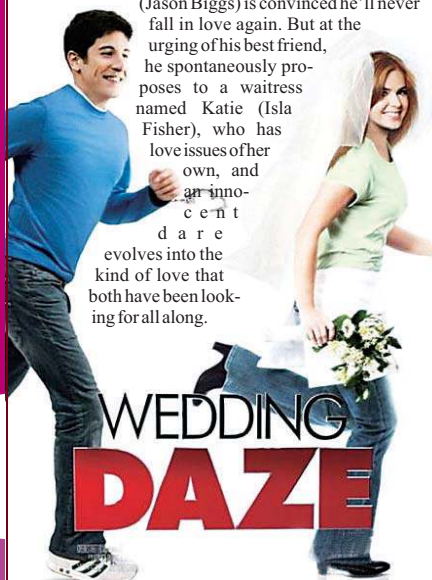
To prevent this, David must now do what nobody else has done: he must somehow find a way to escape from The Kovak Box.



Morgan Freeman goes over to the dark side for this thriller. John Cusack plays Ray Keene, a father who organizes a hiking trip so he can get closer to his son after his wife's passing. But their vacation is interrupted by the arrival of a brutal hit man (Morgan Freeman), who will do anything to collect his fee as a contract killer.



After losing the woman of his dreams, Anderson (Jason Biggs) is convinced he'll never fall in love again. But at the urging of his best friend, he spontaneously proposes to a waitress named Katie (Isla Fisher), who has love issues of her own, and an innocent dare evolves into the kind of love that both have been looking for all along.



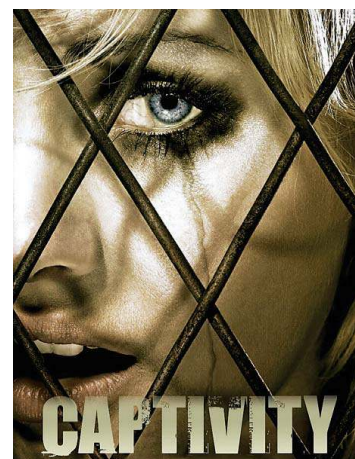
In this adaptation of Philip K. Dick's *The Golden Man*, Nicolas Cage plays a man who can see into the future and change it any way that he wants. As he tries to avoid capture by a government organization, he must win the love of a woman, who he learns will be the mother of his child.



A spine chilling horror thriller about a young model who is drugged, kidnapped and subject to harrowing torture in a cell of horrors.

After struggling to keep her mind, she meets with Gary, another prisoner in the sick games and together they try to escape from the cells and defeat the madman behind the sick game.

As their kidnapper drives them insane, the truth about their horrific abduction is revealed.



A drama is set in Spain in 1792, when Goya was the country's most famous painter. A scandal arises when his teenage muse is framed for heresy by a manipulative monk who is one of the driving forces behind the Spanish Inquisition.



CELEB NEWS

Hairspray star **Nikki Blonsky** is desperate to reprise her role as Tracy Turnblad on Broadway. The 18-year-old plays the dancing teen in the big-screen musical remake, but insists the pull of live theatre makes her determined to succeed on the stage. She says, "Well, you know, maybe, definitely it's been brought to my attention and it's something that I think about every single day especially coming to the openings of Grease, and I went to the opening of *Spring Awakening*. I definitely go into live theatre; it perks me up, and makes me want to do it."

«»» Superstar **Brad Pitt** felt compelled to help with the regeneration of New Orleans because of the "unacceptable" way in which many of the Louisiana city's residents were left scattered with nobody to turn to following 2005's Hurricane Katrina. The *Babel* actor, who has a home in the city, is chairing the design jury on the construction of five energy-efficient homes for Global Green USA, and he promises to build more properties in the near future. Pitt says, "It's a justice issue. What we saw with Katrina is there's a portion of our society that's been overlooked. In the aftermath, we're not going to be able to bring back the friends and family that are lost, we're not going to bring back their heirlooms and their photographs. But maybe we can provide a better way of life, maybe we can find some good out of this. And that has to do with justice and fairness." He adds, "I met a 60-year-old man when I first arrived here to look into this. And he said, 'I did everything right. I got a job, I bought a home, I raised my kids in that home, they did the same. Now my kids, one kid's in Orlando, one's in Houston, we've been wiped out. What do I do?' He's right and that's unacceptable. So any debate on should we rebuild, should we not, I'll take you right on." «»» Heroes star **Hayden Panettiere** is celebrating her 18th birthday as the latest face of America's iconic 'Got Milk?' advertising campaign. Hayden turned 18 on August 21, and will appear in new print ads, shot by celebrated photographer Annie Leibovitz. The actress' campaign, which begins next month, is aimed at urging teenagers to drink three glasses of low-fat or fat-free milk a day. Panettiere will sport the famous milk moustache, wearing a red dress, in the new ads. «»» «»» **Samuel L. Jackson** was mistaken for a homeless person after straying off the set of his new movie in full costume and make-up. Jackson plays a former boxer who finds himself homeless in *Resurrecting The Champ* and admits his on-set look was so convincing, fellow vagrants thought he was also seeking shelter. He says, "I was walking around, smoking cigarettes and these guys thought I was one of them and then when we went to the shelter to eat for the lunch scene with **Josh Hartnett**, I kind of fooled a lot of people there too." «»» Liberal actress **Janeane Garofalo** will be playing an FBI systems analyst in the upcoming season of hit drama 24. The *Romy And Michele's High School Reunion* star will play a government agent assigned to investigate a crisis centering around Jack Bauer (**Kiefer Sutherland**) and his team on day seven of the seventh season, which starts on TV network Fox early next year. Garofalo last appeared on the small screen playing Louise Thornton in the White House drama *The West Wing*. «»» Hollywood couple **Brad Pitt** and **Angelina Jolie** took a night off parenting their four children to host a fundraiser for the victims of Hurricane Katrina in the Hamptons, New York. The pair left Maddox, Pax Thien, Zahara and Shiloh Nouvel with nannies at the New York City hotel to fly to the home of Jane Rosenthal and Craig Hatkoff in Watertown. The fundraiser was promoting the Troy hunk's **Make It Right** project, which aims to rebuild New Orleans, Louisiana's hurricane-ravaged Ninth Ward. During the evening, the couple socialized with Pitt's *Ocean's Thirteen* co-star **Ellen Barkin**, country singer Jimmy Buffet and supermodel Christie Brinkley, the New York Daily News reports. «»»

NORTH

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1 **I Now Pronounce You Chuck and Larry**
Adam Sandler, Kevin James
2 **Ratatouille**
Animation OV
3 **The Simpsons Movie**
Animation OV
4 **The Last Legion**
Colin Firth, Ben Kingsley
5 **Surf's Up**
Animation PV
Hostel: Part II
Lauren German, Roger Bart
6 **Evan Almighty**
Steve Carell, Morgan Freeman
7 **Turistas**
Josh Duhamel, Melissa George
8 **Everyone's Hero**
Animation PV
Harry Potter and the Order of the Phoenix
Daniel Radcliffe, Emma Watson
9 **Captivity**
Elisha Cuthbert, Daniel Gillies
10 **Wedding Daze**
Jason Biggs, Isla Fisher
11 **The Contract**
John Cusack, Morgan Freeman
12 **License to Wed**
Robin Williams, Mandy Moore
13 **Goya's Ghosts**
Natalie Portman, Javier Bardem
14 **Mr. Brooks**
Kevin Costner, Demi Moore
15 **Hairspray**
John Travolta, Queen Latifah
16 **Next**
Nicolas Cage, Julianne Moore
17 **Death Proof**
Kurt Russell, Rosario Dawson
18 **Vacancy**
Kate Beckinsale, Luke Wilson
19 **Georgia Rule**
Jane Fonda, Lindsay Lohan
20 **Ratatouille**
Animation PV

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6 SEP-12 SEP

Captivity
Elisha Cuthbert, Daniel Gillies
Turistas
Josh Duhamel, Melissa George
Ratatouille
Animation OV & PV
Hostel: Part II
Lauren German, Roger Bart
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Evan Almighty
Steve Carell, Morgan Freeman
Disturbia
Shia LaBeouf, David Morse
Everyone's Hero
Animation PV
The Simpsons Movie
Animation OV



OV = Original Version
PV = Portuguese Version

The Kovak Box
Tomothy Hutton, Lucia Jiménez
Surf's Up
Animation PV
License to Wed
Robin Williams, Mandy Moore
Mr. Brooks
Kevin Costner, Demi Moore

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6 SEP-12 SEP

I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
The Kovak Box
Tomothy Hutton, Lucia Jiménez
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
Hostel: Part II
Lauren German, Roger Bart
License to Wed
Robin Williams, Mandy Moore
Ratatouille
Animation PV
The Last Legion
Colin Firth, Ben Kingsley
Evan Almighty
Steve Carell, Morgan Freeman

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Hairspray
John Travolta, Queen Latifah
Evan Almighty
Steve Carell, Morgan Freeman
Mr. Brooks
Kevin Costner, Demi Moore
Ratatouille
Animation PV
Turistas
Josh Duhamel, Melissa George
Next
Nicolas Cage, Julianne Moore
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
License to Wed
Robin Williams, Mandy Moore
The Kovak Box
Tomothy Hutton, Lucia Jiménez

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6 SEP-12 SEP

Evan Almighty
Steve Carell, Morgan Freeman
The Last Legion
Colin Firth, Ben Kingsley
Ratatouille
Animation PV
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Next
Nicolas Cage, Julianne Moore
License to Wed
Robin Williams, Mandy Moore

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6 SEP-12 SEP

Turistas
Josh Duhamel, Melissa George
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
Disturbia
Shia LaBeouf, David Morse
Ratatouille
Animation PV
Georgia Rule
Jane Fonda, Lindsay Lohan
The Simpsons Movie
Animation PV
Death Proof
Kurt Russell, Rosario Dawson
Mr. Brooks
Kevin Costner, Demi Moore
Hairspray
John Travolta, Queen Latifah

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6 SEP-12 SEP

The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
The Hoax
Richard Gere, Alfred Molina
Vacancy
Kate Beckinsale, Luke Wilson
The Last Legion
Colin Firth, Ben Kingsley
Ratatouille
Animation PV
The Simpsons Movie
Animation OV
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Evan Almighty
Steve Carell, Morgan Freeman
License to Wed
Robin Williams, Mandy Moore

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6 SEP-12 SEP

Hostel: Part II
Lauren German, Roger Bart
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Next
Nicolas Cage, Julianne Moore
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
The Last Legion
Colin Firth, Ben Kingsley
Evan Almighty
Steve Carell, Morgan Freeman
Georgia Rule
Jane Fonda, Lindsay Lohan
Ratatouille
Animation PV

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The Last Legion
Colin Firth, Ben Kingsley
Ratatouille
Animation PV
Hostel: Part II
Lauren German, Roger Bart
Evan Almighty
Steve Carell, Morgan Freeman

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Evan Almighty
Steve Carell, Morgan Freeman
Mr. Brooks
Kevin Costner, Demi Moore
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Ratatouille
Animation PV
Next
Nicolas Cage, Julianne Moore
Georgia Rule
Jane Fonda, Lindsay Lohan

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Everyone's Hero
Animation OV & PV
Mr. Brooks
Kevin Costner, Demi Moore
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
Turistas
Josh Duhamel, Melissa George
Ratatouille
Animation OV & PV
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Next
Nicolas Cage, Julianne Moore
Evan Almighty
Steve Carell, Morgan Freeman
Vacancy
Kate Beckinsale, Luke Wilson
License to Wed
Robin Williams, Mandy Moore
The Kovak Box
Tomothy Hutton, Lucia Jiménez

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Next
Nicolas Cage, Julianne Moore
Vacancy
Kate Beckinsale, Luke Wilson
The Last Legion
Colin Firth, Ben Kingsley
Ratatouille
Animation PV
The Simpsons Movie
Animation OV
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Evan Almighty
Steve Carell, Morgan Freeman
License to Wed
Robin Williams, Mandy Moore

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I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Ratatouille
Animation OV & PV
Next
Nicolas Cage, Julianne Moore
Evan Almighty
Steve Carell, Morgan Freeman
Everyone's Hero
Animation PV
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn

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6 SEP-12 SEP

Wedding Daze
Jason Biggs, Isla Fisher
Goya's Ghosts
Natalie Portman, Javier Bardem
Hairspray
John Travolta, Queen Latifah
Evan Almighty
Steve Carell, Morgan Freeman
License to Wed
Robin Williams, Mandy Moore
Captivity
Elisha Cuthbert, Daniel Gillies
Everyone's Hero
Animation OV & PV
Mr. Brooks
Kevin Costner, Demi Moore
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Ratatouille
Animation PV
Vacancy
Kate Beckinsale, Luke Wilson

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Goya's Ghosts
Natalie Portman, Javier Bardem
Ratatouille
Animation OV & PV
Hairspray
John Travolta, Queen Latifah
I Now Pronounce You Chuck and Larry
Adam Sandler, Kevin James
Next
Nicolas Cage, Julianne Moore
The Contract
John Cusack, Morgan Freeman
License to Wed
Robin Williams, Mandy Moore
Mr. Brooks
Kevin Costner, Demi Moore
The Last Mimzy
Chris O'Neil, Rhiannon Leigh Wryn
Disturbia
Shia LaBeouf, David Morse
Evan Almighty
Steve Carell, Morgan Freeman
Everyone's Hero
Animation OV & PV
The Last Legion
Colin Firth, Ben Kingsley



BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Rachel's Favourite Food for Living. (T) 12.00 BBC News; Weather. (T) 12.10 Football Focus. (T) 1.00 Live Golf: Walker Cup. The opening day at the Royal County Down Golf Club, Ireland. (T) 2.00 Live Gymnastics. The World Championships. (T) 4.00 Live Golf: Walker Cup. Further coverage of the opening day. Coverage continues on BBC2. (T) 4.30 Match of the Day Live. England v Israel (Kick-off 5.00pm). (T)

7.05 BBC News; Regional News; Weather. (T) 7.25 Weakest Link Special. Nine contestants including Danielle Lloyd, Lucy Pinder, Michelle Marsh, Charley from Big Brother and a whole host of other Wags and glamour girls take part in the general knowledge quiz in which contestants answer questions as a team, eliminating the poorest players as they go. (T)

8.15 The National Lottery Draws. More fortunes are made as Ainsley Harriott sets the balls rolling and the all-important results of the Thunderball, Dream Number and Lotto draws are revealed. (T)

8.25 Casually. New series. Doctors Ruth Winters and Toby De Silva join the emergency department and have very different experiences during their first day on the job. While the former gets off to a confident and stress-free start, the latter has an explosive introduction to his new duties when he treats people following a major incident. Matthew Needham and Georgia Taylor join the cast. The next episode is tomorrow at 8pm. (T)

9.15 BBC Proms 2007. The climax of the classical music season at the Royal Albert Hall, where the BBC Symphony Orchestra, under conductor Jiri Belohlavek, perform the event's traditional finale with the help of international soloists Anna Netrebko and Joshua Bell. The evening also includes the traditional link-up between audiences in the Hall and parks across the country, including those in Glasgow, Swansea, Tees Valley and Carrickfergus. Alan Titchmarsh presents. (T)

10.40 BBC News; Weather; (T) National Lottery Update.

11.00 David Gilmour - Live at the Royal Albert Hall. The Pink Floyd guitarist and singer performs live in London, showcasing songs from his newly released album *On an Island* and a selection of hits encompassing the band's 40-year career. He is joined on stage by bandmates Richard Wright and Dick Parry, Phil Manzanera from Roxy Music and Pink Floyd contributors Guy Pratt and John Carin. Other guests include Crosby and Nash and David Bowie. (T)

12.00 FILM: Virus (1999). Sci-fi thriller, starring Jamie Lee Curtis. (T) 1.30 FILM: Vampire Circus (1971). Atmospheric chiller, with Adrienne Cori; (T) Weatherview. 3.00 BBC News 24. (T)



BBC2

6.00 CBeebies: 6.00 Teletubbies; (R) (T) CBeebies Birthdays. (T) 6.30 Balamory. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Dogstar. (R) (T) 7.25 Dennis the Menace. (R) (T) 7.45 Watch My Chops. (R) (T) 8.00 Hider in the House. (R) (T) 9.00 TMI. (T) 10.30 The Sorcerer's Apprentice. (R) (T) 10.55 The Story of Tracy Beaker. (R) (T) 11.25 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 Live Golf: Walker Cup. The opening day at the Royal County Down Golf Club. Coverage continues on BBC1. (T) 1.00 The Sky at Night. (R) (T) 1.20 FILM: Oh, Mr Porter! (1937). Comedy, with Will Hay. (T) (bw) 2.40 Wallace & Gromit: A Grand Day Out. (R) (T) 3.05 FILM: Carry On Spying (1964). James Bond spoof, starring Kenneth Williams. (T) (bw) 4.30 Live Golf: Walker Cup. The conclusion of day one at the Royal County Down Golf Club. (T) 6.00 Coast. (T) 6.10 FILM: Chicken Run (2000). Smash-hit animation following the adventures of a coop of chickens striving to escape an evil farmer's wife determined to turn them into pies. With the voice of Mel Gibson. (T) 7.30 BBC Proms 2007. Alan Titchmarsh presents the season's final concert, where chief conductor Jiri Belohlavek makes his Proms debut leading the BBC Symphony Orchestra. Coverage continues on BBC1 at 9.10pm. (T) 9.15 British Film Forever. The final programme in the series explores the varied success of British comedy feature films, including the St Trinians series, the Carry Ons, Monty Python, Wallace and Gromit and Borat. (T) 10.45 FILM: Carry On Camping (1969). Comedy, starring Sid James and Kenneth Williams. (T) 12.10 Tribe. (R) (T) 1.10 Stella Street: The Movie. (R) (T) 2.30 BBC News 24. (T) 3.00 Close.

Pick of the Day

Casualty (BBC1, 8.25pm)

The 22nd series of the long-running medical drama kicks off in fine style with the introduction of two new characters. Doctors Ruth Winters (former Coronation Street star Georgia Taylor) and Toby De Silva (Matthew Needham) arrive at the Accident and Emergency department for their first day. While Ruth takes it like a duck to water, Toby's nervousness soon gets the better of him, and, after messing up an overdose victim's treatment, he is promptly shoosed out by Maggie to work with Dixie on the ambulance. His day doesn't get any better when a massive explosion occurs and he gets separated from the paramedic as she dashes off to help. Toby finds himself overwhelmed by the carnage in front of him, and after rescuing a little girl, is agast when her father snatches her out of his arms, ignoring the youngster's pleas to go to her mum. Once back at the hospital, Toby struggles to do anything useful, and when a patient dies in his care, the young man decides to throw in the towel. However, when he encounters the young girl he rescued earlier in the day, it's obvious all isn't well. The mite turns out to be diabetic, and without thinking, Toby administers the shot she needs, saving her life. Maybe he'll make a half-decent doctor after all?

C4

5.55 Inuk. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.55 T4: T4 on the Beach. Another chance to see coverage from Weston-super-Mare. (R) (T) 12.55 T4: Run Fat Boy Run: T4 Movie Special. (T) 1.30 T4: 4Music Presents: KT Tunstall. (T) 2.00 Channel 4 Racing from Haydock Park, Kempton Park, Thirsk and Leopardstown. Including the 3.45 Betfred Sprint Cup (6f). (T) 4.05 A Place in the Sun. (R) (T) 4.40 FILM: King Kong (1976). Monster-movie remake. Jeff Bridges stars. (T) 7.05 Channel 4 News. (T) 7.30 Deal or No Deal. Noel Edmonds hosts the game show in which contestants try to guess the contents of mystery boxes. (T) 8.15 Deadliest Catch. The Big Valley sinks and boats such as the Maverick scatter the icy waters for survivors. Matters worsen when a deckhand falls overboard, sending shockwaves through the entire fleet. (T) 9.15 FILM: Hide and Seek (2005). Premiere. A widower's daughter finds solace in an imaginary friend - but events soon take a disturbing twist. Weak thriller, starring Robert De Niro and Dakota Fanning. 11.10 FILM: Dumb and Dumberer: When Harry Met Lloyd (2003). Premiere. Comedy prequel, starring Eric Christian Olsen. (T) 12.45 4Music: 4Music Presents: KT Tunstall. (R) (T) 1.20 4Music: Trocabrahma 2007. 2.10 Get Your Act Together with Harvey Goldsmith. (R) (T) 3.10 Wild Things. (R) (T) 3.55 Full Metal Challenge. (R) (T) 4.55 Countdown. (R) (T) 5.40 The Hoobs. (R) (T)

FIVE

6.00 Sunrise. 7.00 Milkshake!: Hi-5. (R) (T) 7.35 Rupert Bear. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.25 The Book of Pooh. (R) (T) 8.55 Roobarb and Custard Too. (R) (T) 9.05 Mio Mao. (R) (T) 9.10 Fifi and the Flowertots. (R) (T) 9.25 Franklin. (R) (T) 10.00 Fifth Gear. (R) (T) 11.00 David Beckham's Soccer USA. (R) (T) 11.30 Football Italiano. (T) 12.00 Diet Doctors: Inside and Out - Revisited. (R) (T) 1.00 FILM: For Love of the Game (1999). Romantic drama, starring Kevin Costner and Kelly Preston. (T) 3.30 FILM: My Life (1993). Drama, with Michael Keaton. (T) 5.25 FILM: Grumpier Old Men (1995). Comedy sequel, starring Walter Matthau. (T) 7.15 Cricket on five. England v India. Mark Nicholas presents highlights of the seventh one-day international at Lord's, the final match of the series between the two countries. (T) 8.00 five news and sport. (T) 8.15 NCIS. A six-year-old boy implores the team to find his father, who he claims has been kidnapped. The agents learn the missing man is a lieutenant commander, and he's been working on a confidential report. (R) (T) 9.15 CSI: Crime Scene Investigation. Catherine and Nick investigate the fatal shooting of a doctor's wife, while Gil looks into the apparent suicide of a newspaper editor found hanged in her apartment. (R) (T) 10.15 Law & Order: Special Victims Unit. (T) 11.15 Criminal Minds. (R) (T) 12.15 Quiz Call. 5.35 Wildlife SOS. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. (T) 9.40 Planet Sketch. (T) 9.45 My Parents Are Aliens. (R) (T) 10.15 Supernormal. (T) 10.30 Saturday Cooks! (T) 12.00 ITV News and Weather. (T) 12.05 London Today. Weather. (T) 12.10 Live Rugby World Cup 2007. New Zealand v Italy (Kick-off 12.45pm). (T) 2.30 Live Rugby World Cup 2007. Australia v Japan (Kick-off 2.45pm). (T) 4.45 Live Rugby World Cup 2007. England v USA (Kick-off 5.00pm). (T)

7.05 London Tonight. Weather. (T) 7.15 ITV News and Sport. Weather. (T) 7.25 The X Factor. The penultimate round of auditions from Manchester, Birmingham and Belfast, where the judges choose more would-be chart stars for the boot camp stage. Dermot O'Leary hosts. (T)

8.25 Ant & Dec's Saturday Night Takeaway. The duo return with a new series of the entertainment show, featuring star guests, games, pranks and challenges. The Sugababes perform their new single, Corrie couple Tina O'Brien and Ryan Thomas (Sarah and Jason) try to Beat the Boys in a racetrack challenge, and Ant tries for his first series victory in Ant vs Dec: This Time It's Personal. Plus, as always, a chance for one member of the audience to win the items advertised in one of last week's commercial breaks. (T)

9.40 Hell's Kitchen. Angus Deayton presents the latest kitchen goings-on as the 10 celebrities grapple with the culinary arts under the watchful eye of Marco Pierre White. (T)

10.40 Marc Bolan: 20th Century Boy. Thirty years ago next Sunday, the pop world lost one of its more flamboyant sons when former T Rex frontman Marc Bolan was killed in a car crash at the age of 29. To mark what would have been his 60th birthday later this month, this programme pays tribute to the glam-rock pioneer through interviews, archive footage and an early performance never before broadcast on TV. Contributors include the singer's son Rolan Bolan, long-term partner Gloria Jones and friends including Cilla Black and record producer Tony Visconti. (T)

11.10 ITV News and Weather. Weather. (T) 11.25 F1: Italian Grand Prix Qualifying. Steve Rider introduces a chance to see the battle for pole position ahead of tomorrow's race at Monza, where the drivers will contest the 13th round of the season. Kimi Raikkonen has claimed pole for the last two years at this race and, as Ferrari target victory in their home Grand Prix, the Finn will be hoping to give them every chance by qualifying fastest for the third successive time. Commentary by James Allen and Martin Brundle. (T)

12.40 Rugby World Cup Highlights. 1.25 Make Your Play. (T) ITV News Headlines. 4.15 Antiques Auction. (R) (T) 4.35 Antiques Auction. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1

0630 Brinca Comigo 0935 Planeta Prodigioso 1035 Segredos da Natureza 1135 Mudar de Vida 1205 Edição Especial Desporto: Antevisão do jogo Portugal V Polónia 1300 News 1410 Top + 1530 Unidade Especial 1700 N-os Somos o 12º Jogador 1910 O Preço Certo 2000 News 2055 Football: Portugal V Polónia 2255 Post match 2350 Diabolique 0145 Larry David: Curb Your Enthusiasm 0330 A Hora da Sorte 0445 Teleales

RTP2

0700 Euronews 1000 África 7 Dias 1030 Notícias de Portugal 1130 Pálcio: Rodrigo Leaos, João, Xaile 1250 Bastidores 1315 The Simpsons 1335 Entre Pratos 1400 National Geographic 1500 Sport 1900 Gente da Cidade 1930 A Princesa Mononoke 2145 A Hora da Sorte 2200 News 2240 American Splendos, Sogni D'Oro, films 0200 Sport 0600 Euro News SIC

0700 Sic Kids 0845 Disney Kids 1200 Our World 1300 News 1400 Extase 1500 CSI Miami 1600 Film TBA 1800 Film TBA 2000 News 2130 Paraíso Tropical 2230 Amazônia 2330 Vingaça 0030 Star Wars: Episódio II The Attack of the Clones 0315 Quando o Telefone Toca

TVI 0700 Children TV 0900 Morangos com Açúcar 1045 O Bando dos Quatro 1215 DeLuxe 1300 News 1400 Os Escolhidos 1600 Film TBA1800 Film 2000 News 2130 Morangos com Açúcar 2230 Ilha dos Amores 2330 Cose Fugitiva 0030 Film TBA0215 Toca A Ganhar 0330 Dawson's Creek 0430 O Mistério de Natalie Wood 0530 Teleales

Best of the Rest

BBC3

7.00 Gaffes Galore Outtakes 7.05 World Cup Out-Takes 7.35 World Cup Out-Takes 8.05 Football Gaffes Galore Out-Takes 8.15 Top Gear 9.15 Film: Stargate PG (1994) 11.10 The Real Hustle 11.40 Two Pints of Lager and a Packet of Crisps 12.10 Two Pints of Lager and a Packet of Crisps 12.40 Outrageous Wasters 1.35 World Cup Out-Takes 2.05 World Cup Out-Takes 2.35 The Real Hustle 3.05 Two Pints of Lager and a Packet of Crisps 3.35 Two Pints of Lager and a Packet of Crisps 4.05 Close

BBC4

7.00 Time Shift: A Story of the Circus 7.45 Proms in the Park 2007 10.40 Stephen Fry: 50 Not Out 11.40 QI 12.10 Stephen Fry: Guilty 12.40 Mark Lawson Talks to Stephen Fry 1.40 Mercury Music Prize 2007 3.10 Stephen Fry: 50 Not Out 4.10 Close

ITV2

2.15 Holiday Showdown 3.15 Holiday Airport: Cyprus 4.15 The Planet's Funniest Animals 4.45 Film: Dennis PG (1993) 6.25 Who Wants to Be a Millionaire? Celebrity 7.30 Australian Princess 8.30 Nanny 9.11 9.30 Movies Now 9.40 The Xtra Factor 10.40 Jack Osbourne - Adrenaline Junkie 11.40 Film: Back to the Future Part III PG (1990) 2.00 The X Factor 3.00 The Xtra Factor 3.50 Emmerdale 6.00 Close

Sky One

1.00 Bones 2.00 Bones 3.00 Bones 4.00 Lost 5.00 Lost 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 Brainiac: Science Abuse 9.00 Bones 10.00 Bones 11.00 Cold Case 12.00 Cold Case 1.00 Asbo Fever 1.50 Star Trek: The Next Generation 2.40 Star Trek: The Next Generation 3.30 Crash Test Dummies 4.20 Vroom Vroom 5.10 Taste

UKTV Gold

1.00 Doctor Who 2.00 Doctor Who 3.00 Doctor Who 4.00 Doctor Who 5.00 Doctor Who 6.00 Doctor Who 7.00 Doctor Who 8.00 Doctor Who 9.00 Film: Terminator 3: Rise of the Machines 12 (2003) 11.10 Little Britain 11.50 Little Britain 12.30 Two Pints of Lager and a Packet of Crisps 1.10 Doctor Who 2.05 Doctor Who 2.50 Doctor Who 3.35 Dallas 4.20 Dallas 5.10 Dallas

TCM

1.00 Murder by Death PG (1976) 3.00 Willy Wonka and the Chocolate Factory PG (1971) 5.15 Hotel Paradiso PG (1966) 7.05 Sunday in New York U (1963) 9.00 Risky Business 18 (1983) 10.55 Fame 15 (1980) 1.40 2010 PG (1984) 3.40 Teleshopping 3.55 Clark Gable: Tall, Dark and Handsome

The Disney Channel

Kids' programmes from Tam, except: 4.00 Film: Eddie's Million Dollar Cook-Off U (2003) Comedy, starring Orlando Brown.

MOVIES

Sky Movies Drama

6.00 Ice Bound PG (2003) 7.45 Going for Broke PG (2003) 9.35 Drama Close Up 10.05 Long Road Home PG (1991) 11.45 Ice Bound PG (2003) With Susan Sarandon. 1.30 Just Like Heaven PG (2005) With Reese Witherspoon. 3.15 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 5.45 Drama Close Up 6.15 Going for Broke PG (2003) With Delta Burke. 8.00 Just Like Heaven PG (2005) With Reese Witherspoon. 9.45 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 12.15 Flesh and Blood 18 (1985) With Jennifer Jason Leigh. 2.25 The Offence 15 (1973) With Sean Connery. 4.25 Long Road Home PG (1991)

Sky Movies Comedy

6.55 Kiss Me, Stupid PG (1964) 9.05 Guess Who 12 (2005) 11.05 Kicking and Screaming PG (2005) With Will Ferrell. 12.50 Shooting Fish 12 (1997) With Dan Futterman. 2.50 Scary Movie 4 15 (2006) With Anna Farris. 4.30 Bean PG (1997) With Rowan Atkinson. 6.10 Kicking and Screaming PG (2005) With Will Ferrell. 8.00 Shooting Fish 12 (1997) With Dan Futterman. 10.00 Scary Movie 4 15 (2006) With Anna Farris. 11.30 Guess Who 12 (2005) With Ashton Kutcher.

1.30 The Most Fertile Man in Ireland 15 (2000) With Kris Marshall. 3.10 Milk 15 (1998) 4.50 Bean PG (1997)

Sky Movies Action

6.00 Miami Vice 15 (2006) 8.15 Speed 2: Cruise Control PG (1997) 10.20 The Saint 12 (1997) 12.20 Four Brothers 15 (2005) With Mark Wahlberg. 2.10 Miami Vice 15 (2006) With Colin Farrell. 4.25 Speed 2: Cruise Control PG (1997) With Sandra Bullock. 6.30 Superman Returns Special 7.00 The Saint 12 (1997) With Val Kilmer. 9.00 187 15 (1997) With Samuel L. Jackson. 11.00 Payback 18 (1999) With Mel Gibson. 12.45 Four Brothers 15 (2005) With Mark Wahlberg. 2.40 Foxxy Brown 18 (1974) With Pam Grier. 4.15 Angel Flight Down PG (1996)

(R)-repeat programme;

(T)-programme with tele-

text subtitles;

(S)-programme broad-

cast in stereo;

(bw)-black and white.

SPORT

Sky Sports 1

6.00 Aerobics Oz Style 6.30 Champions League Weekly 7.00 Big League Weekend 8.00 Champions League Weekly 8.30 FIFA Futbol Mundial 9.00 Soccer AM 12.00 Live Football League. Dagenham & Redbridge v Barnet (Kick-off 12.15pm). 2.30 Live International Football. Scotland v Lithuania (Kick-off 3.00pm). 5.00 Live International Football. Latvia v Northern Ireland (Kick-off 5.15pm). 7.15 Live International Football. Wales v Germany (Kick-off 7.30pm). 9.30 International Football 12.00 International Cricket 1.30 International Football 4.00 Champions League Weekly 4.30 British Rally Championship 5.30 Champions League Weekly

Sky Sports 2

6.00 Super League 7.30 International Football 9.00 NFL: America's Game 10.00 Live International Cricket. England v India. 6.30 World Sport 7.00 Rally World 7.30 Live International Football. Slovakia v Republic of Ireland (Kick-off 7.30pm). 9.30 International Cricket 11.00 Rugby Union 2.00 Max Power 3.00 International Cricket 4.30 NFL: Playbook 5.30 Ocean

Sky Sports 3

6.00 Tight Lines 7.00 Friday Fight Night 9.00 WWE: Smackdown 11.00 WWE: Bottom Line 12.00 Live European Tour Golf. The European Masters. 4.00 Moto Plus 4.30 World Sport 5.00 WWE: Bottom Line 6.00 Live Speedway. The

Poland Grand Prix. 9.00 NFL Playbook 10.00 Extreme Championship Wrestling 11.00 WWE: Late Night - Smackdown 11.00 WWE: Late Night - Bottom Line 2.00 Speedway 5.00 Rally World 5.30 Yachting

British Eurosport

7.30 Tatiana's World 7.45 Inside Euro 2008 8.00 Live Ski Jumping. The Summer Grand Prix. 10.00 Cycling: Vuelta Espana 11.00 Inside Euro 2008 11.15 Biathlon 11.45 Biathlon 12.30 Artistic Gymnastics 1.00 US Open Tennis 3.00 Live Cycling: Vuelta Espana. The eighth stage of the Tour of Spain. 4.30 Ski Jumping 5.00 World Superbikes 5.50 Artistic Gymnastics 7.50 World Superbikes 8.40 GP2 Racing 9.10 Cycling: Vuelta Espana 10.00 Inside Euro 2008 10.15 International Football 11.15 Volleyball 12.45 Inside Euro 2008 1.00 Close

Sky Sports Xtra

6.00 Ocean 6.30 Live Rugby Union. Northland v Auckland (Kick-off 6.30am). 8.30 Live Rugby Union. Wellington v North Harbour (Kick-off 8.35am). 10.30 Max Power 11.30 Racing News 12.00 BMX Riding 1.00 NFL: Total Access 2.00 Friday Fight Night 4.00 NFL: Total Access 5.00 Live US Open Tennis. The men's semi-finals at Flushing Meadows. 10.00 Golf Night 12.00 Heritage Grand Touring Car Challenge 12.30 World Sport 1.00 Live US Open Tennis. The women's final. 3.00 Golf Night 5.00 World Sport 5.30 Moto Plus

Everything in English

707
500
600

BBC1

6.00 Breakfast. (T) 9.00 Sunday AM. (T) 10.00 The Big Question. (T) 11.00 Countryfile. (T) 12.00 BBC News; Weather. (T) 12.05 'Allo 'Allo! (R) (T) 12.35 Murder, She Wrote. (R) (T) 1.20 Cash in the Attic. (R) (T) 2.20 EastEnders. (T) 4.15 Dancing with the Stars. (T)

5.45 Songs of Praise. Diane-Louise Jordan visits the Anglican Cathedral in Coventry, meeting people whose lives it has changed, including a former rocker, a married couple and someone who helped build it. (T)

6.20 Antiques Roadshow. From Arundel Castle, West Sussex. (T)

7.10 Last of the Summer Wine. Smiler takes up dancing to impress the woman of his dreams and recruits Truly to help accomplish the task. Comedy, starring Stephen Lewis and Frank Thornton. (T)

7.40 BBC News; Regional News; Weather. (T) 8.00 Casualty. Part two of two. The aftermath of the explosion is seen from Charlie's perspective as he struggles to stop the body count rising even further. When the veteran nurse makes a simple mistake it is left to Connie Beauchamp to take charge and whip the overstretched team into shape. To make matters worse, the Emergency Department is then evacuated due to an unattended bag. Holby City's Amanda Mealing goes stars. (T)

9.00 The Dinner Party. One-off comedy drama, starring Rupert Graves as wealthy businessman Roger and Elizabeth Berrington as his weary wife, who invite four friends to celebrate his birthday. The evening begins to fall apart when Leo and Jackie, who recently fled London in search of an idyllic village home, discover the nature of their host's life is not quite what they had expected. Meanwhile, struggling photographer Jim sees a chance to keep his wife Evelyn happy by raising money. With Lee Evans, Jessie Wallace, Alan Armstrong and Alison Steadman. (T)

10.00 BBC News; Weather. (T) 10.20 Medium. Allison and Ariel are left fearing the worst when Joe is held hostage at work, and the pair can only look on as police officers work desperately to bring the situation to a peaceful resolution. Patricia Arquette and Sofia Vassiliou star. (T)

11.00 Keeping Faith - Rosh Hashanah 2007. Chief Rabbi Jonathan Sacks presents a message in celebration of the Jewish New Year, which includes his own defence of religion and the way it offers support to communities across Britain. (T)

11.30 FILM: Mistaken Identity (1999). Fact-based drama, starring Melissa Gilbert; (T) Weatherview.

1.00 Sign Zone: Holby City. (R) (T) 2.00 Sign Zone: Child of Our Time. (T) 3.00 Sign Zone: Vet Safari. (R) (T) 3.30 BBC News 24. (T)



BBC2

6.00 CBeebies: 6.00 Teletubbies; (R) (T) CBeebies Birthdays. (T) 6.30 Balamory. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Legend of the Dragon. (R) (T) 7.20 Krypto the Superdog. (R) (T) 7.30 Escape from Scorpion Island. (T) 8.30 S.Mart. (T) 9.30 The Basil Brush Show; (T) Diddy Dick & Dom. (R) (T) 10.00 Something for the Weekend. (T) 10.30 Animal Park. (T) 12.00 Live Golf: Walker Cup. The second day at the Royal County Down Golf Club. (T) 2.00 Mountain Biking. 4.00 Live Golf: Walker Cup. The closing stages at the Royal County Down Golf Club. (T) 6.00 Gymnastics. (T) 6.30 Wild Mallorca. (R) (T) 7.00 The Restaurant. The three least successful couples go head to head at a lunch service for hundreds of scientists, but things career out of control when one pair forget some basic ingredients. (R) (T) 8.00 Crisis on Jimmy's Farm. A disastrous Christmas leaves Jimmy and Mike with no money and just three months to turn the farm's fortunes around. Unable to cover the wage bill, the pair request a #250,000 bank loan. (T) 9.00 FILM: Bend It Like Beckham (2002). A British woman tries to hide her passion for football from her strict Indian family - until she is picked by a local team. Engaging comedy, starring Parminder K. Nagra. (T) 10.50 Heroes. Mohinder is plagued by strange visions. (R) (T) 11.30 FILM: A Hard Day's Night (1964). The Beatles' musical comedy adventure. (T) (bw) 12.55 FILM: Lucky Jim (1957). Comedy, starring Ian Carmichael. (T) (bw) 2.30 BBC News 24. 3.30 Close.

C4

6.05 The Hoobs. (R) (T) 6.30 Transworld Sport. (T) 7.25 British GT Championship. 7.55 Adrenalin Rush: Three Peaks Yacht Race. 8.45 T4: The OC. (R) (T) 9.45 T4: TBA Sidekick: Mika. (T) 10.00 T4: Hollyoaks. (T) 12.30 T4: TBA Sidekick: Kasabian. (T) 12.50 T4: Big Brother: What the Housemates Did Next. (R) (T) 1.50 T4: Friends. (R) (T) 2.20 T4: TBA: Kaiser Chiefs. (T) 3.25 T4: Smallville. (T) 4.25 T4: The Simpsons. (R) (T) 4.55 T4: The Simpsons. (R) (T) 5.25 Come Dine with Me. (R) (T) 6.45 Channel 4 News. (T) 7.00 The Man Who Predicted 9/11. The story of Rick Rescorla, the security chief of Morgan Stanley's offices in the World Trade Centre. After realising a terrorist attack using planes was a possibility, he made sure his co-workers were prepared for the eventuality. His foresight would ultimately save 2,700 lives when his nightmare scenario became a reality. Featuring contributions from family, friends and the colleagues he helped to escape. (R) (T) 8.00 FILM: The Lord of the Rings: The Two Towers (2002). Epic fantasy sequel following the remaining members of the shattered Fellowship, as their quest to destroy the all-powerful ring becomes ever more perilous. Elijah Wood stars. (T) 11.20 FILM: Trading Places (1983). Comedy, starring Dan Aykroyd and Eddie Murphy. (T) 1.30 FILM: Lower City (2005). Premiere. Romantic drama, starring Alice Braga. 3.20 Monsters. (R) (T) (bw) 3.35 Dirty Dali: A Private View. (R) (T) 4.35 Smallville. A medallion induces visions of Clark's past. (R) (T) 5.20 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.25 When I Grow Up. (R) (T) 6.30 Oswald. (R) (T) 6.40 Big School. (T) 6.50 Harry and His Bucket Full of Dinosaurs. (R) (T) 7.00 Hi-5. (R) (T) 7.30 Funky Town. (R) (T) 7.40 Rupert Bear. (R) (T) 7.55 Make Way for Noddy. (R) (T) 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.25 The Book of Pooh. (R) (T) 9.00 Roobarb and Custard Too. (R) (T) 9.05 Mr Mao. (R) (T) 9.15 Fifi and the Flowerbots. (R) (T) 9.30 Franklin. (R) (T) 10.00 How to Be a Property Developer. (R) (T) 11.00 House Doctor: Inside and Out. (R) (T) 12.05 HouseBusters. (R) (T) 12.40 Great Artists. (R) (T) 1.10 FILM: Perry Mason: The Case of the Fatal Framing (1992). Mystery, starring Raymond Burr. (T) 3.10 FILM: Life with Mikey (1993). Premiere. Comedy, starring Michael J. Fox. (T) 4.45 FILM: Edward Scissorhands (1990). Bizarre modern fantasy, starring Johnny Depp. (T) 6.35 five news and sport. (T) 6.40 Joey. (T) 7.10 Joey. Jimmy and Gina's wedding day arrives. Last in series. (T) 7.40 five news and sport. (T) 8.00 FILM: Fistful of Dollars (1964). Clint Eastwood stars as The Man with No Name in this groundbreaking Western. A gunslinger rides into a town split by feuding families, and proceeds to play one off against the other. (T) 10.00 FILM: Dog Soldiers (2002). A team of soldiers end up fighting against werewolves during a training mission in the Scottish Highlands. Top-notch comedy horror, starring Sean Pertwee. Includes news update at 10.55pm. (T) 12.05 Arrest and Trial. (R) (T) 12.35 Major League Baseball. Live coverage of another top game. (T) 4.15 Kickboxing: Now Is the Time - Night of Combat. (T) 5.05 Major League Soccer. (T)

LOCAL

Best of the Rest

RTP1
0630 Brinca Comigo 0900 Cria ur Urso Negro Bebé 1000 Domical Eucarist 1100 Centro de Saúde 1130 Em Reportagem 1145 Os Lugares mais Fantásticos 1230 Mr Bean 1300 News 1415 Sô Visto 1515 Sobre News 1645 Shock Therapy, film 1845 Conta-me Como Foi 2000 News 2100 As Escolhas de Marcelo Rebelo de Sousa 2130 Superconcurso - Jogos de Sempres 2330 Memphis Belle, film 0115 Facing Window, film

RTP2
0700 Euronews 0730 Músicas de África 0830 África @global 0900 Caminhos 0930 70x7 1000 Nôs 1100 Indisciplinas 1130 Consigo 1200 Vida Por Vida 1230 Ocho a Mundo 1300 The Simpsons 1330 Bombardeo 1400 Discovery Hour 1900 Arte & Emoção 1930 Diga lá Excelência 2030 The Simpsons 2100 Entre Pratos 2130 A Alma e Gente 2200 News 2240 Cãmara Clara 2330 Britom 0030 Onda Curta 0130 Parlamento 0200 A Alma e a Gente 0220 Euronews 0245 Sport 0600 Euronews

SIC
0700 Floribella 0830 Sic Kids 1100 Fátima 1300 News 1445 Futsal Sport: Benfica V Braga 1700 CSI Miami 1800 Film TBA 2000 News 2115 Reportagem SIC 2145 Família Superstar 2245 Prais Tropical 2330 Hora H 0015 CSI Las Vegas 0115 Tuck Everlasting 0300 Quando o Telefone Toca 0440 O Bairro da Fonte

TVI
0645 Children's TV 0900 Morangos Com Açúcar 1100 Missa Braga 1230 Olívio Dia 1300 News 1410 Top + 1530 Ciclismo: Tour of Frande 1630 Film TBA 1845 O Prepo Certo 1945 A Voz do Cidadão 2000 News 2130 Morangos Com Açúcar 2230 linha dos Amores 2330 Docx Fugitiva 0030 Film TBA 0215 Toca a Ganhar 0330 O Escritório 0400 O Mistério de Natalie Wood 0500 Tele sales

BBC3
7.00 Gaffes Galore Outtakes 7.05 Film: Stargate PG (1994) 9.00 I'm a Boy Anorexic 10.00 Rush Hour 10.30 Rush Hour 11.00 Rush Hour 11.30 Rush Hour 12.00 Rush Hour 12.30 Rush Hour 1.00 I'm a Boy Anorexic 1.55 The Real Hustle 2.25 Baby-Faced Bodybuilders 3.25 Close

BBC4
7.00 Chelsea Pensioners: Once a Soldier 7.30 Wainwright Walks 8.00 Bombay Railway 9.00 Women's Institute 10.00 Consenting Adults 11.20 Tight Spot: HR - An Appraisal 11.50 Bombay Railway 12.50 Mark Lawson Talks to Armando Iannucci 1.50 Women's Institute 2.50 Wainwright Walks 3.20 Chelsea Pensioners: Once a Soldier 3.50 Tight Spot: HR - An Appraisal 4.20 Close

ITV2
2.25 Film: Back to the Future Part III PG (1990) 4.35 Coronation Street 7.00 The X Factor 8.00 The Xtra Factor 9.00 Jack Osbourne - Adrenaline Junkie 10.00 Film: GoldenEye 12 (1995) 12.35 Coronation Street 1.00 Jack Osbourne - Adrenaline Junkie 2.00 The X Factor 3.00 The Xtra Factor 4.00 Teleshopping 6.00 Close

Sky One
1.00 Star Trek: The Next Generation 2.00 Project Runway 3.00 A Town Called Eureka 4.00 Lion Man 4.30 Lion Man 5.00 Futurama 5.30 Futurama 6.00 The Simpsons 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Final Approach 10.50 Lovespring International 11.20 Weeds 11.55 Weeds 12.30 Pop Years 1.30

The Disney Channel
Kids' programmes from 7am, except:

(R)-repeat programme;
(T)-programme with tele-text subtitles;
(S)-programme broadcast in stereo;
(bw)-black and white.

MOVIES

Sky Movies Drama

6.10 Killer Flood PG (2003) 7.45 Miss Lettie and Me U (2002) 9.20 A Good Woman PG (2004) 11.00 Killer Flood PG (2003) With Joe Lando. 12.35 Emma U (1996) With Gwyneth Paltrow. 2.40 Pride and Prejudice U (2005) With Keira Knightley. 4.50 Miss Lettie and Me U (2002) With Mary Tyler Moore. 6.25 A Good Woman PG (2004) With Helen Hunt. 8.00 Emma U (1996) With Gwyneth Paltrow. 10.00 Pride and Prejudice U (2005) With Keira Knightley. 12.10 Undiscovered 12 (2005) With Ashley Simpson. 1.50 A Daughter's Conviction 12 (2006) With Kate Jackson. 3.25 Breaking the Surface: The Greg Louganis Story 12 (1997) 5.05 Killer Flood PG (2003)

Sky Movies Comedy

6.25 Best Man in Grass Creek PG (1992) 8.00 Straight Talk PG (1991) 9.35 Mrs Doubtfire PG (1993) 11.45 Comedy Close Up 12.15 He Said, She Said 12 (1991) With Kevin Bacon. 2.20 U. Me and Dupree 12 (2006) With Owen Wilson. 4.20 Straight Talk PG

(1992) With Dolly Parton. 6.00 The Top 10 Show 6.20 Best Man in Grass Creek PG (2001) With John Hines. 8.00 Mrs Doubtfire PG (1993) With Robin Williams. 10.05 U. Me and Dupree 12 (2006) With Owen Wilson. 12.05 He Said, She Said 12 (1991) With Kevin Bacon. 2.20 Irma la Douce 15 (1963) With Jack Lemmon. 4.35 Best Man in Grass Creek PG (2001)

Sky Movies Action/Thriller

6.00 In the Line of Duty: Siege at Marion PG (1992) 7.45 Revolver 15 (2005) 9.45 The Phantom 12 (1996) 11.30 Mr & Mrs Smith 15 (2005) With Brad Pitt. 1.35 Superman Returns Special 2.05 King Kong 12 (2005) With Naomi Watts. 5.15 Revolver 15 (2005) With Jason Statham. 7.15 The Phantom 12 (1996) With Billy Zane. 9.00 Red Dawn 15 (1984) With Patrick Swayze. 11.00 The Substitute 2: School's Out 18 (1998) With Treat Williams. 12.35 Mr & Mrs Smith 15 (2005) With Brad Pitt. 2.40 Red Dawn 15 (1984) With Patrick Swayze. 4.35 In the Line of Duty: Siege at [1992]



Look out for our anniversary issue in November

SPORT

Sky Sports 1

6.00 International Cricket 7.30 International Football 10.00 The Sunday Supplement 11.00 TBA 1.00 Live Football League. Wycombe Wanderers v Brentford (Kick-off 1.30pm). 4.00 Live Football League. Swindon Town v Yeovil Town (Kick-off 4.00pm). 6.30 Live Masters Football. The Grand Final. 9.30 Live US Open Tennis. The men's final. 12.30 Super League 2.30 Close

Sky Sports 2

6.00 Watersports World 7.00 NFL: Playbook 8.00 NFL: Total Access 9.00 Speedway 12.00 Live European Tour Golf. The European Masters. 4.00 Live Super League. Huddersfield Giants v Wakefield Trinity Wildcats (Kick-off 4.00pm). 6.00 Live NFL. New York Jets v New England Patriots (Kick-off 6.00pm). 9.00 Live NFL. San Diego Chargers v Chicago Bears (Kick-off 9.15pm). 1.00 Live NFL. Dallas Cowboys v New York Giants (Kick-off 1.15am). 5.00 Close

Sky Sports 3

6.00 Rugby Union 9.00 WWE: Afterburn 10.00 WWE: Heat 11.00 Wild Spirits 11.30 Racing News 12.00 World Sport 12.30 Live Cricket. Hampshire Hawks v Gloucestershire Gladiators. 6.30 Wild Spirits 7.00 Golf Night 9.00 Live Indy Car Racing. The Peak Antifreeze Indy 300. 11.30 WWE: Late Night - Anderson 12.30 WWE:

Heat 1.30 Indy Car Racing 4.00 Close

British Eurosport

7.30 US Open Tennis 8.30 GP2 Racing 9.00 Live GP2 Racing. Coverage of the second race from Monza. 9.45 World Superbikes 10.15 Live Porsche Super Cup. Coverage of the Italian Grand Prix. 11.00 Live World Superbikes. Coverage from the EuroSpeedway Lausitz in Germany. 3.30 Live Cycling: Vuelta Espana. Coverage of the ninth stage of the Tour of Spain. 4.30 International Football 5.00 Inside Euro 2008 5.15 International Football 6.00 US Open Tennis 7.30 World Superbikes 9.15 EuroCRASH! 9.45 Motorsports Weekend 10.15 International Football 11.00 International Football 11.45 Inside Euro 2008 12.00 Beach Volleyball 12.30 Close

Sky Sports Xtra

6.00 US Superbikes 7.00 US Superbikes 8.00 US Open Tennis 11.00 Powerboating 11.30 Heritage Grand Touring Car Challenge 12.00 NFL: Total Access 1.00 US Open Tennis 4.00 Wild Spirits 4.30 WWE: Experience 5.30 NFL: Who Is? 6.00 US Open Tennis 9.00 Ocean 9.30 Football League 11.30 Masters Football 2.30 Golf Night 4.30 Close

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BBC1

6.00 Breakfast. (T) 9.15 Helicopter Heroes. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Hard Sell; (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: LazyTown. (R) (T) 3.50 Bear Behaving Badly. (T) 4.10 Shaun the Sheep; (T) Bernard. (R) 4.35 Lizzie McGuire. (R) (T) 5.00 Escape from Scorpion Island. (T) 5.25 Newsround. (T)

5.35 Neighbours. Frazer makes a startling discovery. (R) (T) BBC News; Weather. (T) Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

8.00 Street Doctor. The GPs travel to the Isle of Man, where they meet an overweight father with a fondness for chips and a man showing worrying symptoms of a possible stroke. (T) EastEnders. Kevin tries to keep the truth from Denise despite Deano and Chelsea's advice to confess. Peggy gives Phil an ultimatum but is disappointed by his decision. Ian and Jane are horrified by the mysterious flower delivery to the cafe. Meanwhile, Sean returns to the Square intent on revenge. (T)

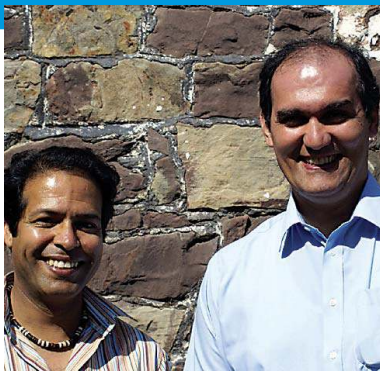
8.30 Panorama. Paul Kenyon investigates the criminal gangs behind the illegal and hazardous migration routes from Africa to Europe and the UK. Thousands of desperate people are crammed in makeshift boats on an journey across the Mediterranean toward a land many will never reach. (T)

9.00 Silent Witness. Part one of. An accident involving a lorry and a funeral procession results in the bizarre discovery of two bodies in the coffin. Meanwhile, Leo and Nikki's suspicions are aroused during a post mortem on a child who died in surgery, and both investigations lead the detectives to a surgeon with a high rate of mortality among her patients. Emilia Fox, William Gaminara and Natasha Little star. Concludes tomorrow. (T)

10.00 BBC News at Ten O'Clock. (T) 10.30 Regional News; Weather. (T) 10.35 Movie Connections. New eight-part series, revealing behind-the-scenes stories about some of the world's best-loved movies. Four Weddings and a Funeral stars Hugh Grant, Simon Callow, Anna Chancellor and Sophie Thompson discuss how the film could have turned out very differently if writer Richard Curtis had got his way with the casting. (T)

11.15 Inside Sport. Weekly round-up, presented by Gabby Logan. (T) 11.55 FILM: The Anderson Tapes (1971). Fast-paced thriller, starring Sean Connery; (T) Weatherview.

1.35 Sign Zone: Ultimate Wild Water. (R) (T) 2.35 Sign Zone: Real Men. (R) (T) 3.05 Sign Zone: James May's 20th Century. (R) (T) 3.35 BBC News 24. (T)



BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Big Cook Little Cook. (R) (T) 6.40 Boogie Beebies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.25 Newsround. (T) 7.30 Escape from Scorpion Island. (T) 8.00 Prank Patrol. (R) (T) 8.30 CBeebies: Mama Mirabelle's Home Movies. (R) (T) 8.45 Come Outside. (R) (T) 9.00 64 Zoo Lane. (R) (T) 9.15 Bool (T) Ethelbert the Tiger. (R) (T) 9.30 The Koala Brothers. (R) (T) 9.45 Nina and the Neurons. (R) (T) 10.00 Jackanory Junior. (R) (T) 10.15 Postman Pat. (R) (T) 10.30 Schools: Around Scotland. (T) 10.50 BBC Primary History. (T) 11.10 BBC Primary Geography. (T) 11.30 English Express. (T) 12.00 Wildlife on Two. (R) (T) 12.30 Working Lunch. (T) 1.00 Schools: KS1 Science Clips. (T) 1.10 KS1 Science Clips. (T) 1.20 Thinking Skills. (T) 1.30 FILM: A Stitch in Time (1963). Spackling Norman Wisdom comedy. (T) (bw) 3.00 Coast. (T) 3.15 Open Gardens. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (T) 5.15 Identity. (T) 6.00 Eggheads. (T) 6.30 Take on the Takeaway. (T) 7.00 James May's 20th Century. The legacy of the space race. (R) (T) 7.30 Mastermind. Specialist subjects include the novels of Evelyn Waugh. (T) 8.00 University Challenge. University of Durham v St Edmund Hall, Oxford. (T) 8.30 Nigella Express. The chef creates a three-course feast in 30 minutes. (T) 9.00 Grandpa's Back in Business. A 62-year-old comedy veteran takes on a new career. (T) 10.00 Kath & Kim. Sharon arranges a day at the races. (T) 10.30 Newsnight; Weather. (T) 11.20 Family Ties: BBC Four on BBC Two. (T) 11.50 Women's World Cup Football. (T) 12.35 BBC News 24. 2.00 BBC Learning Zone. (T)

Pick of the Day

Take on the Takeaway (BBC2, 6.30pm) The title of this new series won't tax the brain, but its entertaining premise should satisfy anyone with an appetite for good food. Okay, that's enough tomfoolery with the puns, if you like your fast food but haven't the first idea how to replicate the tastes of your local Chinese or Indian, don't prove a muscle. Here, a selection of celebrity chefs will be on hand to demonstrate that we can have our naughty indulgences - just without all that nasty monosodium glutamate, excess salt, sugar and fat. In this opener, Kitchen Criminals' John Burton Race sets out to convert old friends Ali and Munir. They've known each other for years, and after a hard day at work, the last thing they feel like doing is whipping up a storm in the kitchen, and so end up ordering out just about every night. Apart from the toll this is taking on their bank balances, the pair must also be woken up to the health risks. Burton Race aims to prove he can rustle up their favourite chicken and spinach ball better than their local takeaway. But how will the expert's fodder fare in the blind taste test? Fingers crossed the chef isn't disappointed.

C4

6.05 Making It. (R) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Will & Grace. (R) (T) 9.00 Frasier. (R) (T) 9.30 Frasier. (R) (T) 10.00 Beauty & the Geek. (R) (T) 11.00 Ugly Betty. (R) (T) 12.00 News at Noon. (T) 12.30 Room for Improvement. (R) (T) 1.30 A Brief History of Fun. (T) 1.50 FILM: Genevieve (1953). Comedy, starring Dinah Sheridan. (T) 3.25 Countdown. (T) 4.10 A Place in the Sun. (T) 4.40 Deal or No Deal. (T) 5.25 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 25 Years On. New series. 25-year anniversaries taking place in 2007. (T) 8.00 Dispatches: The Olympics Cash Machine. Antony Barnett presents the results of a six-month investigation into who the financial winners and losers are as a result of London being host to the 2012 Olympics. (T) 9.00 FILM: Fahrenheit 9/11 (2004). Michael Moore's acclaimed documentary exploring controversy surrounding the American presidential elections of 2000 and the Bush family's business links to the bin Ladens. (T) 11.35 FILM: Swimming Pool (2003). Premiere. Drama, starring Charlotte Rampling. (T) 1.35 FILM: Get Real (1999). Romantic drama, starring Ben Silverstone. (T) 3.25 Cutting Edge: Killer Road. The dangers of the A46 in Lincolnshire. (R) (T) 4.25 Extreme Archaeology. (R) (T) 5.25 Smallville. Lana is thrown in jail. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 Oswald. (R) (T) 6.35 Big School. (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 The Beeps. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowerfots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Old Bear Stories. (R) (T) 8.55 Little Lodgers. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Dawson's Creek. (R) (T) 1.25 Russell Grant's Postcards. (R) (T) 1.35 FILM: Jake Lassiter: Justice on the Bayou (1995). Drama, with Gerald McRaney. (T) 3.35 five news update. (T) 3.40 FILM: Mystery Woman: In the Shadows (2007). Premiere. Detective drama, starring Kellie Martin. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 RSPCA: Have You Got What It Takes? (T) 7.00 five news. (T) 7.30 Inferno 999. The team tackle a burning building which contains asbestos; (T) 7.30 five news update. (T) 8.00 Fifth Gear. Jason Plato and Tiff Needell pit an Audi R8 against a Porsche 911; (T) 8.00 five news at 9. 9.00 Extraordinary People: The Man Who Dreams the Future. A man who claims to have prophetic visions. (T) 10.00 MacIntyre's Underworld. New series. The presenter revisits former gangster Wayne Hardy. (T) 11.05 Shock Docs: My 100,000 Lovers. (R) (T) 11.55 NFL. 3.30 Ironman Triathlon. 4.20 Nascar Nextel Cup. 5.10 US PGA Golf.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 12.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Dickinson's Real Deal. (T) 2.59 London Weather. (T) 3.00 The Alan Titchmarsh Show. (T) 4.00 Midsomer Murders. (R) (T)

5.00 That Antony Cotton Show. The Coronation Street star shares his light-hearted take on the world, presenting a mix of topical humour and celebrity interviews. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Rosemary is forced to take preventative measures as her attempt to poison Percy goes awry when the intended victim takes her doctored drink to the police. Carl dashes Grace's hopes of some time alone and Douglas informs a disapproving Hilary that he's going fishing with the Dingles. (T)

7.30 Coronation Street. Hayley is stunned to learn that the private detective has tracked down her son, but Becky warns her to err on the side of caution before revealing who she is. David's wayward behaviour continues to drive Gail to distraction, while gossip is rife among the factory girls about Violet's pregnancy. (T)

8.00 Too Fat for Treatment: Tonight. Morland Sanders talks to people who feel aggrieved at being denied medical treatment because of their lifestyle choices. The presenter questions decisions not to allow members of the public who smoke or are overweight access to surgery, asking if it is justifiable on moral grounds or simply a case of cost-cutting. (T)

8.30 Coronation Street. Hayley loses her nerve when she visits Christian at the record shop. She decides to tell Roy the truth before taking things any further, but is devastated by his reaction. Ashley despairs of ever winning back Claire and breaks down in the Rovers after telling Josh they are splitting up, while David plots his next move. (T)

9.00 Hell's Kitchen. The celebrities continue to grapple with all things culinary as head chef Marco Pierre White keeps a close eye on proceedings to see who is beginning to feel the pressure. (T)

10.30 ITV News; Weather. (T)

11.05 FILM: City Slickers (1991). Comedy adventure, starring Billy Crystal. (T)

1.05 Champions League Weekly. (T) 1.30 Make Your Play; (T) ITV News Headlines. 4.10 Vanessa's Real Lives. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Operação Triunfo 1715 Lingo 1800 Portugal em Directo 1905 O Prego Certo 2000 News 2100 Noticias Soltas 2130 A Herança de Verão 2215 Prós e Contras 0100 Respiro, film 0400 Teleasles 0605 Nôs

RTP2
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé dos Homens 1900 Euronews 1945 Zig Zag 2045 Todos Contra o Chris 2115 National Geographic 2145 A Hora da Sorte 2200 News 2240 Em Reportage, 2300 Roma 2345 Mundos 0030 noites da 2 0115 Discovery Hour 0215 Diga lá Excelência 0300 Euronews 0330 Vida por Vida 0400 Sociedade Civil 0615 Euronews

SIC
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magia 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gentle Se Entende 2000 News 2115 Chiquititas 2215 Traisra Tropical 2315 Vingança 0115 In The Woods, film 0315 Quando O Telefone Toca

TVI
0700 Diário da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganha 1800 Morangos com Açúcar - Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Duo Fugitiva 2315 Tu e Eu 0015 Desaparecido 0115 Beautiful Joe 0300 Toca a Ganhar 0430 Que Loucura de Família VII 0500 Teleasles

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 The Scam Squad 8.30 The Real Hustle 9.00 How Dirty Can I Get? 10.00 EastEnders 10.30 The Real Hustle 11.00 Little Britain 11.30 Chrissyttityybangbang 12.00 Two Pints of Lager and a Packet of Crisps 12.30 Two Pints of Lager and a Packet of Crisps 12.55 How Dirty Can I Get? 1.55 The Scam Squad 2.20 Chrissyttityybangbang 2.50 Two Pints of Lager and a Packet of Crisps 3.20 Two Pints of Lager and a Packet of Crisps 3.50 Close

BBC4
7.00 World News Today 7.00 Weather 7.30 Bleak House 9.00 Comics Britannia 10.00 Storyville: Riot On! 11.00 Film: Overnight 15 (2004) 12.20 Mark Lawson Talks to Sanjeev Bhaskar 12.00 Bombay Railway 2.20 Midnight's Grandchildren 2.50 Comics Britannia 3.50 Close

ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Who Wants to Be a Millionaire? Celebrity 9.00 Teen Body Obsession: Too Much Too Young 9.30 Film: GoldenEye 12 (1995) 12.05 Coronation Street 12.35 Coronation Street 1.05 Film: Tomorrow Never Dies PG (1997) 3.20 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close

Sky One
1.00 Bones 2.00 Angel 3.00

Las Vegas 4.00 Stargate Atlantis 5.00 Stargate Atlantis 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Final Approach 10.50 Bones 11.50 Angel 12.50 Star Trek: The Next Generation 1.50 Star Trek: The Next Generation 2.40 Dom Joly's Happy Hour 3.30 Relic Hunter 4.20 Taste 5.10 Dream Team

UKTV Gold
1.00 Last of the Summer Wine 1.40 The Good Life 2.20 Some Mothers Do 'Ave 'Em 3.00 Open All Hours 3.40 My Family 4.20 Last of the Summer Wine 5.00 Dallas 6.00 Some Mothers Do 'Ave 'Em 6.40 Open All Hours 7.20 My Family 8.00 New Tricks 9.00 The Vicar of Dibley 9.40 My Family 10.20 One Foot in the Grave 11.40 The Vicar of Dibley 11.40 Prison Break 12.40 Prison Break 1.40 The New Adventures of Old Christine 2.10 The New Adventures of Old Christine 2.40 The Lenny Henry Show 3.15 One Foot in the Grave 3.50 Merseybeat 4.40 Merseybeat 5.35 Neighbours

TCM
1.00 Pat and Mike U (1952) 3.00 Angels with Dirty Faces PG (1938) 4.45 Major Dundee PG (1965) 7.00 Catlow PG (1971) 9.00 Point Blank 18 (1973) 11.00 The Outfit 15 (1971) 12.50 The Hunger 18 (1983) 2.30 Teleshopping 3.20 The Last Run 15 (1971)

The Disney Channel
Kids' programmes from 7am

MOVIES

Sky Movies Drama

6.45 Kissed by an Angel PG (2000) 8.35 Force of Impact PG (2005) 10.20 Drama Close Up 10.50 Holy Matrimony PG (1994) 12.25 Kissed by an Angel PG (2000) With Adam Trese. 2.10 Freedland 15 (2006) With Samuel L. Jackson. 4.15 The Boxer 15 (1997) With Daniel Day-Lewis. 6.20 Force of Impact PG (2005) With Antonio Sabato Jr. 8.00 Freedland 15 (2006) With Samuel L. Jackson. 10.00 Green Street 18 (2004) With Elijah Wood. 11.50 The Boxer 15 (1997) With Daniel Day-Lewis. 1.50 My Kingdom 18 (2001) With Richard Harris. 3.50 The Secret Life of Zoey 12 (2002) 5.25 Family Secrets PG (2002)

Sky Movies Comedy

6.05 Home Team PG (1998) 7.45 The Air Up There PG (1994) 9.35 Rebound PG (2005) 11.05 Harold & Kumar Get the Munchies 15 (2005) With John Cho. 12.35 The Object of My Affection 15 (1998) With Jennifer Aniston. 2.30 Home Team PG (1998) With Steve Guttenberg. 4.05 The 40 Year Old Virgin 15 (2005) With Steve Carell. 6.05 Superbad Special 6.25 Rebound PG (2005) With Martin Lawrence. 8.00 Harold & Kumar Get the Munchies 15 (2005) With John Cho. 9.45 The 40 Year Old Virgin 15 (2005) With Steve Carell. 11.45 The Object of My Affection 15 (1998) With Jennifer Aniston. 1.45 Private Parts 18 (1997) With

Howard Stern. 3.45 Roseanna's Grave 12 (1997) 5.30 The Air Up There PG (1994)

Sky Movies Action/Thriller

6.15 Chill Factor 15 (1999) 8.00 Conan the Barbarian 15 (1981) 10.20 Inside Man 15 (2006) 12.40 The Fourth Angel 15 (2001) With Jeremy Irons. 2.30 Chill Factor 15 (1999) With Cuba Gooding Jr. 4.15 Conan the Barbarian 15 (1981) With Arnold Schwarzenegger. 6.30 The Top 10 Show 6.50 Inside Man 15 (2006) With Denzel Washington. 9.00 Kiss Kiss Bang Bang 15 (2005) With Robert Downey Jr. 10.45 Renegades 18 (1989) With Kiefer Sutherland. 12.35 Across 110th Street 18 (1972) With Anthony Quinn. 2.20 Sleepers 18 (1996) With Brad Pitt. 4.55 In the Line of Duty: Smoke Jumpers PG (1996)

(R) - repeat programme;

(T) - programme with teletext

subtitles;

(S) - programme broadcast

ing stereo;

(bw) - black and white.

SPORT

Sky Sports 1

6.00 Champions League Weekly 6.30 Wild Spirits 7.00 WWE: Bottom Line 8.00 Champions League Weekly 8.30 Masters Football 11.30 Champions League Weekly 12.00 Football League 2.00 Masters Football 5.00 Champions League Weekly 5.30 Soccer AM: The Best Bits 6.30 Big League Weekend 7.30 Live Speedway. An Elite League meeting. 9.30 Big League Weekend 10.30 Champions League Weekly 11.00 Soccer AM: The Best Bits 12.00 Live NFL. Cincinnati Bengals v Baltimore Ravens (Kick-off 12.00am). 3.00 Live NFL. San Francisco 49ers v Arizona Cardinals (Kick-off 3.15am).

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Golf Night 8.30 US Open Tennis 11.30 US Superbikes 12.30 US Superbikes 1.30 Indy Car Racing 4.00 Live Cricket. Middlesex Crusaders v Derbyshire Phantoms. 9.30 Show Jumping 11.00 Speedway 1.00 World Motor Sport 3.30 Close

Sky Sports 3

6.30 Super League 8.30 Indy Car Racing 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Golf Night 2.30 US Open Tennis 5.00 WWE: Raw 7.00 NFL: Triple Header 10.00 WWE: Late Night

- Bottom Line 11.00 WWE: Late Night - Afterburn 12.00 Extreme Championship Wrestling 1.30 WWE: Heat 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

British Eurosport

7.30 World Superbikes 8.30 Artistic Gymnastics 9.45 Volleyball 10.45 Inside Euro 2008 11.00 Cycling 12.00 International Football 12.45 Inside Euro 2008 1.00 Live Women's International Football. Germany v Argentina (Kick-off 1.00pm). 3.00 Live Cycling: Vuelta Espana. The 10th stage of the Tour of Spain. 4.30 US Open Tennis 5.30 US Open Tennis 6.30 Women's International Football 7.00 Inside Euro 2008 7.15 International Football 8.00 World Superbikes 9.30 Cycling: Vuelta Espana 10.15 Cycling 10.45 Inside Euro 2008 11.00 Motorsports Weekend 11.30 Fight Night UK 12.30 Close

Sky Sports Xtra

11.00 NFL: Triple Header 2.00 Super League 4.00 US Superbikes 5.00 US Superbikes 6.00 Wild Spirits 6.30 Equestrianism 7.00 Show Jumping 8.30 World Motor Sport 11.00 Equestrianism 11.30 Ocean 12.00 Wild Spirits 12.30 Squash 1.30 Ocean 2.00 Wild Spirits 2.30 Show Jumping 4.00 Equestrianism 4.30 Close

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BBC1

6.00 Breakfast. (T) 9.15 Helicopter Heroes. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Hard Sell; (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: LazyTown. (R) (T) 3.50 Bear Behaving Badly. (T) 4.10 Shaun the Sheep. (T) 4.30 Best of Friends. (R) (T) 5.00 Escape from Scorpion Island. (T) 5.25 Newsround. (T)

5.35 Neighbours. Ned is stunned when his ex-girlfriend turns up claiming he's the father of her son. Frazer vows to discover the truth about his family tragedy, and Allan returns to Ernsborough. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T)
7.00 The ONE Show. (T)
7.30 EastEnders. Lucy tells Peter she's going to meet their mother Cindy and sets off to the park. Phil looks around for a sympathetic drinking companion, and Jase enlists Libby's help with Jay's school work, little knowing the boy has had the same idea himself. Sean's presence in the Square starts making people uncomfortable. (T)

8.00 Holby City. Christie dumps Sam when she sees him and Faye together, while Clifford attempts to protect Louise when a patient suffers complications in the stent trial. Meanwhile, Jac is furious when Lola presumes she wants to talk to the police about Alan's attack. Tina Hobley and Tom Chambers star. (T)

9.00 Silent Witness. Part two of two. Nikki is frustrated by her inability to remember who attacked her, while Leo works hard to discover what happened to Claire. Meanwhile, Harry meets Alice Huston after a tip-off from a member of her team about the operation performed on Sam Reid. Emilia Fox and Tom Ward star. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)
10.35 You Can't Fire Me, I'm Famous. Naomi Campbell talks to former Daily Mirror editor Piers Morgan about her feelings when photos of her visiting a Narcotics Anonymous meeting were published in the newspaper. She also discusses how she coped with the subsequent legal battle, before revealing the truth about allegations of drug and alcohol addiction. (T)

11.20 Film 2007 with Jonathan Ross. New series. The presenter reveals his thoughts on Christian Bale and Russell Crowe's performances in Western thriller 3:10 to Yuma, before casting an eye over American comedy Superbad. Plus, a behind-the-scenes look at Kenneth Branagh's adaptation of William Shakespeare's As You Like It. (T)

11.50 FILM: The Right Temptation (2000). Thriller, starring Kiefer Sutherland. (T) Weatherwise.
1.25 Sign Zone: What Not to Wear. (R) (T) 2.25 Sign Zone: Rick Stein's Mediterranean Escapes. (R) (T) 3.25 Sign Zone: Nigella Express. (R) (T) 3.55 BBC News 24. (T)



BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Big Cook Little Cook. (R) (T) 6.40 Boogie Beebies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.25 Newsround. (T) 7.30 Escape from Scorpion Island. (R) (T) 8.00 Prank Patrol. (R) (T) 8.30 CBeebies: Mama Mirabelle's Home Movies. (R) (T) 8.45 Come Outside. (R) (T) 9.00 64 Zoo Lane. (R) (T) 9.15 Boo! (T) Ethelbert the Tiger. (R) (T) 9.30 The Koala Brothers. (R) (T) 9.45 Nina and the Neurons. (R) (T) 10.00 Jackanory Junior. (R) (T) 10.15 Postman Pat. (R) (T) 10.30 Schools: Watch. (T) 10.45 Friends and Heroes. (T) 11.10 Churchill's Bodyguard. (R) (T) 12.00 The Flying Gardener. (R) (T) 12.15 Working Lunch. (T) 12.45 Live Women's World Cup Football. Japan v England (Kick-off 1.00pm). (T) 3.00 Coast. (T) 3.15 Open Gardens. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (T) 5.15 Identity. (T) 6.00 Eggheads. (T) 6.30 Take on the Takeaway. (T) 7.00 Wallace & Gromit: A Close Shave. Nick Park's third Oscar-winning animation. (R) (T) 7.30 The Cosmos: A Beginner's Guide. The hunt for other life-sustaining planets. Last in series. (T) 8.00 Great British Journeys. Nicholas Crane retraces a medieval journey made through Wales 800 years ago. (T) 9.00 Tribe. The Akie people of Tanzania. (R) (T) 10.00 Gavin and Stacey. The Shipmans drive to Wales for the wedding fayre. (T) 10.30 Newsnight; Weather. (T) 11.20 Family Ties: BBC Four on BBC Two. (T) 11.50 Women's World Cup Football. (T) 12.35 BBC News 24. 2.00 BBC Learning Zone. (T)

Pick of the Day

Johnny Vegas's Guide to Evangelical Christianity (C4, 11.05pm)

When Johnny Vegas appeared on the BBC magazine Top Gear, he told host Jeremy Clarkson how he decided not to become a priest, because he had "urges". However, it seems the actor and comedian hasn't abandoned his faith completely, as this programme, the first in a new series, demonstrates. Johnny flies out to the US and the centre of Christian America to find out if the evangelical ministers who over see their flocks can save his soul. His first stop is Las Vegas, where the rolund thesp enjoys one last night of hedonism, before setting out to the Grand Canyon to meet a minister who endorses creationism.

Sadly for the man of the cloth, this theory doesn't go down well with our Johnny, and he moves on to Denver, where a Vietnam veteran tells him the end of the world may soon occur - but only when the Jews return to Israel. This too leaves the comedian unsatisfied, so it's on to Colorado Springs, where he meets a family of religious migrants. After dipping a toe into their way of life, Johnny thinks he's cracked it, but will a stay in a remote house which reminds him of the hotel in The Shining cement his new-found beliefs?

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Will & Grace. (R) (T) 9.00 Frasier. (R) 9.30 Frasier. (R) (T) 10.00 Ugly Betty. (R) (T) 10.55 Ugly Betty. (R) (T) 11.45 3 Minute Wonder. (R) (T) 11.50 3 Minute Wonder. (R) (T) 12.00 News at Noon. (T) 12.30 Room for Improvement. (R) (T) 1.30 What's in a Word? (R) (T) 1.45 FILM: Cottage To Let (1941). Comedy thriller, starring Alastair Sim. (T) (bw) 3.25 Countdown. (T) 4.10 My Place in the Sun. (T) 4.40 Deal or No Deal. (T) 5.25 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 25 Years On. A 25-year anti-nuclear protest in Scotland. (T) 8.00 Jamie at Home. Dishes with carrot and beetroot. (T) 8.30 Cook Yourself Thin. A low-calorie version of fish and chips. Last in series. (T) 9.00 9/11: Ground Zero Underworld. Stories of people who attempted to find loved ones on Ground Zero. (T) 10.00 Skins. Chris discovers his mother has left home. (T) 11.05 Johnny Vegas's Guide to Evangelical Christianity. (T) 12.10 UK Poker Tour. 1.10 Freerolls on 4. (R) (T) 2.05 The A-Z of Boxing. (T) 3.00 KOTV. 3.25 British GT Championship. (R) 3.55 British F3 International Series. (R) 4.20 Three Peaks Yacht Race. (R) 5.15 FIVB Beach Volleyball.

FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 Oswald. (R) (T) 6.35 Big School. (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 The Beeps. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowerrots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Old Bear Stories. (R) (T) 8.55 Little Lodgers. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Dawson's Creek. (R) (T) 1.20 Russell Grant's Postcards. (R) (T) 1.30 FILM: The Little Riders (1996). Wartime drama, starring Malcolm McDowell. (T) 3.30 five news update. (T) 3.40 FILM: A Step Toward Tomorrow (1996). Heart-warming drama, with Judith Light. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 RSPCA: Have You Got What It Takes? (T) 7.00 five news. (T) 7.30 Chris Barrie's Massive Engines. The history of airships; (R) (T) 7.30 five news update. 8.00 The Aztec Massacre: Revealed. The truth about the Zultapec skeletons; (T) 8.00 five news at 9.00 CSI: Miami. Murder at a charity event hides a dark secret. (T) 10.00 CSI: NY. Hawkes makes an emotional return to a hospital where he once worked as the team investigate the death of a girl who was recovering from a serious car accident. Hill Harper stars; (R) (T) five news update. 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Disorderly Conduct. (T) 1.00 The Great Yorkshire Run. 1.50 ITU Triathlon. 2.40 Seniors Golf. 3.30 Boxing USA. 4.20 IndyCar Series. 5.10 FIM Motocross.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Dickinson's Real Deal. (T) 2.59 London Weather. (T) 3.00 The Alan Titchmarsh Show. (T) 4.00 Midsomer Murders. (R) (T)

5.00 That Antony Cotton Show. Topical humour and celebrity interviews. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Rosemary manipulates Katie when stepping up her campaign against Perdy. Andy receives his decree nisi, leaving Jo in a celebratory mood - but money worries dampen her spirits. (T)

7.30 Waterworld. Poet and writer Benjamin Zephaniah discusses why there are apparently so few black boaters. There's also advice on tackling the growing problem of finding boat moorings, particularly in London, and a look at the historic craft Vulcan hitching a lift with another icon of the Canal Age. Last in series, narrated by Timothy West. (T)

8.00 Who Wants to Be a Millionaire? Celebrity. News journalists Sian Williams and Bill Turnbull continue their game, before Loose Women's Carol McGiffen and Sherrie Hewson take the hot-seat, followed by brothers Jeremy and Tim Vine. Chris Tarrant hosts. (T)

9.00 Hell's Kitchen. Angus Deayton presents an update on the celebrities' progress in the reality TV kitchen as they attempt to master the art of all things culinary under the watchful eye of head chef Marco Pierre White. As the hapless stars struggle to cut the mustard as professional-standard cooks, it remains to be seen who's got the stamina to stick it out to the end. (T)

10.00 Don't Call Me Stupid. Former cricketer Phil Tufnell and art critic Brian Sewell teach one another about a private passion before testing their knowledge in a head-to-head quiz. Alexander Armstrong hosts. (T)

10.30 ITV News; Weather. (T)

11.05 Crimefighters UK. Sarah Heaney presents frontline reports from the fight against crime as police forces up and down the country tackle misdemeanours from public disorder problems and cash-point fraud to car crime, burglary and drug abuse. (R) (T)

11.35 Crimefighters UK. Sarah Heaney presents the final episode of the documentary series following the country's police forces as they respond to emergencies and continue the fight against crime. (R) (T)

12.05 Make Your Play. (T) ITV News Headlines. 4.10 Coldplay: In Profile. (R) (T) 4.35 Black Eyed Peas: In Profile. (R) (T) 5.00 ITV Nightscreen.

LOCAL Best of the Rest

RTP1

0630 Bom Dia Portugal 1000
Praça da Alegria 1300 News
1410 Prova de Amor 1515
Operação Trinfo 1715 Lingo
1800 português em Directo 1905
O Preço Certo 2000 News 2100
Football: Portugal v
Montenegro 2245 Sport
Special Edition 2315 Sero Hour
0015 Trio D'Atque 0145 Hungry
Heart, film 0400 Teleasles
0605 Nos

RTP2

0700 Euronews 0715 Zig Zag
1300 Discovery Hour 1400
Sicledade Civil 1530 Sim, Amor
1600 Zig Zag 1700 National
Geographic 1815 Diário de
Sofia 1830 A fé Dos Homens
1900 2010 1945 Zig Zag 2045
Tetralogia Geografic 2200
News 2240 ER 2330 Animais
Como nós 0030 Noites da 2
0115 Discovery Hour 0215
Câmara Clara 0315 2010 0400
Sociedade Civil 0615
Euronews

SIC

0700 Floribella 0830 Sic Kids
1100 Fatima 1300 News 1415
Eterna Magi 1445 O Profeta
1515 Contacto 1800 Pé na Janta
1900 Ganhar é Que Se Gante
Se Entende 2000 News 2115
Chiquititas 2215 Paraíso
Tropical 2315 Vingança 0015
Desperate Housewives 0115
CSI Las Vegas 0215 Sex and
the City 0330 Olhar da Serpente

TVI

0700 Diário Da Manhã 1000
Você na TV 1300 News 1400
As Tardes da Júlia 1700 Quem
Quer Ganha 1800 Morangos
com Açúcar 2000 News 2115
Olha dos Amores 2215 Dove
Fugitiva 2315 Tu e Eu 0015
Maverick, film

BBC3

7.00 Doctor Who 7.45 Doctor
Who Confidential 8.00 Dog
Borstal 9.00 Outrageous Wasters
10.00 EastEnders 10.30 Family
Guy 10.50 Family Guy 11.15 The
Mighty Boosh 11.45 Two Pints of
Lager and a Packet of Crisps
12.15 Two Pints of Lager and a
Packet of Crisps 12.45 Dog
Borstal 1.40 Outrageous Wasters
2.40 The Mighty Boosh 3.10 Two
Pints of Lager and a Packet of
Crisps 3.40 Two Pints of Lager
and a Packet of Crisps 4.05
Close

BBC4

7.00 World News Today 7.00
Weather 7.30 Batman 8.00
Legends: Doris Day: Virgin
Territory 9.00 Luther 9.50 Luther
10.40 Storyville: The Glow of
White Women 12.00 Legends:
Doris Day: Virgin Territory 1.00
Mark Lawson Talks to Nicholas
Craig 2.00 Storyville: The Glow of
White Women 3.20 Legends:
Doris Day: Virgin Territory 4.20
Close

ITV2

1.00 Emmerdale 1.30 The Jeremy
Kyle Show 2.35 The Jeremy Kyle
Show 3.40 Ricki Lake 3.40 Sally
Jessy Raphael 5.15 Airline 5.45
Judge Judy 7.00 The New
Adventures of Superman 8.00
Help I'm a Teen Mum 8.30 Help
I'm a Teen Mum 9.00 Teen Boob
Jobs: Too Much Too Young 9.30
Film: Tomorrow Never Dies PG
(1997) 11.50 Film: Passenger 57
15 (1992) 1.30 Movies Now 1.40
Make Your Play: ITV Play 4.00
Teleshopping 6.00 Close

Sky One

1.00 Bones 2.00 Angel 3.00 Las

Vegas 4.00 Stargate Atlantis 5.00
Stargate Atlantis 6.00 Malcolm in
the Middle 6.30 Malcolm in the
Middle 7.00 The Simpsons 7.30
The Simpsons 8.00 The Simpsons
8.30 The Simpsons 9.00 The 4400
10.00 Road Wars 11.00 Bones
12.00 Son of the Dragon 1.00
Street Wars 1.50 Star Trek: The
Next Generation 2.40 Star Trek:
The Next Generation 3.30 Relic
Hunter 4.20 Dream Team 5.10
Taste

UKTV Gold

1.00 Last of the Summer Wine
1.40 The Good Life 2.20 Some
Mothers Do 'Ave 'Em 3.00 Open
All Hours 3.40 My Family 4.20 Last
of the Summer Wine 5.00 Dallas
6.00 Some Mothers Do 'Ave 'Em
6.40 Open All Hours 7.20 My
Family 8.00 New Tricks 9.00 The
Vicar of Dibley 9.40 The Vicar of
Dibley 10.35 The Royle Family
11.15 The Vicar of Dibley 11.55
The Royle Family 12.30 Two Pints
of Lager and a Packet of Crisps
1.05 Comedy Connections 1.40
The Lenny Henry Show 2.15 Two
Pints of Lager and a Packet of
Crisps 2.45 As Time Goes By 3.15
2point4 Children 3.45 Merseybeat
4.35 Merseybeat 5.35 Neighbours

TCM

1.00 Murder Ahoy U (1964) 3.00
The Asphalt Jungle PG (1950)
5.00 The Journey U (1959) 7.15
Code Name: Emerald PG (1985)
9.00 Absolute Power 15 (1997)
11.00 Cool Breeze 15 (1972) 1.10
Hysteria 15 (1965) 2.35
Teleshopping 2.55 The Barretts of
Wimpole Street PG (1957)

The Disney Channel

Kids' programmes from 7am.

Sky Movies Drama

6.55 Hockey Mom PG (2003)
8.35 Wilder Days PG (2003) 10.15
A Walk in the Clouds PG (1995)
12.10 Dark Water 15 (2005) With
Jennifer Connelly. 2.10 United
93 15 (2006) With Christian
Clemenson. 4.10 Hockey Mom
PG (2003) With Jessalyn Gilsig.
5.45 Atonement Special 6.15 A
Walk in the Clouds PG (1995)
With Keanu Reeves. 8.00 United
93 15 (2006) With Christian
Clemenson. 10.00 Dark Water 15
(2005) With Jennifer Connelly.
11.50 Daydream Believers: The
Monkees Story 15 (2000) With
LB Fisher. 1.25 The Day of the
Locust 18 (1975) With Donald
Sutherland. 3.55 The
Temptations 5.25 Anna's Dream
PG (2002)

Sky Movies Comedy

7.25 Big Bully PG (1995) 9.05
Max Rules: Adventures of a
Superspy PG (2005) 10.35 If
Only 15 (2004) 12.20 In Her
Shoes 12 (2005) With Cameron
Diaz. 2.35 Never Been Kissed 12
(1999) With Drew Barrymore. 4.25
Big Bully PG (1995) With Rick

Moranis. 6.10 The Matador 15
(2005) With Pierce Brosnan. 8.00
In Her Shoes 12 (2005) With
Cameron Diaz. 10.15 Never Been
Kissed 12 (1999) With Drew
Barrymore. 12.05 The Matador 15
(2005) With Pierce Brosnan. 1.50
If Only 15 (2004) With Jennifer
Love Hewitt. 3.30 Semi-Tough 15
(1977) 5.25 Max Rules:
Adventures of a Superspy PG
(2005)

Sky Movies Action/Thriller

6.30 Point Last Seen PG (1998)
8.15 Pacific Heights 15 (1990)
10.10 The Escapist 15 (2001)
11.55 Lord of War 15 (2005) With
Nicolas Cage. 2.05 Pacific
Heights 15 (1990) With Michael
Keaton. 3.50 DOA PG (1950)
With Edmond O'Brien. 5.20 The
Escapist 15 (2001) With Jonny
Lee Miller. 6.55 Lord of War 15
(2005) With Nicolas Cage. 9.00
Dominio 15 (2005) With Keira
Knightley. 11.10 Running Scared
18 (2006) With Paul Walker. 1.20
DOA PG (1950) With Edmond
O'Brien. 3.00 Swindle 15 (2002)
With Tom Sizemore. 4.50 Point
Last Seen PG (1998)

(R) -repeat programme;

(T) -programme with teletext subtitles;

(S) -programme broadcast in stereo;

(bw) -black and white.

SPORT

Sky Sports 1

6.30 Moto Plus 7.00 WWE:
Afterburn 8.00 Speedway
10.00 Big League Weekend
11.00 Soccer AM: The Best
Bits 12.00 Wild Spirits 12.30
Speedway 2.30 Big League
Weekend 3.30 Soccer AM:
The Best Bits 4.30 Live
Twenty20 World
Championship Cricket. South
Africa v West Indies. 8.45
ICC Cricket Awards 2007
10.00 Poker 12.00 A-League
12.30 Foot Brazil 1.00
Twenty20 World
Championship Cricket 4.00
ICC Cricket Awards 2007 5.30
Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30
Ocean 7.00 Aerobics Oz Style
7.30 Ocean 8.00 Show
Jumping 9.30 Equestrianism
10.00 World Motor Sport
12.30 Show Jumping 2.00
World Motor Sport 4.30 Live
Cricket. Surrey Brown Caps v
Somerset Sabres. 10.00
Sports Unlimited 11.00 A-
League 11.30 Foot Brazil
12.00 NFL: Total Access 1.00
World Pool Masters 2.00
Sports Unlimited 3.00 A-
League 3.30 Foot Brazil 4.00
Close

Sky Sports 3

11.00 Aerobics Oz Style
11.30 Racing News 12.00
Yachting 1.00 NFL: Total
Access 2.00 NFL 4.30 Wild

Spirits 5.00 WWE: Smackdown
7.00 Foot Brazil 7.30 Live
Greyhound Racing. The Steel
City Cup. 10.00 Golf 11.30
Challenge Tour Golf 11.30
Yachting 12.30 Ocean 1.00
Challenge Tour Golf 1.30
Yachting 2.30 Close

British Eurosport

7.30 Inside Euro 2008 7.45
Mountain Biking 8.45
International Football 9.45
Inside Euro 2008 10.00 Live
Women's International
Football. USA v North Korea
(Kick-off 10.00am). 12.00
Women's International Football
1.00 Live Women's
International Football. Japan
v England (Kick-off 1.00pm).
3.00 Women's International
Football 4.15 International
Football 5.00 Inside Euro 2008
5.15 International Football 6.00
Live Athletics. The IAAF Gugl-
Meeting from Linz. 9.00
Women's International Football
10.00 Cycling 11.00
International Football 12.00
Inside Euro 2008 12.15
Tatiana's World 12.30 Close

Sky Sports Xtra

2.30 Yachting 3.30 Ocean 4.00
Equestrianism 4.30 British
Formula Ford Championship 5.00
NFL: Total Access 6.00 Challenge
Tour Golf 6.30 Golf 7.30 World
Pool Masters 8.30 NFL 11.00
Ocean 11.30 British Formula Ford
Championship 12.00 Squash 1.00
Ocean 1.30 British Formula Ford
Championship 2.00 Close

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 PAT Care

See page 21

BBC1

6.00 Breakfast. (T) 9.15 Helicopter Heroes. (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Hard Sell; (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: LazyTown. (R) (T) 3.50 Bear Behaving Badly. (T) 4.10 Shaun the Sheep. (T) 4.30 SMart. (T) 5.00 Escape from Scorpion Island. (T) 5.25 Newsround. (T)

5.35 Neighbours. Paul grows increasingly suspicious of Elle and demands she stop lying, while Ned panics about taking care of Mickey indefinitely. Susan fears Karl is struggling to cope at work. (R) (T) 6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

7.30 Match of the Day Live. England v Russia (Kick-off 8.00pm). Gary Lineker presents coverage of the Euro 2008 Group E qualifier at Wembley Stadium. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 The National Lottery Draws. TV presenter Jenni Falconer guests as Michael Ball sets the balls rolling to decide the all-important numbers. (T)

10.40 One Foot in the Grave. Victor endures a sleepless night - and naturally ensures the eternally put-upon Margaret and their neighbours share in his suffering. Comedy, starring Richard Wilson and Annette Crosbie. (R) (T)

11.15 Ramadan: She's A Thoroughly Modern Muslim. Documentary about four Islamic women from different walks of life and how they have attempted to integrate their religious beliefs into their everyday lives in contemporary Britain. The film includes the stories of Haleh, a professor who has rebelled against fasting, and cartoonist Asia, who is determined to prove to the world she isn't oppressed. Narrated by Mina Anwar. (T)

11.45 FILM: White Oleander (2002). Drama, starring Alison Lohman; (T) Weatherview.

1.30 Sign Zone: Antiques Roadshow. (R) (T) 2.30 Sign Zone: Indian Food Made Easy. (R) (T) 3.00 Sign Zone: Ever Wondered About Food? (R) (T) 3.30 BBC News 24. (T)



BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Big Cook Little Cook. (R) (T) 6.40 Boogie Beebies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.25 Newsround. (T) 7.30 Escape from Scorpion Island. (R) (T) 8.00 Prank Patrol. (R) (T) 8.30 CBeebies: Mama Mirabelle's Home Movies. (R) (T) 8.45 Come Outside. (R) (T) 9.00 64 Zoo Lane. (R) (T) 9.15 Bool (R) (T) Ethelbert the Tiger. (R) (T) 9.30 The Koala Brothers. (R) (T) 9.45 Nina and the Neurons. (R) (T) 10.00 Jackanory Junior. (R) (T) 10.15 Postman Pat. (R) (T) 10.30 Wildlife on Two. (R) (T) 11.00 FILM: Father Came Too (1963). Comedy, starring James Robertson Justice. (T) 12.30 Working Lunch. (T) 1.00 FILM: The Intelligence Men (1965). Morecambe and Wise comedy. (T) 2.40 Animal Park. (T) 3.15 Open Gardens. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (T) 5.15 Identity. (T) 6.00 Eggheads. (T) 6.30 Take on the Takeaway. (T) 7.00 Crisis on Jimmy's Farm. A disastrous Christmas leaves Jimmy and Mike with no money and just three months to turn the farm's fortunes around. Unable to cover the wage bill, the pair request a #250,000 bank loan. (R) (T) 8.00 The Restaurant. The seven remaining couples struggle to make a profit. (T) 9.00 Heroes. Isaac's premonitions begin to manifest themselves. (T) 9.45 Heroes Unmasked. Examining the personality of Ben Bennett. (T) 10.00 Tittybangbang: The Best Bits. Compilation of sketches. Last in series. (T) 10.30 Newsnight; Weather. (T) 11.20 Family Ties: BBC Four on BBC Two. (T) 11.50 Women's World Cup Football. (T) 12.35 BBC News 24. 2.00 BBC Learning Zone. (T)

Pick of the Day

Will & Grace (C4, 12.15am)

The end is in sight for New York's cosiest couple and their friends as Channel 4 airs the last few episodes of their final season. In the first of a two-parter, Karen hijacks the plans for Grace's green-card wedding to James. However, the bride thinks her do is becoming too lavish - especially when veteran rockers Daryl Hall and John Oates perform at the ceremony. The helium-wounded businesswoman calls Grace 'the runaway bride', and then sucks all the life out of her pun by explaining it to the friends and assorted other unimpressed onlookers. 'This is the first time I've thought I could actually kill her,' remarks Jack. We also find out about Karen's alleged steamy history with Joan Jett and Chrissie Hynde, and Hall and Oates send them selves up and belt out their classic number Maneater. However, Grace is unimpressed. 'Who knew Hall and Oates were such a riot?' she asks. This may not be a classic edition, but despite a humdrum script, Eric McCormack, Debra Messing, Sean Hayes and Megan Mullally do their best. It's followed by the equally amusing

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Will & Grace. (R) (T) 9.00 Frasier. (R) (T) 9.30 Frasier. (R) (T) 10.00 Ugly Betty. (R) (T) 10.55 Ugly Betty. (R) (T) 11.45 3 Minute Wonder: FourDocs. (R) (T) 11.50 3 Minute Wonder: Little Worlds. (R) (T) 12.00 News at Noon. (T) 12.30 Room for Improvement. (R) (T) 1.30 3 Minute Wonder: Adventures in Recycling. (R) (T) 1.35 FILM: The Guinea Pig (1948). Drama, starring Richard Attenborough. (T) (bw) 3.25 Countdown. (T) 4.10 My Place in the Sun. (T) 4.40 Deal or No Deal. (T) 5.25 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 25 Years On. A man who lost his leg in the Falklands War. (T) 8.00 Supernanny. Helping a family with four children. (T) 9.00 Time Team Special. The excavation of a site hit by the London Blitz. (R) (T) 10.00 Brothers & Sisters. A chance encounter leads Tommy to make a discovery about the family, while Sarah and Joe go into therapy and an office poll causes Kitty to worry about her relationship. (T) 11.00 Brothers & Sisters. (T) 12.00 Festival Postcards: Bestival. 12.15 Will & Grace. (T) 12.45 Will & Grace. (T) 1.10 The Osbournes. (R) (T) 1.30 The Osbournes. (R) (T) 1.55 Your Face or Mine? (R) (T) 2.20 King of the Hill. (R) (T) 2.45 Memoirs of a Cigarette. (R) (T) 3.45 Wild Things. (R) (T) 4.30 3 Minute Wonder: FourDocs. (R) (T) 4.35 Smallville. (R) (T) 5.20 Countdown. (R) (T)

FIVE

6.00 Milkshake! Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 Oswald. (R) (T) 6.35 Big School. (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 The Beeps. (R) (T) 7.35 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fib and the Flowerrots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Old Bear Stories. (R) (T) 8.55 Little Lodgers. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Dawson's Creek. (R) (T) 1.25 Russell Grant's Postcards. (R) (T) 1.35 FILM: Columbo: Troubled Waters (1975). Detective drama. Peter Falk stars. (T) 3.30 five news update. (T) 3.40 FILM: Mother Knows Best (1997). Thriller, with Joanna Kerns. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 RSPCA: Have You Got What It Takes? (T) 7.00 five news. (T) 7.30 David Beckham's Soccer USA. A weekly magazine offering an inside look at Major League Soccer, including highlights of Los Angeles Galaxy's match with Colorado Rapids at the Home Depot Centre. (T) 7.30 five news update. 8.00 FILM: Frankie and Johnny (1991). Light-hearted romantic drama, with Michelle Pfeiffer as a lonely waitress whose experience of painful relationships makes her reluctant to return the affection lavished on her by jailbird cook Al Pacino. (T) 10.10 FILM: In Hell (2003). Jean-Claude Van Damme is sent to a nightmarish prison after a violent crime of passion, and he's soon fighting for his life among the insane inmates. Lawrence Taylor co-stars. (T) 12.00 Poker World Open II. (T) 1.30 Major League Baseball. As-live coverage of another top game. 4.45 Golf: The Challenge. 5.10 Football Argentina. Highlights.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Dickinson's Real Deal. (T) 2.59 London Weather. (T) 3.00 The Alan Titchmarsh Show. (T) 4.00 Midsomer Murders. (R) (T)

5.00 That Antony Cotton Show. Guests join Antony in the studio. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Grayson is presented with Perdy's 'suicide' note, but a trip to the doctor helps him put two and two together, and the horror of what's been happening finally sinks in. David decides to confront his rival - revealing a face from the past. Katie chides Jo over her lack of engagement ring. (T) 7.30 Coronation Street. Hayley steels herself to tell Christian who she is after reassuring a furious Roy there will be no more lies. Claire begins to feel the strain of her separation from Ashley and finally forges Audrey, but remains adamant her marriage is over. Tyrone's obsession with Paul takes its toll on Molly. (T)

8.00 The Bill. Phil's latest conquest Monica Dreyfuss reports a burglary at her home which has left her bruised, shaken and fearing for her life. A series of beatings on a local estate points to a vigilante campaign against trouble-making drug dealers and the case touches a nerve with Will as he struggles to get over Martin Parks' suicide. Michael Brandon and Anna Wing guest star. (T)

9.00 Hell's Kitchen. Angus Deayton presents an update on the remaining celebrities' progress as they attempt to master the art of preparing culinary delights and serving them to a clientele of famous faces. As usual, head chef Marco Pierre White will be maintaining a watchful eye. (T)

10.00 Holly & Fearnie Go Dating. Holly Willoughby and Fearnie Cotton pull out all the stops to find the ideal partner for a London-based Casanova. The lucky lad in question has definitely staying faithful, but dreams of finding a larger lady with a lust for life. (T)

10.30 ITV News; Weather. (T)

11.05 Soundtrack of My Life. New series in which performers discuss the trials and rewards of a career in music and select their favourite tracks, beginning as Sophie Ellis Bextor takes a trip down memory lane. (T)

11.35 Grimebusters. Series following specialist clean-up teams as they attempt to keep the streets of London tidy. (R) (T)

12.05 Make Your Play; (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

LOCAL

RTP1

0630 Bom dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Operação Triunfo 1715 Lingo 1800 Portugal em Directo 1905 O Preço Certo 2000 News 2100 Football: Portugal V Servia 2300 Special Sport Edition 2345 Above the Law, film 0145 António, um rapaz de Lisboa, film 0400 Tele sales 0605 N6s

RTP2

0700 euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 a Fé dos Homens 1900 Biosfera 1945 Zig Zag 2045 Todos Contra o Chris 2115 National Geographic 2200 News 2240 24 2315 Bastidores 2330 Clube de Jornalistas 0030 Noites da 2 0115 Discovery Hour 0215 Consigo 0245 Bastidores 0315 Biosfera 0400 Sociedade Civil 0600 Euronews

SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1510 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gente Se Entende 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 Shark 0115 CSI Las Vegas 0215 Sex and the City 0330 Olhar da Serpente

TVI

0700 Diário da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Que Quer Ganha 1800 Morangos com Açúcar - Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 The Silence of the Lambs, film 0230 Toca a Ganhar 0345 TVI Negócios 0400 O Portector IV 0500 Telesakes

Best of the Rest

BBC3

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Outrageous Wasters 9.00 Britain's Tallest Men 10.00 Heroes 10.45 The Real Hustle 11.15 Under 18 and Under the Knife 12.15 Two Pints of Lager and a Packet of Crisps 12.45 Two Pints of Lager and a Packet of Crisps 1.10 Britain's Tallest Men 2.10 The Real Hustle 2.40 Outrageous Wasters 3.40 Close

BBC4

7.00 World News Today 7.00 Weather 7.30 Batman 8.00 Tintin and Me 9.00 The Protestant Revolution 10.00 Return to Lonesome Dove 11.30 Comics Britannia 12.30 Ian Rankin's Hidden Edinburgh 1.25 Kim Landon Talks to Ian Rankin 2.25 Comics Britannia 3.25 The Protestant Revolution 4.25 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Jack Osbourne - Adrenaline Junkie 9.00 Teen Sex: Too Much Too Young 9.30 Film: The World Is Not Enough 12 (1999) 12.05 Coronation Street 12.35 Film: Die Another Day 12 (2002) 3.10 Make Your Play: ITV Play 4.00 Teleshopping 6.00 Close

Sky One

1.00 Bones 2.00 Angel 3.00 Las Vegas 4.00 Stargate Atlantis

5.00 Stargate Atlantis 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 Project Runway 9.00 Law & Order 10.00 The Premiership's Greatest Foreign Players 12.00 Bones 1.00 Star Trek: The Next Generation 1.50 Star Trek: The Next Generation 2.40 Surviving 3.30 Surviving 4.20 Dream Team 5.10 Taste

UKTV Gold

1.00 Last of the Summer Wine 1.40 The Good Life 2.20 Some Mothers Do 'Ave 'Em 3.00 Open All Hours 3.40 My Family 4.20 Last of the Summer Wine 5.00 Dallas 6.00 Some Mothers Do 'Ave 'Em 6.40 Open All Hours 7.20 My Family 8.00 New Tricks 9.00 The Vicar of Dibley 9.55 Jonathan Creek 11.00 The Royle Family 11.35 The Royle Family 12.15 Two Pints of Lager and a Packet of Crisps 12.55 Comedy Connections 1.30 The Lenny Henry Show 2.05 Two Pints of Lager and a Packet of Crisps 2.35 As Time Goes By 3.05 2point4 Children 3.40 Close Up 3.50 Dallas 4.40 Merseybeat 5.25 Close Up 5.35 Neighbours

TCM

1.00 Mrs Soffel PG (1984) 3.00 Marlowe PG (1969) 4.40 The Prize PG (1963) 7.15 Hearts of the West PG (1975) 9.00 El Mariachi 15 (1992) 11.00 Body Heat 15 (1981) 1.00 El Mariachi 15 (1992) 2.25 Teleshopping 2.45 The Champ PG (1979)

The Disney Channel

Kids' programmes from 7am

MOVIES

Sky Movies Drama

7.00 Her Own Rules PG (1998) 8.40 The Clinic PG (2004) 10.25 A Good Woman PG (2004) 12.15 No Way Out 15 (1987) With Kevin Costner. 2.15 The Da Vinci Code 12 (2006) With Tom Hanks. 4.45 The Clinic PG (2004) With Jonathan Scarfe. 6.25 Her Own Rules PG (1998) With Melissa Gilbert. 8.00 The Da Vinci Code 12 (2006) With Tom Hanks. 10.30 No Way Out 15 (1987) With Kevin Costner. 12.25 Fear 18 (1996) With Mark Wahlberg. 2.05 Hustle and Flow 15 (2005) With Terrence Howard. 4.05 The Temptations 5.35 The Clinic PG (2004)

Sky Movies Comedy

6.50 Bean PG (1997) 8.30 Mrs Doubtfire PG (1993) 10.50 Under Wraps PG (1997) 12.30 Herbie: Fully Loaded U (2005) With Lindsay Lohan. 2.15 Mrs Doubtfire PG (1993) With Robin Williams. 4.25 Just Friends 12 (2005) With Ryan Reynolds. 6.10 Herbie: Fully Loaded U (2005) With Lindsay Lohan. 8.00 Kinky

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

Boots 12 (2005) With Chiwetel Ejiofor. 10.00 Just Friends 12 (2005) With Ryan Reynolds. 11.50 The Birdcage 15 (1996) With Robin Williams. 2.10 An Alan Smithee Film: Burn, Hollywood, Burn 12 (1997) With Eric Idle. 3.50 Bean PG (1997) 5.30 Superbad Special

Sky Movies Action/Thriller

6.35 Young Guns II: Blaze of Glory 15 (1990) 8.35 Derailed 15 (2005) 10.35 Virtuosity 15 (1995) 12.35 Miami Vice 15 (2006) With Colin Farrell. 2.55 Superman Returns Special 3.25 Run 15 (1990) With Patrick Dempsey. 5.10 Young Guns II: Blaze of Glory 15 (1990) With Emilio Estevez. 7.10 Derailed 15 (2005) With Jennifer Aniston. 9.00 Virtuosity 15 (1995) With Denzel Washington. 10.50 Miami Vice 15 (2006) With Colin Farrell. 1.05 Rapid Fire 18 (1992) With Brandon Lee. 2.45 Run 15 (1990) With Patrick Dempsey. 4.20 Volcano: Fire on the Mountain PG (1997)

Sky Sports 1

6.00 Yachting 7.00 ICC Cricket Awards 2007 8.30 Live Twenty20 World Championship Cricket: New Zealand v Kenya. 12.30 Live Twenty20 World Championship Cricket: Pakistan v Scotland. 4.40 FIFA Futbol Mundial 5.00 Live International Football. Slovakia v Wales (Kick-off 5.30pm). 7.30 Live International Football. France v Scotland (Kick-off 8.00pm). 10.15 International Football 12.15 FIFA Futbol Mundial 12.45 Poker 2.45 International Football 4.45 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 WWE: Heat 8.00 Sports Unlimited 9.00 Ocean 9.30 British Formula Ford Championship 10.00 Poker 12.00 Foot Brazil 12.30 A-League 1.00 PGA EuroPro Tour Golf 3.00 Golf 4.00 Sports Unlimited 5.00 WWE: Bottom Line 6.00 WWE: Afterburn 7.00 European Tour Weekly 7.30 Live International Football. Czech Republic v Republic of Ireland (Kick-off 7.30pm). 9.30 Total Rugby 10.00 Watersports World 11.00 NFL: Total Access 12.00 TBA 2.00 Race World 3.00 Close

Sky Sports 3

8.00 A-League 8.30 Challenge Tour Golf 9.00 Golf 10.00 Challenge Tour Golf 10.30 Foot Brazil 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Sports Unlimited 1.00 NFL: Total Access 2.00 Ocean 2.30 Poker 4.30 Live Twenty20 World Championship

Cricket. Australia v Zimbabwe. 8.00 Twenty20 World Championship Cricket 10.00 Race World 11.00 Transworld Sport 12.00 European Tour Weekly 12.30 Total Rugby 1.00 PGA EuroPro Tour Golf 3.00 Close

British Eurosport

7.30 Inside Euro 2008 7.45 Beach Soccer 9.45 Inside Euro 2008 10.00 Live Women's International Football. New Zealand v Brazil (Kick-off 10.00am). 12.00 International Football 1.00 Live Women's International Football. China v Denmark (Kick-off 1.00pm). 3.00 Live Cycling: Vuelta Espana. The 11th stage of the Tour of Spain. 4.30 WATTS 4.45 Inside Euro 2008 5.00 Wednesday Selection 5.05 Show Jumping 6.05 Riders Club 6.10 Wednesday Selection 6.15 US Tour Golf 7.15 European Tour Golf 7.45 Golf Club 7.50 Yacht Club 7.55 Wednesday Selection 8.00 World Superbikes 9.00 MotoGP 10.00 International Football 11.00 Cycling: Vuelta Espana 11.45 Cycling 12.30 Close

Sky Sports Xtra

2.30 A-League 3.00 World Pool Masters 4.00 NFL: Total Access 5.00 Irish Greyhound Racing 5.30 Show Jumping 6.00 Race World 7.00 Live International Football. Iceland v Northern Ireland (Kick-off 7.00pm). 9.00 PGA EuroPro Tour Golf 11.00 Ocean 11.30 Irish Greyhound Racing 12.00 Max Power 1.00 Ocean 1.30 Irish Greyhound Racing 2.00 Close



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BBC1

6.00 Breakfast. (T) 9.15 Helicopter Heroes. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Hard Sell. (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: LazyTown. (R) (T) 3.50 Bear Behaving Badly. (T) 4.10 Shaun the Sheep. (T) 4.30 Best of Friends. (R) (T) 5.00 Escape from Scorpion Island. (T) 5.25 Newsround. (T)

5.35 Neighbours. Film returns to Ramsay Street determined to tell Paul the truth about his past but, faced with an apparently reformed character, soon has a change of heart. Ringo forces Carmella to face up to her addiction and Zeke fears he's seen the last of Lolly when she leaves to visit her siblings. (R) (T)

6.00 BBC News; Weather. (T)
6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

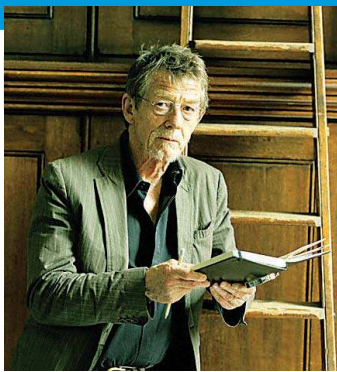
7.30 EastEnders. Chelsea wakes up to a shock, but Denise thinks it's time everyone went back to work - something Deano isn't happy about with Sean back on the Square. An anxious Peggy looks on as Ben and Phil are reunited. Ian is determined to get to the bottom of the Cindy mystery. (T)

8.00 What Not to Wear. Mica Paris and Lisa Butcher help basketball and football player Sharon Sulu find a feminine look to complement her athletic physique, discarding her sporty wardrobe - which includes more than #1,500 worth of trainers. The experts also transform rugby player Claire Donovan, using clever tailoring and flowing dresses to flatter her muscular frame, which leaves her team-mates pleasantly surprised. (T)

9.00 Who Do You Think You Are? Veteran actor John Hurt goes back to his roots to learn more about his ancestors. The journey uncovers a possible link to Irish aristocracy through his great-grandmother, as he and his brother travel to the home of the current Marquis of Sligo in Ireland. The connection fades when he finds out she was actually born in Croydon, but a lack of further records suggests he has identified a family tree cover-up. (T)

10.00 BBC News at Ten O'Clock. (T)
10.30 Regional News; Weather. (T)
10.35 FILM: Crimson Tide (1995). Thriller, starring Gene Hackman. (T)

12.30 Sign Zone: Panorama. (R) (T) 1.00 Sign Zone: Tribe. (R) (T) 2.00 Sign Zone: Cooking in the Danger Zone. (R) (T) 3.00 BBC News 24. (T)



BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Big Cook Little Cook. (R) (T) 6.40 Boogie Beebies. (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.25 Newsround. (T) 7.30 Escape from Scorpion Island. (R) (T) 8.00 Prank Patrol. (R) (T) 8.30 CBeebies: Mama Mirabelle's Home Movies. (R) (T) 8.45 Come Outside. (R) (T) 9.00 64 Zoo Lane. (R) (T) 9.15 Bool (T) Ethelbert the Tiger. (R) (T) 9.30 The Koala Brothers. (R) (T) 9.45 Nina and the Neurons. (R) (T) 10.00 Jackanory Junior. (R) (T) 10.15 Postman Pat. (R) (T) 10.30 Schools: Let's Write a Story. (T) 10.50 BBC Primary Geography. (T) 11.00 WiPe Out. (T) 11.30 Watch. (T) 11.45 Pod's Mission. (T) 12.00 Wildlife on Two. (R) (T) 12.30 Working Lunch. (T) 1.00 FILM: Press For Time (1966). Chaotic comedy. Norman Wisdom stars. (T) 2.40 Animal Park. (T) 3.15 Open Gardens. (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (T) 5.15 Identity. (T) 6.00 Eggheads. (T) 6.30 Take on the Takeaway. (T) 7.00 Great British Journeys. Nicholas Crane retraces a medieval journey made through Wales 800 years ago. (R) (T) 8.00 The Restaurant. The seven couples host gourmet evenings. (T) 9.00 Mock the Week. Topical comedy quiz show, hosted by Dara O'Briain with guest Gina Yashere joining regular comedians Frankie Boyle, Hugh Dennis and Andy Parsons. (T) 9.30 Saxondale. Tommy tries to prove himself at school. (T) 10.00 That Mitchell and Webb Look. Sketches include a clip from the first-ever TV broadcast. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 Heroes. (R) (T) 12.05 FILM: Chers (2005). Premiere. Romantic comedy, starring Clint Dyer. (T) 1.30 BBC News 24. (T) 2.00 BBC Learning Zone. (T)

C4

6.05 Making It. (R) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Will & Grace. (R) (T) 9.00 Frasier. (R) (T) 9.30 Frasier. (R) (T) 10.00 Ugly Betty. (R) (T) 10.55 Ugly Betty. (R) (T) 11.45 3 Minute Wonder: Bravo! (R) (T) 11.50 3 Minute Wonder: Bravo! (R) (T) 12.00 News at Noon. (T) 12.30 Room for Improvement. (R) (T) 1.30 Designers Under Pressure. (R) (T) 1.50 FILM: The Hound of the Baskervilles (1959). Sherlock Holmes mystery, starring Peter Cushing. (T) 3.25 Countdown. (T) 4.10 My Place in the Sun. (T) 4.40 Deal or No Deal. (T) 5.25 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: 25 Years On. The wrongly convicted Robert Brown. (T) 8.00 10 Years Younger Summer Special. A school secretary gets a makeover. (T) 9.00 Born to Be Different. Raising disabled children. (T) 10.00 FILM: Ghosts (2006). Premiere. Nick Broomfield's thought-provoking drama based on the lives of the Morecambe Bay cockle-pickers, who drowned when they were caught by a rising tide in February 2004. Starring Al Qln Li. (T) 12.00 FILM: Kal Ho Naa Ho (2003). Premiere. Romantic comedy, starring Saif Ali Khan. (T) 3.25 3 Minute Wonder: Home Fronts. (R) (T) 3.30 3 Minute Wonder: Home Fronts. (R) (T) 3.35 Dispatches: The Olympics Cash Machine. (R) (T) 4.30 Smallville. (R) (T) 5.15 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 Oswald. (R) (T) 6.35 Big School. (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (R) (T) 7.20 The Beeps. (T) 7.35 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowertots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Old Bear Stories. (R) (T) 8.55 Little Lodgers. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Dawson's Creek. (R) (T) 1.25 Russell Grant's Postcards. (R) (T) 1.35 FILM: Buried on Sunday (1992). Premiere. Comedy, starring Paul Gross. (T) 3.25 five news update. (T) 3.30 FILM: Cabin Pressure (2001). High-flying drama, starring Craig Sheffer. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 RSPCA: Have You Got What It Takes? (T) 7.00 five news. (T) 7.30 Chris Barrie's Massive Machines. The technology behind submarines. (R) (T) 7.30 five news update. 8.00 How to Be a Property Developer. Dan and Daniel finally make a profit. (T) 8.00 five news at 9.00 The Hotel Inspector. A floundering hotel in Reading. (T) 10.00 Suburban Shootout. Camilla instigates a series of stings to secure planning permission for her super casino on the town's wetlands, while a battle between the Mob bosses ensues at a newly-founded fight club. (T) 11.00 CSI: Crime Scene Investigation. (R) (T) 12.05 Quiz Call. 4.00 European Drag Racing. 4.30 Motorsport Mundial. 4.55 Race and Rally UK. 5.20 Football Argentina.

LOCAL

RTP1
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Operação Triunfo 1715 Lingo 1800 Portugal em Directo 1900 O preço Certo 1955 Direto de Antena 2000 News 2100 Grande Entrevista 2145 A Herança 'De Verão' 2245 Paixões Proibidas 2345 Mauvais Esprit, film 0145 Darwins Nightmare, film 0400 Telesales 0605 Nós

RTP2
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé dos Homens 1900 Iniciativa 1945 Zig Zag 2045 Todos Contra o Crime 2145 National Geographic 2200 News 2240 My Name is Icar 2330 Animais Como Nós 0030 Notícias da 2 0130 Roma 0230 Iniciativa 0415 Sociedade Civil 0545 Euronews

SIC
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gente Se Entende 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 CSI New York 0115 CSI Las Vegas 0245 Sex in the City 0315 Film TBA

TVI
0700 Diário Da Manhã 1000 Você na TV 1300 News 1400 Tarde de Julho 1700 Quem Quer Ganha 1800 Morangos Com Açúcar 2000 News 2115 Ilha dos Amores 2215 Doces Fugitivas 2330 Tu e Eu 0100 Escritório 0200 Cartaz das Artes 0230 Toca a Ganhar 0345 TVI Negócios 0400 Protector IV 0445 Telesales

Best of the Rest

BBC3
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Dog Borsal 9.00 The Restaurant: You're Fried! 9.30 The Real Hustle 10.00 EastEnders 10.30 I'm a Boy Anorexic 11.30 Bust My Ass 12.25 Two Pints of Lager and a Packet of Crisps 12.55 Two Pints of Lager and a Packet of Crisps 1.25 The Real Hustle 1.55 Dog Borsal 2.50 I'm a Boy Anorexic 3.50 Close

BBC4
7.00 World News Today 7.00 Weather 7.30 Bleak House 8.00 Venice 9.00 The Man Who Walked Across the World 10.00 Bulgaria's Abandoned Children 11.30 The Protestant Revolution 12.30 The Man Who Walked Across the World 1.30 Mark Lawson Talks to Stephen King 2.30 Bulgaria's Abandoned Children 4.00 Close

ITV2
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 The Truth About Boy Bands 9.00 Amy Winehouse: Summer Series 9.30 Film: Die Another Day 12 (2002) 12.00 Film: Scary Movie 18 (2000) 1.50 Gitterball: ITV Play 4.00 Teleshopping 6.00 Close

Sky One
1.00 Bones 2.50 Angel 3.00 Las Vegas 4.00 Stargate Atlantis 5.00 Stargate Atlantis 6.00 Malcolm in the Middle 6.30 Malcolm in the

Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Las Vegas 10.00 Las Vegas 11.00 Cold Case 12.00 Star Trek: The Next Generation 1.00 Star Trek: Surviving 2.40 Surviving 3.30 Relic Hunter 4.20 Dream Team 5.10 Taste

UKTV Gold
1.00 Last of the Summer Wine 1.40 The Good Life 2.20 Some Mothers Do 'Ave 'Em 3.00 Open All Hours 3.40 My Family 4.20 Last of the Summer Wine 5.00 Dallas 6.00 Some Mothers Do 'Ave 'Em 6.40 Open All Hours 7.20 My Family 8.00 New Tricks 9.00 The Vicar of Dibley 9.40 The Catherine Tate Show 10.20 The Royle Family 11.00 The Vicar of Dibley 11.40 The Catherine Tate Show 12.20 Prison Break 1.20 Prison Break 2.10 2point4 Children 2.50 Comedy Connections 3.20 The Lenny Henry Show 3.50 Some Mothers Do 'Ave 'Em 4.25 Close Up 4.35 Merseybeat 5.35 Neighbours

TCM
1.00 The Woman in the Window PG (1944) 3.00 The Big Sleep PG (1946) 4.55 Operation Crossbow PG (1965) 6.55 Logan's Run PG (1976) 9.00 Dirty Harry 18 (1971) 11.00 Bonnie and Clyde 18 (1967) 1.00 The Man Who Laughs 15 (1966) 2.40 Teleshopping 3.00 Bridge to the Sun U (1961)

The Disney Channel
Kids' programmes from 7am,

MOVIES

Sky Movies Drama

7.10 Driven to Succeed PG (2004) 8.40 Martha: Behind Bars PG (2005) 10.10 The Patron Saint of Liars PG (1997) 11.45 Jarhead 15 (2005) With Jake Gyllenhaal. 1.55 The English Patient 15 (1996) With Ralph Fiennes. 4.45 Driven to Succeed PG (2004) With Cybill Shepherd. 6.25 Martha: Behind Bars PG (2005) With Cybill Shepherd. 8.00 The English Patient 15 (1996) With Ralph Fiennes. 10.45 Jarhead 15 (2005) With Jake Gyllenhaal. 12.50 The Ice Storm 15 (1997) With Sigourney Weaver. 2.50 Around the Bend 15 (2004) With Michael Caine. 4.20 The Patron Saint of Liars PG (1997)

Sky Movies Comedy

6.00 Mastermind PG (1976) 7.40 McHale's Navy PG (1997) 9.40 Bring It On: All or Nothing 12 (2006) 11.25 She's the Man 12 (2006) With Amanda Bynes. 1.15 The Benchwarmers 12 (2006) With Rob Schneider. 2.55 Crazy People 15 (1990) With Dudley Moore.

4 3 5
Mastermind PG (1976) With Zero Mostel. 6.15 Roseanna's Grave 12 (1997) With Jean Reno. 8.00 She's the Man 12 (2006) With Amanda Bynes. 10.00 Bring It On: All or Nothing

12 (2006) With Hayden Panettiere. 11.45 The Benchwarmers 12 (2006) With Rob Schneider. 1.15 Roseanna's Grave 12 (1997) With Jean Reno. 3.00 Crazy People 15 (1990) With Dudley Moore. 4.35 McHale's Navy PG (1997)

Sky Movies Action/Thriller

6.00 Angel Flight Down PG (1996) 7.45 Revolver 15 (2005) 9.55 Attack Force Z 15 (1981) 11.45 Deep Impact 12 (1998) With Robert Duvall. 1.50 Legionnaire 15 (1998) With Jean-Claude Van Damme. 3.35 Attack Force Z 15 (1981) With John Phillip Law. 5.15 Down 'n Dirty 15 (2000) With Fred Williamson. 7.00 Revolver 15 (2005) With Jason Statham. 9.00 Deep Impact 12 (1998) With Robert Duvall. 11.05 Legionnaire 15 (1998) With Jean-Claude Van Damme. 12.45 Basic Instinct 2 18 (2006) With Sharon Stone. 2.40 True Colors 15 (1991) With John Cusack. 4.30 Angel Flight Down PG (1996)

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ITV1

Thursday 13/09/07

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Dickinson's Real Deal. (T) 2.59 London Weather. (T) 3.00 The Alan Titchmarsh Show. (T) 4.00 Midsomer Murders. (R) (T)

5.00 That Antony Cotton Show. Another dose of celebrity chat and topical humour. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Rosemary tries to explain her actions to Grayson, though his fury increases as he realises the extent of her campaign, making him wonder what else she is capable of. A De Souza rep tries to poach Betty and a hot air balloon trip for Jo nearly ends in disaster - but there's another surprise in store. (T)

8.00 The Bill. A masked kidnapper threatens to kill Monica if Phil does not return with the money Louis Dreyfus owes his boss. Samantha is shocked to learn of his involvement in the case but allows her old partner to carry on with his undercover operation to the point of handing over the money - not realising Phil's philandering ways have made him more than one new enemy. Michael Brandon guest stars. (T)

9.00 Hell's Kitchen. Angus Deayton presents another update from the kitchen as the 10 celebrities attempt to master the arts of preparing and serving dishes to a clientele of famous faces, under the watchful eye of head chef Marco Pierre White. (T)

10.00 Holly & Fearnie Go Dating. Holly Willoughby and Fearnie Cotton head to Cannock to meet a ballroom-dancing fanatic looking for the perfect partner. The presenters have very different ideas about how to match up the lucky lady, so while Holly heads for a salsa club, Fearnie takes a trip to a snowdome. (T)

10.30 ITV News; Weather. (T)

11.05 Soundtrack of My Life. Marc Almond performs live and talks about the trials and rewards of a career in music, his 2004 motorcycle accident and his musical influences. (T)

11.35 Q-Cars - Robbery Squad. The unmarked Metropolitan Police teams intervene when two armed men are reported to have broken into a north London flat, and investigate a vicious late-night theft - suspecting the evidence may lie at the bottom of a drain. Just minutes after a robbery takes place, two officers and the victim scour the streets for the perpetrator, a technique that has doubled detection rates. (R)

12.05 Gitterball; (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

SPORT

Sky Sports 1

6.00 Total Rugby 6.30 European Tour Weekly 7.00 WWE: Experience 8.00 Total Rugby 8.30 Live Twenty20 World Championship Cricket. Bangladesh v West Indies. 12.30 Live Twenty20 World Championship Cricket. Zimbabwe v England. 4.30 Live Twenty20 World Championship Cricket. India v Scotland. 8.00 Twenty20 World Championship Cricket 10.00 Golf Night 12.00 Premier League World 12.30 The Rugby Club 2.00 Premier League Snooker 5.30 Close

Sky Sports 2

6.00 Jack's Perfect Golfer 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Watersports World 9.00 International Football 11.00 FIFA Futbol Mundial 11.30 European Tour Weekly 12.00 Live European Tour Golf. The Mercedes-Benz Championship. 4.00 Live Solheim Cup Golf. The opening ceremony at the Halmstad Golf Club in Sweden. 5.30 The Rugby Club 7.00 Premier League World 7.30 Live Premier League Snooker. The second round of the season from Malvern Theatres. 11.00 NFL: Total Access 12.00 Twenty20 World Championship Cricket 2.00 Golf Night 4.00 Close

Sky Sports 3

7.30 Show Jumping 8.00 Race World 9.00 Ocean 9.30 Irish Greyhound Racing 10.00 European Tour Weekly 10.30 Total Rugby 11.00 Aerobics Oz

Style 11.30 Racing News 12.00 Watersports World 1.00 International Football 3.00 Show Jumping 3.30 NFL: Total Access 4.30 Live Cricket. Gloucestershire Gladiators v Worcestershire Royals. 10.00 WWE: Late Night - Raw 12.00 Extreme Championship Wrestling 1.00 British Ice Hockey 3.30 Rugby League

British Eurosport

7.30 Tatiana's World 7.45 euroCRASH! 8.00 MotoGP 9.00 International Football 10.00 International Football 10.45 International Football 11.30 International Football 12.30 International Football 1.15 International Football 2.00 International Football 2.45 Live Cycling: Vuelta Espana. Coverage of the 12th stage of the Tour of Spain. 4.30 Cycling 5.30 Inside Euro 2008 5.45 World Superbikes 6.45 International Football 7.45 Inside Euro 2008 8.00 Boxing 10.00 Cycling: Vuelta Espana 10.45 Cycling 11.30 International Football 12.30 Close

Sky Sports Xtra

1.00 NFL: Total Access 2.00 Ocean 2.30 Irish Greyhound Racing 3.00 Total Rugby 3.30 Ocean 4.00 WWE: Heat 5.00 British Ice Hockey 7.30 Live Rugby League. A National League match. 10.00 The Rugby Club 11.30 FIA GT Championship 12.30 Poker Week 1.00 IAAF Athletics Weekly 1.30 ATP Tennis 2.00 Sports Adventure 2.30 FIA GT Championship 3.30 IAAF Athletics Weekly 4.00 Close

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BBC1

6.00 Breakfast. (T) 9.15 Helicopter Heroes. (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (T) 11.45 Hard Sell. (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 Murder, She Wrote. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: LazyTown. (R) (T) 3.50 Bear Behaving Badly. (T) 4.10 Shaun the Sheep. (R) (T) Diddy Dick & Dom. (R) (T) 4.30 Basil Brush. (T) 5.00 Escape from Scorpion Island. (T) 5.25 Newsround. (T)

5.35 Neighbours. Paul throws a party for the residents and publicly apologises for his misdeeds, while Allan demands Pepper introduce him to Adam. Camella calls off her relationship with Oliver. (R) (T)

6.00 BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T) 7.30 My Family. Nick decides to get a flat of his own, much to his beleaguered father's delight. Comedy, starring Robert Lindsay and Kris Marshall. (R) (T)

8.00 EastEnders. Phil vents his anger at Ben when Peggy confronts him about his drinking. Ian is shocked by what he finds at Gina's house, and Jase tries to protect Jay from the name-calling. (T)

8.30 After You've Gone. Jimmy accidentally sees Diana naked in the shower and Molly takes advantage of his shock by getting him to agree to her having a tattoo. Meanwhile, Alex takes an aptitude test at school and the results indicate that accountancy is an appropriate career. Comedy, starring Nicholas Lyndhurst. (T)

9.00 A Bucket O' French and Saunders. Davina McCall guest stars as Dawn and Jennifer's mentor as they try to graduate from the "Presenters' Academy", while Kate Moss drops in for a "model off" with Dawn. (T)

9.30 Not Going Out. Lee pretends to be gay to find out more about a new business acquaintance - but only because his reward for doing so is tickets to Wembley. His deception is soon uncovered and he is taken to a "specialist" club to test his alleged sexuality. Comedy, starring Lee Mack and Sally Bretton. (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 Friday Night with Jonathan Ross. Director Quentin Tarantino visits the studio for the second time to discuss his latest film Death Proof, while style gurus Trinny Woodall and Susannah Constantine talk about their new series Undress the Nation. Jonathan also welcomes actor Samuel L. Jackson, who is in Britain to host Swarovski Fashion Rocks for the Prince's Trust. Music is provided by KT Tunstall. (T)

11.35 FILM: Final Destination (2000). Horror thriller, starring Devon Sawa; (T) Weatherview.

1.10 BBC News 24. (T)



BBC2

6.00 CBeebies: Balamory. (R) (T) 6.20 Big Cook Little Cook. (R) (T) 6.40 Boogie Beebies; (R) (T) Tweenies Songtime. (R) (T) 7.00 CBBC: Arthur. (R) (T) 7.25 Newsround. (T) 7.30 Escape from Scorpion Island. (R) (T) 8.00 Prank Patrol. (R) (T) 8.30 CBeebies: Mama Mirabelle's Home Movies. (R) (T) 8.45 Come Outside. (R) (T) 9.00 64 Zoo Lane. (R) (T) 9.15 Bool (T) Ethelbert the Tiger. (R) (T) 9.30 The Koala Brothers. (R) (T) 9.45 Nina and the Neurons. (R) (T) 10.00 Jackanory Junior. (R) (T) 10.15 Postman Pat. (R) (T) 10.30 Schools: Look and Read. (T) 10.50 Focus. (T) 11.00 Maths Challenge. (T) 11.15 Maths Challenge. (T) 11.30 What? Where? When? Why? (T) 11.45 Something Special. (T) 12.00 Working Lunch. (T) 12.45 Live Women's World Cup Football. Germany v England (Kick-off 1.00pm). (T) 3.00 Coast. (T) 3.15 Open Gardens. (T) 3.45 Flog H1 (R) (T) 4.30 Ready, Steady, Cook. (T) 5.15 Identity. (T) 6.00 Eggheads. (T) 6.30 Take on the Takeaway. (T) 7.00 The Gardener's Year. Alan Titchmarsh gives horticultural hints for early summer, revealing how to make impressive patio pots and the best ways of dealing with pests. (R) (T) 7.30 Rick Stein's Cabin Fever. The making of the chef's French Odyssey series. (R) (T) 8.30 Gardeners' World. Monty Don visits sweet pea grower Roger Parsons. (T) 9.00 India and Pakistan 07: The Story of India. Scientific achievements during the medieval period. (T) 10.00 Grumpy Old Holidays. Irrelevant perspectives on camping holidays. (R) (T) 10.30 Newsnight. (T) 11.00 Newsnight Review. (T) Weather. (T) 11.35 Mook the Week. (R) (T) 12.05 Women's World Cup Football. (T) 12.50 FILM: Battle of the Sexes (1959). Comedy. Peter Sellers stars. (T) (bw) 2.15 Star Trek: The Next Generation. (R) (T) 3.00 Star Trek: The Next Generation. (R) (T) 3.45 Close.

Pick of the Day

Live Rugby World Cup 2007 (ITV1 Granada, 7.30pm)

Four years ago, England and South Africa met in the pool stages of the World Cup in Australia, and they have been thrown together once again in Pool A at the Stade de France in Paris. Much has happened since that meeting, not least England becoming world champions, but this time around, the Springboks are favourites to beat Brian Ashton's men on the way to securing top spot in the pool - and bagging a potentially easier quarter-final with it. South Africa entered the tournament as second favourites behind New Zealand and have developed into a team capable of winning games in a variety of ways - something that could prove crucial against England. Ashton may look to his sizeable pack to upset the Springboks and much will depend on referee Joel Judge's interpretation of the laws, but South Africa coach Jake White has the more incisive set of backs at his disposal and that could ultimately prove the difference between the sides. They also have the greater experience, but at least Ashton can look to World-Cup winners Jason Robinson and Lawrence Dallaglio for inspiration in what is sure to be a no-holds-barred contest.

C4

6.00 Grabbit the Rabbit. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.30 Will & Grace. (R) (T) 9.00 Frasier. (R) (T) 9.30 Frasier. (R) (T) 10.00 Ugly Betty. (R) (T) 10.55 Without a Trace. (R) (T) 11.50 Water Stories. (R) (T) 12.00 News at Noon. (T) 12.30 Room for Improvement. (R) (T) 1.00 Water Stories. (R) (T) 1.15 Channel 4 Racing from Doncaster. Including the 2.40 GNER Doncaster Cup (2m 2f). (T) 3.25 Countdown. (T) 4.10 My Place in the Sun. (T) 4.40 Deal or No Deal. (T) 5.25 Come Dine with Me. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.35 Unreported World. New series. Documentary giving the lowdown on hard-hitting issues from around the globe, starting with a report into gang culture and allegations of vote buying in Jamaica. (T) 8.00 A Place in the Sun: Home or Away. A Derbyshire couple interested in downsizing. (T) 9.00 Peter Kay's Phoenix Nights. Brian resurrects his club. (R) (T) 9.30 Peter Kay's Phoenix Nights. Brian hosts a family fun day in the car park. (R) (T) 10.00 The IT Crowd. Jen's dinner party preparations don't go as planned. (T) 10.35 My Name Is Earl. (T) 11.05 Fonejacker. (T) 11.35 Father Ted. (R) (T) 12.05 4Music: Festival 2007. 1.05 4Music: 4Play: Got Team. (T) 1.20 4Music: Isle of Wight Festival: Kasabian. 1.50 Goalissimo. 2.45 Transworld Sport. (R) (T) 3.40 Freesports on 4. 4.35 Smallville. (R) (T) 5.20 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Miss Spider's Sunny Patch Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 Oswald. (R) (T) 6.35 Big School. (T) 6.45 Funky Valley. (R) (T) 6.50 Franny's Feet. (R) (T) 7.00 Little Princess. (T) 7.20 The Beeps. (T) 7.35 Roary the Racing Car. 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowerfots. (R) (T) 8.20 Peppa Pig. (R) (T) 8.25 Thomas & Friends. (R) (T) 8.40 Old Bear Stories. 8.55 Little Lodgers. (R) (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Dawson's Creek. (R) (T) 1.25 Russell Grant's Postcards. (R) (T) 1.40 FILM: The Time Machine (1960). Sci-fi adventure, starring Rod Taylor. (T) 3.40 five news update. (T) 3.45 FILM: Love's Unending Legacy (2007). Premiere. Period drama, starring Erin Cottrell. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 RSPCA: Have You Got What It Takes? (T) 7.00 five news. (T) 7.30 Pimp My Ride UK. A 1991 Suzuki Swift GTi is transformed; (R) (T) 7.30 five news update. (T) 8.00 Up Close and Dangerous. A camerawoman is charged by a wounded buffalo; (T) 8.00 five news at 9. 9.00 NCIS. The severed leg of a missing Marine is discovered in a rubbish bin, putting the team on the trail of a small-town murder racket. Crime drama, starring Mark Harmon. (R) (T) 10.00 Law & Order. A gay man is beaten to death. (R) (T) 11.00 Women Who Kill. (T) 11.30 Women Who Kill. 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Dickinson's Real Deal. (T) 2.59 London Weather. (T) 3.00 The Alan Titchmarsh Show. (T) 4.00 Midsomer Murders. (R) (T)

5.00 That Antony Cotton Show. The Corrie star presents another hour of celebrity chat, fun features and competitions. Last in series. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Zak and Lisa meet Belle's head teacher and discover there's nothing more to be done to keep her at the school. Lexi's suspicions are aroused once more when she sees Debbie with Pollard. Grayson tries unsuccessfully to get in touch with Percy but remains unconcerned as to his mother's whereabouts. (T)

7.30 Live Rugby World Cup 2007. England v South Africa (Kick-off 8.00pm). Jim Rosenthal presents coverage of the key Pool A match at the Stade de France in Paris, as the two favourites to progress meet each other. (T)

10.00 Hell's Kitchen. Angus Deayton presents an update on the remaining celebrities' progress as they attempt to master the art of preparing culinary delights and serving them to a clientele of famous faces. As usual, head chef Marco Pierre White will be maintaining a watchful eye. (T)

10.30 ITV News; Weather. (T)

11.00 Supernatural. Sam is warned about his tragic fate by a woman who shares his ability to see the future - and claims to have witnessed his death in an explosion. Drama, starring Jared Padalecki and Jensen Ackles. (T)

12.00 Glitterball: (T) ITV News Headlines. 4.10 Under One Roof. 4.30 Under One Roof. (R) (T) 5.00 ITV Nightscreen.



LOCAL Best of the Rest

RTP1

0630 Bom Dia Portugal 1000
Praça da Alegria 1300 News
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Acontece aos Outros 2115
Avenida Europa 2145 Contra
2215 A Herança de Verão 2215
Paixões Proibidas 0015 The Eye,
film 0200 S6 Visto 0400 Teleales

RTP2

0700 EuroNews 0715 Zig Zag
1000 Assembleia da República
1300 Zig Zag 1400 Sociedade
Filial 1530 Sim Amor 1600 Zig Zag
1715 National Geographic 1815
A Fé dos Homens 1900 A Alma
e a Gente 1945 Zig Zag 2045
Todos Conta o Chris 2115
National Geographic 2200 News
2240 Irmãos e Irmãs 2330 Vidas
0030 Noites da 2 0130 Bastidores
0200 Flip 0230 Arte & emoção
0300 Siciidade Civil 0430
Euronews

SIC

0700 Floribella 0830 Sic Kids
1100 Fatima 1300 News 1415
Eterna Magi 1445 O Profeta 1515
Contacto 1800 Pé na Jaca 1900
Ganhar é Que se Gente Se
Entende 2000 News 2115
Chiquititas 2215 Paraíso Tropical
2315 Vingança 0015 CSI Las
Vegas 0115 The Job, film 0300
Sex and the City 0330 Polhar da
Serpente

TVI

0700 Diário Da Manhã 1000 Você
na TV 1300 News 1400 Mundialito
de Futebol de Praia 1700 Quem
Quer Ganha 1745 Morangos com
Açúcar - Férias de Verão 2000
News 2115 Euronews 2130
Ilha dos Amores 2215 Doce
Fugitiva 2330 Tu e Eu 0030
Deadly Charades, film

BBC3

7.00 Doctor Who 7.45 Doctor
Who Confidential 8.30 The Real
Hustle 9.00 Torchwood 9.50
Torchwood Declassified 10.00
EastEnders 10.30 Drunk and
Disorderlies 11.30 The Real Hustle
12.00 Family Guy 12.20 Family
Guy 12.45 Two Pints of Lager and
a Packet of Crisps 1.15 Two Pints
of Lager and a Packet of Crisps
1.40 Drunk and Disorderlies 2.40
Torchwood 3.30 The Real Hustle
4.00 Close

BBC4

7.00 World News Today 7.00
Weather 7.30 Bleak House 8.00
Bleak House 8.30 Transatlantic
Sessions 9.00 Marc Bolan: The
Final Word 10.00 T Rex in Concert
11.00 Comics Britannia 12.00
Batman 12.25 Batman 12.50 Marc
Bolan: The Final Word 1.50 Mark
Lawson Talks to Biddy Baxter
2.50 Transatlantic Sessions 3.20
Comics Britannia 4.20 Close

ITV2

1.30 The Jeremy Kyle Show 2.35
The Jeremy Kyle Show 3.40 Ricki
Lack 4.30 Sally Jessy Raphael
5.15 Airline 5.45 Judge Judy 7.00
The New Adventures of Superman
8.00 Airline USA 8.30 The X Factor
3.30 The Xtra Factor 10.30 Film:
Scary Movie 18 (2000) 12.15
Entourage Uncovered 12.45
Entourage Uncovered 1.15
Glitterball: ITV Play 4.00
Teleshopping 6.00 Close

Sky One

1.00 Bones 2.00 Angel 3.00 Las
Vegas 4.00 Stargate Atlantis 5.00
Stargate Atlantis 6.00 Malcolm in
the Middle 6.30 Malcolm in the
Middle 7.00 The Simpsons 7.30
The Simpsons 8.00 The Simpsons
8.30 Lovepotion International 9.00

Road Wars 10.00 Final Approach
11.50 Final Approach 1.40 A Town
Called Eureka 2.40 Star Trek: The
Next Generation 3.30 Star Trek:
The Next Generation 4.20 Sex on
the Beach 5.10 Dream Team

UKTV Gold

1.00 Last of the Summer Wine
1.40 The Good Life 2.20 Some
of Us Do 'Ave 'Em 3.00 Open
All Hours 3.40 My Family 4.20
Last of the Summer Wine 5.00
Dallas 6.00 Some Mothers Do
'Ave 'Em 6.40 Open All Hours
7.20 My Family 8.00 New Tricks
9.00 Only Fools and Horses 9.40
Fawlty Towers 10.20 EuroMillions:
Boom Bang a Bang 10.30 Film:
Lara Croft: Tomb Raider 12 (2001)
12.25 Only Fools and Horses
1.05 Fawlty Towers 1.45 Men
Behaving Badly 2.25 Comedy
Connections 2.55 The Lenny
Henry Show 3.25 Last of the
Summer Wine 3.55 The Good Life
4.30 Merseybeat 5.25 Close Up
5.35 Neighbours

TCM

1.00 Travels with My Aunt PG
(1972) 3.30 The Postman Always
Rings Twice PG (1946) 5.00 Night
Must Fall PG (1964) 6.50
Skyjacked PG (1972) 8.30 The
Screening Room 9.00 Get Carter
18 (1971) 11.00 Shaft 15 (1971)
12.50 Savage Messiah 18 (1972)
2.25 Teleshopping 2.40 The VIPs
U (1963)

The Disney Channel

Kids' programmes from 7am,
except: 6.00 Film: High School
Musical: The Ultimate Edition U
(2006) Teenage drama, starring
Zac Efron. 9.35 Film: High School
Musical: The Ultimate Edition U
(2006) Teenage drama, starring
Zac Efron.

Sky Movies Drama

6.00 Here Comes the Son PG
(1996) 7.35 Desperate Rescue
12 (1992) 9.15 The Story of an
African Farm PG (2004) 11.00
Here Comes the Son PG (1996)
With Scott Bakula. 12.35 Get
Rich or Die Tryin' 15 (2005) With
Curtis "50 Cent" Jackson. 2.35
Crash 15 (2004) With Matt Dillon.
4.35 Desperate Rescue 12 (1992)
With Mariel Hemingway. 6.15 The
Story of an African Farm PG
(2004) With Richard E Grant. 8.00
Crash 15 (2004) With Matt Dillon.
10.00 Mississippi Burning 18
(1988) With Gene Hackman. 12.10
Get Rich or Die Tryin' 15 (2005)
With Curtis "50 Cent" Jackson.
2.10 Flesh and Blood 18 (1985)
With Jennifer Jason Leigh. 4.20
Desperate Rescue 12 (1992)

Sky Movies Comedy

6.30 Big Bully PG (1995) 8.05 The
Red Sneakers PG (2001) 10.00
Home Team PG (1998) 11.45
Superbad Special 12.05 Big Bully
PG (1995) With Rick Moranis.
1.50 Beauty Shop 12 (2005) With
Queen Latifah. 3.40 Office Space
15 (1999) With Ron Livingston.
5.20 Comedy Close Up 5.50 Kiss

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

MOVIES

Me, Stupid PG (1964) With Dean
Martin. 8.00 Beauty Shop 12
(2005) With Queen Latifah. 9.50
Office Space 15 (1999) With Ron
Livingston. 11.30 Private Parts
18 (1997) With Howard Stern.
1.25 Krippendorff's Tribe 12 (1998)
With Richard Dreyfuss. 3.05 Bad
Manners 15 (1997) 4.40 Home
Team PG (1998)

Sky Movies Action/Thriller

6.05 In the Line of Duty: Siege at
Marion PG (1992) 7.50 Cotton
Comes to Harlem 15 (1970) 9.35
Red Eye 12 (2005) 11.15 The
Game 15 (1997) With Michael
Douglas. 1.25 The Saint 12 (1997)
With Val Kilmer. 3.25 Shadow
Conspiracy 15 (1997) With Charlie
Sheen. 5.15 The Top 10 Show
5.35 Cotton Comes to Harlem 15
(1970) With Godfrey Cambridge.
7.20 Red Eye 12 (2005) With
Rachel McAdams. 9.00 The Game
15 (1997) With Michael Douglas.
11.10 The Saint 12 (1997) With
Val Kilmer. 1.10 Shadow
Conspiracy 15 (1997) With Charlie
Sheen. 2.55 Turbulence 18 (1997)
With Ray Liotta. 4.40 In the Line
of Duty: Siege at Marion PG
(1992)

Sky Sports 1

6.00 Premier League World 6.30
WWE: Raw 8.30 Live Twenty20
World Championship Cricket. Sri
Lanka v Kenya. 12.30 Live
Twenty20 World Championship
Cricket. Australia v England. 4.30
Live Twenty20 World
Championship Cricket. India v
Pakistan. 8.00 Twenty20 World
Championship Cricket 10.00 Live
Friday Fight Night 12.00 Super
League 2.00 Friday Fight Night
4.00 Big League Weekend 5.00
Premier League Preview 5.30
World Sport

Sky Sports 2

6.00 Jack's Perfect Golfer 6.30
Live Solheim Cup Golf. The
opening day at the Halmstad Golf
Club in Sweden. 5.30 Premier
League World 6.00 Big League
Weekend 7.00 Premier League
Preview 7.30 Live Super League.
Coverage of a crucial game. 10.00
Big League Weekend 11.00
Premier League Preview 11.30
NFL: Total Access 12.30 NFL
Weekly Review 1.00 Twenty20
World Championship Cricket 3.00
Super League 5.00 NFL Weekly
Review 5.30 Moto Plus

Sky Sports 3

6.00 IAAF Athletix Weekly 6.30
Ocean 7.30 IAAF Athletix Weekly
7.30 ATP Tennis 8.00 British Ice
Hockey 10.30 Sports Adventure
11.00 TBA 11.30 Racing News
12.00 NFL: Total Access 1.00
Live European Tour Golf. The
Mercedes-Benz Championship.
5.00 WWE: Raw 7.00 Jack's

Perfect Golfer 7.30 Golf Night
10.30 WWE: Late Night -
Smackdown 12.30 WWE: Late
Night - Bottom Line 1.30 Golf
Night 4.30 Jack's Perfect Golfer
5.00 Sportnation

British Eurosport

7.30 International Football 8.15
International Football 9.15
International Football 10.00 Live
Women's International Football.
Sweden v USA (Kick-off
10.00am). 12.00 Women's
International Football 1.00 Live
Women's International Football.
Germany v England (Kick-off
1.00pm). 3.00 Live Cycling:
Vuelta Espana. Coverage of the
13th stage of the Tour of Spain.
4.30 MotoGP 6.00 Trial Bikes
6.30 Inside Euro 2008 7.00
Women's International Football
8.30 MotoGP 9.30 Strongest Man
10.30 Yoz Magazine 11.00
Cycling: Vuelta Espana 11.30
Cycling 12.00 Strongest Man
12.30 Close

Sky Sports Xtra

7.00 Sports Adventure 7.30 Poker
Week 8.00 Rugby League 10.30
ATP Tennis 11.00 The Rugby
Club 12.30 Premier League
Snooker 4.00 NFL: Total Access
5.00 Live Rugby Union. Sharks v
Pumas (Kick-off 5.00pm). 7.00
Tight Lines 8.00 NFL Weekly
Review 8.30 Premier League
Preview 9.00 Sportnation 10.00
Ocean 10.30 Rugby Union 12.30
Tight Lines 1.30 Rally World 2.00
Motor Racing 3.30 NFL Weekly
Review 4.00 Tight Lines 5.00
Rally World 5.30 Ocean

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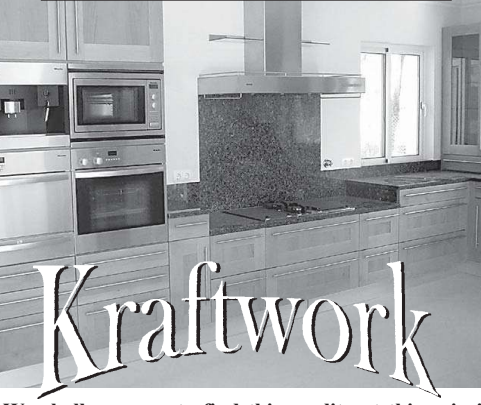
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Upward Glance



with Joyce Voelker

Consider the Ant

I have never been a lover of insects. I smashed a tiny slithering critter in my office today and just observed a spider hiding in one corner of our ceiling. He will not be there for long. A neighbor of mine with a severe fear of spiders used to call me whenever her husband could not rescue her from the eight legged creatures who visited her home. Though I am not truly afraid of insects, I strongly dislike them. I especially do not enjoy them when they are in my house rather than in their natural environment.

There is a zoo just for bugs in Philadelphia. It is called an insectarium. Though I have never visited, I have read that it contains more than 100,000 live insects. The owner says he has a million more bugs still in storage. Cookie tins, boxes and other containers filled with dead bugs from all over the world are piled floor-to-ceiling.

Every year 75,000 people visit this unusual place. Visitors can view movies and holograms, as well as observe bugs through microscopes and play games. The insectarium also has a unique scale on which you can weigh yourself in ladybugs, fireflies and other creatures. I personally do not think I want to know how many of those tiny creatures it would take to match my weight but am sure many would find the information interesting.

The writer of Proverbs 30 uses insects and other small creatures to teach readers a spiritual lesson. "There are four things on earth that are small but unusually wise..." (vs. 24) The ant is tiny and weak, but God created him to use his limited strength to prepare for the future. Locusts have no king or ruler but God created them with the instinct to line up and move as one in an orderly fashion. The spider is also a lowly creature. However, by using the special abilities God gives him, he rises to high places.

Do you ever feel small and insignificant? Like a tiny insect, of no real value to those around you? Perhaps you have even felt stomped on or smashed under the feet of others like the tiny bug I stepped on at work today. You need not feel insignificant. You were created by Almighty God. He showcases His wisdom and greatness through even the smallest things and He promises that *His strength is made perfect in our weakness*.

"My grace is all you need. My power is strongest when you are weak."

2 Corinthians 12:9

More information about how to have a relationship with God can be found at www.rbc.org/personal_relationship_with_god.page or email joycevoelker@hotmail.com

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Letters from p.18

Re. Lesley Fraser's letter of 25/8/07

SIR, Lesley Fraser's 'Response to letters' shows great insight into the ongoing press scramble for news on the McCanns after the disappearance of their daughter, namely, as you say, from the British press with much misinformation and exaggeration and, also, as you say, with them trying to discredit the work of the Portuguese Police. Such a scramble for news has only added further grief to the already doubly bereaved parents. My sympathy goes to the McCann family, but my/our thanks go to you for coming out courageously in defence of more just and balanced views and opinions.

NAME & ADDRESS SUPPLIED, By e-mail

GM Food - No

SIR, In Edn. 922 of Aug. 25th. you report that a group of environmentalists vandalised a crop of GM maize in the Silves area in protest against the cultivation of crops which have been genetically modified with synthetic toxic chemicals. I sympathise with the farmer's loss of income, but he chose to plant this maize and risk public protest. His planting will have been subsidised and it is likely that he will be granted some compensation because the Ministry of Agriculture was involved and Portugal

has only followed an EU misinformed Directive to legalise the planting of GM maize. His losses therefore may be minimised and he will benefit by knowing the strength of feelings against such GM crops.

Much of the maize grown and imported goes into animal feed, but the poor animals have no vote in the matter whereas the public can make a choice and those of us who cherish our health and are concerned about the welfare of future generations and the survival of our planet reject this form of farming and say "no to GM food".

Many unexpected and undesirable effects can happen when a foreign gene is transferred to a plant's DNA which can result in unintended consequences. A major concern is 'horizontal gene transfer' where genes travel from one species to another and some research has noted that GM DNA has been found in human gut bacteria after eating GM food. No-body can predict the long term effects of such contamination.

Nature has been making genetic modifications for billions of years, without the help of the chemical industry, to ensure the evolution and survival of all life forms and the sustainability of our planet. We need to re-learn how to live in harmony with Nature.

A protest demonstration like a general strike is the last resort of normally peaceful people to get their message across to poli-

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ticians that something is unacceptable to society and needs to be remedied. When such reminders to the politicians are further ignored violence is often a regrettable consequence.

Any form of violence against property or people is unacceptable and usually counter-productive to the aims of the activists.

The Municipality of Lagos has the right idea and is to be commended for the determination to make Lagos a 'GM free

zone'. We need other Municipalities to be as courageous and to mobilise their forces and remind our politicians that they are in office to protect the best interests of their communities and not to pander to Big business which always has a covert agenda.

J.M. NUTTALL, Alvor

N.B. Outstanding letters will be held over until next week, and the religious debate has been dropped for the time being. Ed.

WHERE TO WORSHIP

Lisbon

IGREJA DO CORPO SANTO, LISBON Largo do Corpo Santo, Catholic Services in English, Mass each Sunday and Holyday at 11.00am Tel. 21 467 3771

IGREJA DA SRA. DOS NAVEGANTES, CASCAIS Rua dos Navegantes, Catholic Services in English, Mass each Saturday at 6.00pm; Mass each Sunday and Holyday 12 noon Tel. 21 467 3771

OCEAN CHRISTIAN COMMUNITY - An International Spirit-filled Church serving the Linha de Cascais area. Small group bible studies meet regularly. Join us for Sunday worship with a contemporary style at the Hotel Saboia, Rua Belmonte, No. 1, Estoril. For more information contact us at 21 9282019

INTERNATIONAL BAPTIST CHURCH OF LISBON 11.30am English worship service in the facilities of the Terceira Igreja Evangélica Baptista de Lisboa. Location: Rua Filipe Folque, 36, 1st Floor, 1050 Lisboa. Rev. Joseph Ian Momoh

BAPTIST MISSION - Esgueira (Aveiro) Traditional Baptist church service in English on Sunday at 5pm. Contact: Pastor David Loop Tel. 965-363-986

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RIVERSIDE INTERNATIONAL CHRISTIAN CHURCH Office: Rua São José 178, 1.º dto, Fontainhas, 2750-134 Cascais. Phone: 21 483 6590; Fax: 21 483 6592. Church: ABLA (next to Riviera Hotel), Praceta Infante D. Henrique, N.º 80, Quinta do Junheiro, 2775-584 Carcavelos. We are an interdenominational Christ-centered, contemporary, caring and culturally relevant

church meeting at ABLA in Carcavelos each Sunday at 9.00am in Portuguese and 11.00am in English. Creche, children and youth ministries provided.

THE DOOR Christian International Church - meets at Cidade Desportiva, Praceta Carlos Capitulo, Loja "B" Massama / Queluz, every Sunday at 10.30am and 7.00pm - all welcome. For more information call Pastor Frank Escobar at 21-467-3386 or Mobile 918 086 883 God Bless!

CHAPEL OF ST. PIUS X - PRIORADO S. PIO X, Estrada de Chelas, 31, 1900 Lisboa. Tel. (21) 814 3591. Latin Tridentine Mass, Lisbon every Sunday at 11am. Rosary before Mass, confessions also available. Monforte (Alentejo) also 2nd & 4th Sundays, 6.30pm. Resident Priest: Ernesto Cardoso

ST. GEORGE'S CHURCH, LISBON (Church of England). Rua S. Jorge. Enter through the Cemetery gate opposite Jardim da Estrela. Service 11.30 am every Sunday. Tel. 21 4692303.

ST. PAUL'S CHURCH, ESTORIL (Church of England). Av. Bombeiros Voluntários 59 (behind Hotel Sana Estoril). Service 9.30 am every Sunday. Tel. 21 4692303.

ST. MARY'S, S. PEDRO DO ESTORIL 368 Rua do Murat, Mass each Sunday and Holyday 10.15am Tel. 21 467 3771

ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN) Rua Ariaga, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885; www.standrewslisbon.com.sapo.pt

CASCAIS INTERNATIONAL CHRISTIAN CHURCH Av. de Sintra, N.º 1154, Cascais (Tel: 21 486 1856). Sunday English worship 10.30 Portuguese at 17.30

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THE SALVATION ARMY, LISBON Reboleira

Corps (Praceta Almada Negroire, Lote 213 Loja Dt do Exército 11 A); Chelas Corps (Rua Rui de Sousa, Lote 65 A Loja C); Laranjeiras Corps (Bairro de Laranjeiras). At all these corps: Morning Service 9.30am Salvation Meeting 5.00pm Picheleira Corp Rua Capitão Roby, Picheleira, Lisbon (21 805708). **OPORTO** Pereiro Corps (Av. Vasco da Gama No: 675-2 E Ramalde), Service 10am, Salvation Meeting 5.00pm. Colaras Corps. (Av. dos Bombeiros Voluntários - Tel: 22 929 1077) Sun. 10am. Thurs 4.00pm Ladies Home League Meeting.

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LISBON SYNAGOGUE: Rua Alexandre Herculano 59, Tel. 21 385 8604 Fax 21 388 4304 e-mail: celesboa@mail.telepac.pt

Bahá'í Faith - (Av. Ventura Terra, n.º 1, Lisboa, Tel.: 217590474, E-mail: gae@bahai.pt)

IGREJA BAPTISTA de Queijas (close to Cascais) Rua Carlos Santos 8B, Queijas Near the Olympic Stadium off the A5. Tel: 214 172 087. Sunday Service: English 10.15/Portuguese 12.00 Prayer and Bible Study: Thursday 8 PM Traditional Baptist Service in English followed by Sunday School.

The Algarve

CHURCH OF ENGLAND SERVICES St. Vincent's Anglican Church of the Algarve, Igreja Senhora de Fátima Holy Communion. 9.30 every Sunday. Info Rosio Beale-Powell 289 328302; St. Luke's, Monte da Palhaqueira, Gorjões. (Nr. Sta. Barbara) Holy Communion 11.30 a.m. every Sunday. Info Maxine Srivastava 917 267 948; Luz Senora da Luz Holy Communion 12.00 every Sunday. Plus Children's Rainbow Club. Info: Joyce Daffey 282788104.

ALL SAINTS ANGLICAN CHURCH, ALGARVE - Evangelical worship: First Sunday - Family Eucharist, all other Sundays - Holy Communion with Crêche. 10.30am Community Centre, ALMANCIL (ASCA - Associação Social e Cultural de Almoncil). For directions (any time) call 282-380311 or see www.allsaitsalgarve.org.

CENTRO CRISTÃO FONTE DE VIDA Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel: 282 764 040 Fax: 282 799518 Website: www.fontevida.org

THE SALVATION ARMY in São Brás de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Brás at 5pm, Rua 25 de Abril, n.º 19 (next to the Market).

CATHOLIC MASS every Sunday partly in English - 11am. at St. Lourenço Church - Almoncil - 6.30pm. at Four Seasons Country Club - Quinta do Lago - Almoncil. Further information, please contact the International Catholic Community of Almoncil (Griselda Neto on 966168120 or Vitor on vgm@dompor.com).

INTERNATIONAL CHRISTIAN FELLOWSHIP in Portimão invites you to attend its services in English on Sundays at 11am. Sunday School for children. Av. 25 de Abril 17, R/C-D1 Portimão. Bible study on Tuesdays; 10.45 for 11am at "The Bridge" (A Ponte) in the Cedipara Shopping Centre near the church. Tel: 282 461 985

LIVING HOPE BAPTIST CHURCH English speaking services every Sunday 5pm. About 100m North of bullring circle at Albufeira. For more information contact pastor Mark: 964860765. Or email: pastor@bev.pt

CHURCH IN LAGOS. Our mission: Matthew 28:18-20. Meeting daily Wednesdays at 7pm and Sundays at 10.30 am, at Praça Luis de

Camões No 14 Lagos. Stefan Saunders (Pastor) Tel 963 165 983.

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INTERNATIONAL COMMUNITY CHURCH in Lagos invites you to attend its services in English on Sundays at 11.00am. Sunday School for children. Urbanização Vila Praia da Dona Ana, Lote 11 B, 8600 Lagos (50 metres from the Hotel Golfinho). Tel. 282-086804 or 282-697546.

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TAVIRA CHRISTIAN CENTRE Meetings in English, Sundays at 10.30 am at 126 Rua Almirante Cândido Reis. Full programme and further details from Jackie 281 322 857, Geoff 969 100 121 or Maria 965380404. E-mail: jackieandmo@yahoo.co.uk

ROMAN CATHOLIC ST. ANDREWS, PENINA R.C. Mass in English every Saturday 6pm, St. Andrews Church, Penina. For further informa-

tion, please contact Padre Manuel 282 459151

SALVATION ARMY Service Sundays at 10.45am in Portuguese. Bible studies for children, adolescents and adults in Portuguese starting at 9.30 until 10.30. Rua 25 de Abril, nr. 19, São Brás de Alportel

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ST. JAMES'S CHURCH, ANGLICAN CHAPLAINCY OF OPORTO Largo da Maternidade, Júlio Dinis. Sun. 11am Details from Chaplain (22) 609 1006. www.stjamesoport.com

CALDAS DA RAINHA ANGLICAN EVENING WORSHIP IN ENGLISH. At 6.00pm on the first Sunday of each month. Held in the Evangelical Baptist Church, Rua Dr. José Soudade e Silva 27/29 (between Caldas da Rainha Railway Station and "Pingo Doce"). All welcome.

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THE ANIMAL charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.

HELP THE orphans. Visit the bazaar in aid of the children in need. Find us in Estoi, opposite palace gates, Wed. to Sat. 10am - 5pm. Mobile 966 573 272. Tel.: 289 991 319 or 289 721 938.

CAR BOOT Sale held every 3rd Sunday of the month at 'Restaurant Quinta dos Areões', adjacent to the veterinary clinic, in Espiche. Stallholders pay €3. All proceeds to help abandoned animals. Call Michele on 919 457 263 or e-mail me on Happyhounds@mail.telepac.pt for more information.

ABA CHARITY shop, Av. do Tennis, No 41D, Albufeira. Open Tues. to Sat. 10.30am till 2pm. Donations of bric-a-brac, clothes and books to be sold in the shop to raise funds for spaying and neutering of pets, to help stem the tide of unwanted animals, would be appreciated.

WANTED: THE donkey sanctuary needs your unwanted furniture, clothes, books and bric-a-brac for our charity shops in Lagoa and Monte Carvoeiro, all proceeds to aid donkeys in distress. We will collect larger items. Call Nan Richardson, mobile 962 633 811, for details of our work for animal welfare. Please help.

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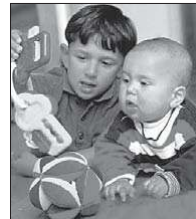
WEEKLY MEETINGS:
Mon.: Portimão 7.30pm.
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Benfica record first win, FC Porto remain unbeaten



Benfica registered their maiden victory of the season in style when they beat Nacional de Madeira 3-0 in Funchal over the weekend. But their win only allowed them not to lose any further ground to their direct rivals, as FC Porto and Sporting also won their respective league matches.



Benfica's soccer player, Di Maria (R), fights for the ball with Nacional's, Cleber, during their first division match on Sunday at Madeira Stadium, in Funchal. (Photo: Lusa / Homem de Gouveia)

Portugal's Fernandes new triathlon world champion



World Triathlon Champion, Vanessa Fernandes on her arrival at Lisbon airport on Monday. (Photo: Lusa / Tiago Petinga)

Portuguese superstar Vanessa Fernandes is the new triathlon world champion, winning with a time of 1 hour 53 minutes and 27 seconds. Three-times world champion Emma Snowsill came from behind to win silver, while American Laura Bennett took the bronze, her fourth career medal at the world championships, held last weekend.

After cycling in the lead pack that extended its lead virtually with every lap, the world number one Vanessa Fernandes headed out onto the run in 11th place.

But it wasn't long before she reeled in the ten women in front of her one by one.

Early in the first lap, Fernandes caught up with the leader Bennett and passed her, surging ahead to take the lead for good and win her first career triathlon world championship and the first elite world title for Portugal.

In three previous trips to the world championships, Snowsill had won gold and though Fernandes thwarted her bid for a record-tying fourth world title, Snowsill called this a "personal victory" as she faced a deficit of more than a minute.

The German contingent fared well in the first world championships in their country, placing three in the top ten.

FC Porto remain joint leaders of Portugal's Super Liga after returning from União Leiria with a comprehensive 3-0 victory in the bag.

The Lisbon derby between Sporting and Belenenses was won by the home team, who despite playing against ten players and missing a penalty, beat the team from Restelo 1-0 thanks to a powerful header by Brazilian striker Liedson.

Benfica meanwhile returned to some form, beating Nacional 3-0 in Madeira to climb to fifth in the table, four points behind leaders FC Porto and Marítimo.

There are no league matches this coming weekend, as Portugal will be playing two crucial

European qualifiers on Saturday and Wednesday.

Both the games will be taking place in Lisbon, with the first match against Poland at Benfica's Estádio da Luz, followed by a clash against Serbia at Sporting's Alvalade stadium four days later.

After Portugal's shock draw in Armenia, the national team will need to win both these matches to put their qualification for Euro 2008 back on track.

With six games remaining, Portugal trail Poland by four points and Finland by two, but have a game in hand on both these sides, and are one point ahead of Serbia who are in fourth.

Tough European draw for Portuguese clubs



Portugal's three representatives will all face British opposition in this season's lucrative Champions League, while the country's four UEFA participants will be looking to defy the odds after being handed opponents such as Bayern Munich and Bayer Leverkusen.

Portuguese champions FC Porto will be looking to build on their European reputation after being drawn in a group with Liverpool, Marseilles and Besiktas.

What are arguably the two strongest teams in this qualifying group will clash on Tuesday, September 18 at the Dragão Stadium when FC Porto hosts Liverpool.

Last season's runners-up, Sporting can look forward to welcoming old heroes Cristiano Ronaldo and Nani as early as September 19, when Manchester United travel to Lisbon to face the Lions.

The other teams in the group include European regulars Roma and Dynamo Kiev.

Benfica will kick off their campaign with what is ex-

pected to be their most difficult group match, when they visit the San Siro to play European champions AC Milan. Benfica's other opponents are Celtic and Shakhtar Donetsk.

It will be Portugal v Germany in the UEFA Cup as last season's fourth-placed Super Liga team Belenenses play wounded European giants Bayern Munich, while União Leiria will face 2002 Champions League finalists Bayer Leverkusen.

Both of the first leg matches will be played in Germany.

Portugal's other European representatives face easier tasks, with UEFA Cup debutants Paços de Ferreira up against 2005 semi-finalists AZ Alkmaar, while Sporting Braga will be confident of beating Swedish side Hammarby.

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